

Texas Girls Coaches Association
2024 Summer Clinic

Esports Stadium - 1200 Ballpark Way Sheraton Arlington - 1500 Convention Center Drive

*CCP Courses Must Have Badges Scanned

Time	Event	No.	Site
Monday, June 24			
1:00	TGCA Board of Directors Meeting & Brunch Registration Honor Awards Banquet Reception Honor Awards Banquet	#1	Texas Rangers Golf Club 701 Brown Blvd Sheraton Arlington Lobby Sheraton Arlington 2nd Floor Sheraton Arlington Champions Ballroom
2:00 - 5:00			
6:00 - 7:00			
7:00 - 10:00			
Tuesday, June 25			
7:00 - 12:00	Exhibitors Set Up <i>(Exhibitors only allowed in Stadium 4)</i>		Esports Stadium Stadium 4
7:00 - 4:00	Registration		Sheraton Arlington Lobby
8:30 - 9:30	*CCP - Steroids Dr. James Peterson	#2	Sheraton Arlington Champions Ballroom
9:30 - 10:30	*CCP - Safety Edwin Gomez - Palmview High School	#3	Sheraton Arlington Champions Ballroom
10:45 - 11:45	*CCP - Ethics Dairy Max - Dr. Andy Cheshire, PhD "Nutrition for Performance in High School Athletics"	#4	Sheraton Arlington Champions Ballroom
12:00 - 1:00	*CCP - UIL Fundamentals of Coaching	#5	Sheraton Arlington Champions Ballroom
12:00 - 1:30	Spirit Advisory Board Meeting	#6	Esports Stadium Arlington Suite
12:00 - 4:00	Exhibit Hall Open to the Public		Esports Stadium Stadium 4
12:00 - 4:00	Job Placement Services Center		Sheraton Arlington Stanley Cup Room
1:30 - 2:30	Basketball Lecture (Major) Krista Gerlich - Texas Tech University "Stealing 6-8 Points a Game by Executing Blobs & Slobs"	#7	Esports Stadium Stadium 2
	Volleyball Lecture (Major) Ryan McGuyre - Baylor University "Principles of Dynamic Attacking & Serving (What to Teach and Solutions for Common Problems)"	#8	Sheraton Arlington Champions Ballroom
	Track/Cross Country Lecture (Major) David Self - Sam Houston State University "Sprint Hurdles: The Need for Speed"	#9	Sheraton Arlington Hall of Fame Room

Time	Event	No.	Site
Tuesday, June 25			
1:30 - 2:30	Soccer Lecture (Major) <i>Charles Nobles - McMurry University</i> <i>"Incorporating a Mental Skills System in Your Program"</i>	#10	Esports Stadium Stadium 1
2:00 - 2:30	Softball Lecture (Major) <i>Kathleen Rodriguez - Texas A&M Corpus Christi</i> <i>"Pitching/Catching - Drills, Drills, Drills"</i>	#11	Esports Stadium Stadium 3
	1A thru 4A All-Stars Orientation Volleyball Basketball Track/Cross Country Cheer Softball		Arlington Seguin HS 7001 Silo Rd Arlington Lamar HS 1400 W Lamar Blvd Arlington Lamar HS 1400 W Lamar Blvd Arlington Lamar HS 1400 W Lamar Blvd Workman SB Complex 701 E Arbroom Blvd
2:30 - 4:30	1A thru 4A All-Stars Game Prep Volleyball Basketball Track/Cross Country Cheer Softball		Arlington Seguin HS 7001 Silo Rd Arlington Lamar HS 1400 W Lamar Blvd Arlington Lamar HS 1400 W Lamar Blvd Arlington Lamar HS 1400 W Lamar Blvd Workman SB Complex 701 E Arbroom Blvd
2:45 - 3:45	Basketball Lecture (Major) <i>Krista Gerlich - Texas Tech University</i> <i>"Lady Raider Defense"</i>	#12	Esports Stadium Stadium 2
	Volleyball Lecture (Major) <i>Ryan McGuyre - Baylor University</i> <i>"Be Me and Drama Free (Instilling a Player Led Culture)"</i>	#13	Sheraton Arlington Champions Ballroom
	Track/Cross Country Lecture (Major) <i>David Self - Sam Houston State University</i> <i>"Track and Field Recruiting at the NCAA Division I Level"</i>	#14	Sheraton Arlington Hall of Fame Room
	Soccer Lecture (Major) <i>Charles Nobles - McMurry University</i> <i>"Developing a Player Based Leadership System"</i>	#15	Esports Stadium Stadium 1

Time	Event	No.	Site
Tuesday, June 25			
2:45 - 3:45	Softball Lecture (Major) <i>Kathleen Rodriguez - Texas A&M Corpus Christi</i> <i>"The Mental Game - How Can You Take Care of Your Students/Athletes and Make Your Team Successful"</i>	#16	Esports Stadium Stadium 3
4:00 - 5:00	Basketball Lecture <i>Brooke Walthall - Canyon Randall High School</i> <i>"Top Tips"</i>	#17	Esports Stadium Stadium 2
	Volleyball Lecture <i>Brianne Barker-Groth - Byron Nelson High School</i> <i>"Creating Efficient Game Management"</i>	#18	Sheraton Arlington Champions Ballroom
	Track/Cross Country Lecture <i>David Park - Decatur High School</i> <i>"Focal Point"</i>	#19	Sheraton Arlington Hall of Fame Room
	*CCP - UIL Soccer Update	#20	Esports Stadium Stadium 1
	Softball Lecture <i>Karen Slack - Liberty High School</i> <i>"What To Do When Your Offense is Stagnant"</i>	#21	Esports Stadium Stadium 3
6:00 - 7:00	1A thru 4A Basketball Demonstration	#22	Lamar High School 1400 W Lamar Blvd
	1A thru 4A Softball Demonstration	#23	Workman SB Complex 701 E Arbrook Blvd
	1A thru 4A Volleyball Demonstration	#24	Arlington Seguin HS 7001 Silo Rd
	1A thru 4A Track/CC Demonstration	#25	Lamar High School 1400 W Lamar Blvd
7:00 - 9:00	1A thru 4A Basketball All-Stars Game		Lamar High School 1400 W Lamar Blvd
	1A thru 4A Cheer All-Stars Game/Half-Time Performance		Lamar High School 1400 W Lamar Blvd
	1A thru 4A Track/CC All-Stars Half-Time Recognition		Lamar High School 1400 W Lamar Blvd
	1A thru 4A Softball All-Stars Game		Workman SB Complex 701 E Arbrook Blvd
	1A thru 4A Volleyball All-Stars Game		Arlington Seguin HS 7001 Silo Rd
7:00	Welcome Social		J. Gilligans 400 E Abram St.
Wednesday, June 26			
7:00 - 4:00	Exhibit Hall Open to the Public		Esports Stadium Stadium 4
8:00 - 4:00	Registration		Sheraton Arlington Lobby
8:00 - 4:00	Job Placement Services Center		Sheraton Arlington Stanley Cup Room

Time	Event	No.	Site
Wednesday, June 26			
8:30 - 9:30	*CCP - UIL Track & CC Update	#26	Sheraton Arlington Hall of Fame Room
	Basketball Lecture <i>Drew Coffman - Decatur High School</i> <i>"Developing a Winning Culture"</i>	#27	Sheraton Arlington Champions Ballroom
	Softball Lecture <i>Heather Myers - Aledo High School</i> <i>"It's the Little Things"</i>	#28	Esports Stadium Stadium 3
	Volleyball Lecture <i>Maggie Younger - Rockwall Heath High School</i> <i>"Managing the Balance and Demand Between High School Sports and Club"</i>	#29	Esports Stadium Stadium 2
	Cheer Lecture <i>Nicole Mitchell - Crandall High School</i> <i>"Practice, Sidelines, Mats: Creating and Sustaining an Effective Cheer Program"</i> <i>Katy Baugh - Lago Vista High School</i> <i>"How to Create and Keep Team Buy In"</i>	#30	Esports Stadium Team Room 10-13
	Soccer Lecture <i>Casey Weil - Graham High School</i> <i>"Transition From High School to Collegiate Soccer"</i>	#31	Esports Stadium Stadium 1
9:45 - 11:00	*CCP - UIL Cheerleading Update/NFHS Rules Presentation	#32	Esports Stadium Team Room 10-13
	UIL Staff/Kim Buie - Varsity Spirit		
9:45 - 11:00	Regional Meetings	#33	
	Region I		Sheraton - Champions West
	Region II		Sheraton - Hall of Fame
	Region III		Esports - Stadium 3 North
	Region IV		Esports - Stadium 3 South
	Region V		Esports - Stadium 2 North
	Region VI		Esports - Stadium 2 South
	Region VII		Sheraton - Champions East
	Region VIII		Esports Stadium - Stadium 1
11:00 - 12:00	Basketball Sub-Varsity Lecture <i>Kyle Spitzer - Nocona High School</i> <i>"Nocona Basketball: Our Culture, Our Offense and Our Favorite Drills"</i>	#34	Sheraton Arlington Champions Ballroom
	Softball Sub-Varsity Lecture <i>Jasmin Littles - Patti Welder Middle School</i> <i>"Purpose and Role of a Supportive Junior Coach"</i>	#35	Esports Stadium Stadium 3
	*CCP - UIL Volleyball Update	#36	Esports Stadium Stadium 2
	Track/Cross Country Sub-Varsity Lecture <i>Amanda Poehler - Keller High School</i> <i>"Jump Around: How Long and Triple Jump Can Improve Your Athletes' Jump Mechanics"</i>	#37	Sheraton Arlington Hall of Fame Room

Time	Event	No.	Site
Wednesday, June 26			
11:00 - 12:00	Tennis Lecture <i>Wendy Justiss - Sterling City High School</i> <i>"Building Mental Strength on the Court"</i>	#38	Sheraton Arlington World Series Room
11:00 - 12:00	Soccer Advisory Board Meeting	#39	Esports Stadium Arlington Suite
	Cheer Lecture <i>Amy Weaston - Seven Lakes High School</i> <i>"Prop and Mascots on Gameday Sideline Cheer and Transitioning Props/Mascots to Competition"</i>	#40	Esports Stadium Team Room 10-13
12:00 - 1:00	Fellowship of Christian Athletes	#41	Esports Stadium Team Room 10-13
12:00 - 1:00	*CCP - UIL Basketball Update	#42	Sheraton Arlington Champions Ballroom
	Softball Lecture (Major) <i>Kara Dill - University of Texas at Arlington</i> <i>"Practice Planning & In Game Management: a Year Round Approach to Student-Athlete Development"</i>	#43	Esports Stadium Stadium 3
	Volleyball Lecture (Major) <i>(Sponsored by Baden)</i> <i>Sam Erger - SMU University</i> <i>"Team Culture Tools & Techniques - Why It's Important and Will Make Your Life Easier"</i>	#44	Esports Stadium Stadium 2
	Track/Cross Country Lecture (Major) <i>Leigh Cordes - Lubbock Christian University</i> <i>"Structuring Your Training to Optimize Performance and Avoid Injuries"</i>	#45	Sheraton Arlington Hall of Fame Room
	Tennis Lecture <i>Josh Jones - Peaster High School</i> <i>"Why Team Tennis is Important for a Tennis Program"</i>	#46	Sheraton Arlington World Series Room
1:00 - 2:00	Cheer Lecture <i>"Open Panel Discussion for TGCA All-Star Nomination Process, Presentation and General Q&A"</i> <i>Amy Weaston - Seven Lakes High School</i> <i>Chelsea Helms - Varsity Spirit</i> <i>Katy Baugh - Lago Vista High School</i> <i>Kim Buie - Varsity Spirit</i> <i>Nicole Mitchell - Crandall High School</i> <i>Stefanie Irick - Varsity Spirit</i>	#47	Esports Stadium Team Room 10-13
1:30 - 2:30	Basketball Lecture (Major) <i>Mike Neighbors - University of Arkansas</i> <i>"It's Never a Chess Match in Sports: Winning With Your Team"</i>	#48	Sheraton Arlington Champions Ballroom

Time	Event	No.	Site
Wednesday, June 26			
1:30 - 2:30	Softball Lecture (Major) <i>Kara Dill - University of Texas at Arlington</i> <i>"Team Management & Recruiting: Maximizing Your Personnel"</i>	#49	Esports Stadium Stadium 3
	Volleyball Lecture (Major) <i>(Sponsored by Baden)</i> <i>Sam Erger - SMU University</i> <i>"Simplified Philosophies and Foundational Drills I Would Do With Any Team I Coach Regardless of Age"</i>	#50	Esports Stadium Stadium 2
	Track/Cross Country Lecture (Major) <i>Leigh Cordes - Lubbock Christian University</i> <i>"REDS in Female Athletes and How to Build a Positive Team Culture"</i>	#51	Sheraton Arlington Hall of Fame Room
	Soccer Lecture <i>David Robinson - Arlington Heights High School</i> <i>"Possession With a Purpose"</i>	#52	Esports Stadium Stadium 1
2:00 - 2:30	5A-6A All-Stars Orientation Volleyball Basketball Track/Cross Country Cheer Softball		Arlington Seguin HS 7001 Silo Rd Arlington Lamar HS 1400 W Lamar Blvd Arlington Lamar HS 1400 W Lamar Blvd Arlington Lamar HS 1400 W Lamar Blvd Workman SB Complex 701 E Arbrook Blvd
2:00 - 3:00	*CCP - UIL Sports Update <i>Golf, Team Tennis, Tennis, Swimming & Diving, Water Polo, Wrestling</i>	#53	Esports Stadium Team Room 10-13
2:30 - 4:30	5A-6A All-Stars Game Prep Volleyball Basketball Track/Cross Country Cheer Softball		Arlington Seguin HS 7001 Silo Rd Arlington Lamar HS 1400 W Lamar Blvd Arlington Lamar HS 1400 W Lamar Blvd Arlington Lamar HS 1400 W Lamar Blvd Workman SB Complex 701 E Arbrook Blvd
2:45 - 3:45	Basketball Lecture (Major) <i>Mike Neighbors - University of Arkansas</i> <i>"Time Management for Coaches"</i>	#54	Sheraton Arlington Champions Ballroom
	*CCP - UIL Softball Update	#55	Esports Stadium Stadium 3

Time	Event	No.	Site
Wednesday, June 26			
2:45 - 3:45	Volleyball Sub-Varsity Lecture <i>Julie Pelosi - The Woodlands High School</i> <i>"The Eras of Assisting"</i>	#56	Esports Stadium Stadium 2
	Track/Cross Country Lecture <i>Shayla Rawls - Troy High School</i> <i>"Building a Cross Country Program: How to Get Them and How to Keep Them"</i>	#57	Sheraton Arlington Hall of Fame Room
	Soccer Lecture <i>Jason Venable - Waxahachie High School</i> <i>"From Surviving to Thriving: How to Make the Most of Your Talent Pool During Difficult Seasons"</i>	#58	Esports Stadium Stadium 1
4:00 - 5:00	TGCA General Business Meeting	#59	Sheraton Arlington Champions Ballroom
6:00 - 7:00	5A-6A Basketball Demonstration	#60	Lamar High School 1400 W Lamar Blvd
	5A-6A Softball Demonstration	#61	Workman SB Complex 701 E Arbrook Blvd
	5A-6A Volleyball Demonstration	#62	Arlington Seguin HS 7001 Silo Rd
	5A-6A Track/Cross Country Demonstration	#63	Lamar High School 1400 W Lamar Blvd
7:00 - 9:00	5A-6A Basketball All-Stars Game		Lamar High School 1400 W Lamar Blvd
	5A-6A Cheer All-Stars Game/Half-Time Performance		Lamar High School 1400 W Lamar Blvd
	5A-6A Track/Cross Country All-Stars Half-Time Recognition		Lamar High School 1400 W Lamar Blvd
	5A-6A Softball All-Stars Game		Workman SB Complex 701 E Arbrook Blvd
	5A-6A Volleyball All-Stars Game		Arlington Seguin HS 7001 Silo Rd
Thursday, June 27			
8:00 - 10:00	Registration		Sheraton Arlington Lobby
8:00 - 9:00	TGCA Committee Meetings Volleyball Committee Basketball Committee Track Committee Softball Committee Sub-Varsity Committee	#64	Sheraton Arlington Super Bowl 2 Triple Crown World Series I World Series II Super Bowl 1
9:00 - 9:30	TGCA Board of Directors Meeting	#65	Sheraton Arlington Wimbledon Room
9:15 - 10:15	Basketball Lecture <i>Alex Stephenson - Brock High School</i> <i>"Lady Eagles Daily Vitamins (Culture, Practice and Defense)"</i>	#66	Esports Stadium Stadium 3

Time	Event	No.	Site
Thursday, June 27			
9:15 - 10:15	Softball Lecture <i>Aaron Fuller - Barbers Hill High School</i> <i>"Rover Slap Defense"</i>	#67	Sheraton Arlington Champions Ballroom
	Volleyball Lecture <i>Katie Rudd - Frisco Reedy High School</i> <i>"Build Up Drills"</i>	#68	Esports Stadium Stadium 2
	Track/Cross Country Lecture <i>Isaac Gutierrez - Medina Valley High School</i> <i>"Maximizing Your Athlete's Potential as a Thrower"</i>	#69	Sheraton Arlington Hall of Fame Room
	Soccer Lecture <i>Misail Tsapos - Flower Mound High School</i> <i>"The Flower Mound Way"</i>	#70	Esports Stadium Stadium 1
10:30 - 11:30	Basketball Lecture <i>Ryan Dollar - Newcastle High School</i> <i>"Basketball (Smorgasbord)"</i>	#71	Esports Stadium Stadium 3
	Softball Lecture <i>Angela Gonzales Cooper - Magnolia High School</i> <i>"Cultivating Champions: Power of Positive Culture and Leadership Development"</i>	#72	Sheraton Arlington Champions Ballroom
	Volleyball Lecture <i>Brandace Boren - Lake Travis High School</i> <i>"In Season and Out of Season Ideas to Enhance and Empower Your Team"</i>	#73	Esports Stadium Stadium 2
	Track/Cross Country Lecture <i>Paetyn Thornton - DeSoto High School</i> <i>"Preparing High School Track and Field Athletes for Recruiting and College"</i>	#74	Sheraton Arlington Hall of Fame Room
	Soccer Lecture <i>Austin Guest - Midlothian High School</i> <i>"Training: Practical Ideas for Maximizing Player and Team Development"</i>	#75	Esports Stadium Stadium 1