

Texas Girls Coaches Association

2023 Summer Clinic

Arlington, Texas

Esports Stadium - 1200 Ballpark Way Sheraton Arlington - 1500 Convention Center Drive

*CCP Courses Must Have Badges Scanned

Time	Event	No.	Site
Monday, July 10			
1:00	TGCA Board of Directors Meeting & Brunch	#1	AT&T Stadium Silver Club North One AT&T Way
2:00 - 5:00	Registration		Esports Stadium Galley
6:00 - 7:00	Honor Awards Banquet Reception		Sheraton Arlington 1500 Convention Ctr Dr
7:00 - 10:00	Honor Awards Banquet		Sheraton Arlington 1500 Convention Ctr Dr
Tuesday, July 11			
7:00 - 12:00	Exhibitors Set Up (Exhibitors only allowed in Exhibit Hall)		Esports Stadium Exhibit Hall
8:00 - 4:00	Registration		Esports Stadium Galley
8:30 - 9:30	*CCP - UIL Sports Update Wrestling, Tennis, Team Tennis, Swimming & Diving, Golf, Water Polo NAIIT Testing	#2	Esports Stadium Stadium 4
9:00 - 11:00			Sheraton Arlington World Series Room
9:30 - 10:30	*CCP - UIL Elective Jennifer Gordon - ATPE "Legal Game Plan for Texas Coaches"	#3	Esports Stadium Stadium 4
10:45 - 11:45	*CCP - Safety Brittany Rogers - Brenham High School	#4	Esports Stadium Stadium 4
12:00 - 1:00	*CCP - UIL Elective Brittney Bearden - DairyMax "Athlete Fueling & Recovery: Sports Nutrition and the Coach"	#5	Esports Stadium Stadium 4
12:00 - 4:00	Exhibit Hall Open to the Public		Esports Stadium Exhibit Hall
12:00 - 4:00	Job Placement Services Center		Esports Stadium Exhibit Hall
1:30 - 2:30	Basketball Lecture (Major) Michael Madrid - Texas A&M University - Kingsville "Offensive Spacing/Movements"	#6	Sheraton Arlington Champions Ballroom

Time	Event	No.	Site
Tuesday, July 11			
1:30 - 2:30	Softball Lecture (Major) <i>Cat Osterman - Bombers Fast Pitch</i> <i>"Effective Pitch Calling"</i>	#7	Esports Stadium Stadium 2
	Volleyball Lecture (Major) <i>David Rehr - University of Houston</i> <i>"How Offense Can Help Your Defense"</i>	#8	Esports Stadium Stadium 4
	Track/Cross Country Lecture (Major) <i>Nathan Meeuwenberg - Abilene Christian University</i> <i>"Building Comprehensive Training Plan for Cross Country"</i>	#9	Esports Stadium E 2-3
	Soccer Lecture (Major) <i>Eric Bell - Texas Christian University</i> <i>"Building a Winning Culture"</i>	#10	Sheraton Arlington Hall of Fame Room
	Cheer Lecture <i>Kim Buie - Varsity Spirit</i> <i>Janel Jackson - Caney Creek High School</i> <i>"Strategies for Teams with Males"</i>	#11	Esports Stadium Stadium 1
2:00 - 2:30	1A thru 4A All-Stars Orientation Volleyball		
	Basketball		Arlington Martin HS 4501 W Pleasant Ridge Rd
	Track/Cross Country		Arlington Lamar HS 1400 W Lamar Blvd
	Cheer		Arlington Lamar HS 1400 W Lamar Blvd
	Softball		Arlington Lamar HS 1400 W Lamar Blvd
			Workman SB Complex 701 E Arbrook Blvd
2:30 - 4:30	1A thru 4A All-Stars Game Prep Volleyball		
	Basketball		Arlington Martin HS 4501 W Pleasant Ridge Rd
	Track/Cross Country		Arlington Lamar HS 1400 W Lamar Blvd
	Cheer		Arlington Lamar HS 1400 W Lamar Blvd
	Softball		Arlington Lamar HS 1400 W Lamar Blvd
			Workman SB Complex 701 E Arbrook Blvd
2:45 - 3:45	Basketball Lecture (Major) <i>Michael Madrid - Texas A&M University - Kingsville</i> <i>"Transition Offense/1/2 Court Sets"</i>	#12	Sheraton Arlington Champions Ballroom
	Softball Lecture (Major) <i>Cat Osterman - Bombers Fast Pitch</i> <i>"Managing Your Pitchers"</i>	#13	Esports Stadium Stadium 2

Time	Event	No.	Site
Tuesday, July 11			
2:45 - 3:45	Volleyball Lecture (Major) <i>David Rehr - University of Houston</i> <i>"Why I Win"</i>	#14	Esports Stadium Stadium 4
	Track/Cross Country Lecture (Major) <i>Nathan Meeuwenberg - Abilene Christian University</i> <i>"Building Comprehensive Training Plan for Track"</i>	#15	Esports Stadium E 2-3
	Soccer Lecture (Major) <i>Eric Bell - Texas Christian University</i> <i>"Coach Them Where They Are"</i>	#16	Sheraton Arlington Hall of Fame Room
	Cheer Lecture <i>Bill Patterson, Varsity Spirit</i> <i>"Preparing Your Team to Find Success in a Big Way!"</i>	#17	Esports Stadium Stadium 1
4:00 - 5:00	Basketball Lecture <i>April Hundl - Pflugerville High School</i> <i>"Squad Goals - What a Head Coach Should Expect From Assistants & What Assistants Should Expect From Head Coaches"</i>	#18	Sheraton Arlington Champions Ballroom
	Softball Lecture <i>Jill Voss - Mayde Creek High School</i> <i>"Sliding Head First Into a Player's Mind: Mental Health On and Off the Field"</i>	#19	Esports Stadium Stadium 2
	Volleyball Lecture <i>Robyn Wallace - Grapevine High School</i> <i>"Building Resiliency & Growing Female Leaders"</i>	#20	Esports Stadium Stadium 4
	Track/Cross Country Lecture <i>Johnathan Chatham - Pittsburg High School</i> <i>"Friday Night Lights: Make It a Big Deal"</i>	#21	Esports Stadium E 2-3
	Cheer Lecture <i>Amy Weaston - Seven Lakes High School</i> <i>"Team Building"</i>	#22	Esports Stadium Stadium 1
	*CCP - UIL Soccer Update	#23	Sheraton Arlington Hall of Fame Room
6:00 - 7:00	UIL Staff 1A thru 4A Basketball Demonstration	#24	Arlington Lamar HS 1400 W Lamar Blvd
	1A thru 4A Softball Demonstration	#25	Workman SB Complex 701 E Arbrook Blvd
	1A thru 4A Volleyball Demonstration	#26	Arlington Martin HS 4501 W Pleasant Ridge Rd
	1A thru 4A Track/CC Demonstration	#27	Arlington Lamar HS 1400 W Lamar Blvd
7:00 - 9:00	1A thru 4A Basketball All-Stars Game 1A thru 4A Cheer All-Stars Game/Half-Time Performance 1A thru 4A Track/CC All-Stars Half-Time Recognition		Arlington Lamar HS 1400 W Lamar Blvd

Time	Event	No.	Site
Tuesday, July 11			
7:00 - 9:00	1A thru 4A Softball All-Stars Game		Workman SB Complex 701 E Arbrook Blvd
	1A thru 4A Volleyball All-Stars Game		Arlington Martin HS 4501 W Pleasant Ridge Rd
9:00	Welcome Social		J.Gilligan's Bar & Grill 400 E Abram St
Wednesday, July 12			
7:00 - 4:00	Exhibit Hall Open to the Public		Esports Stadium Exhibit Hall
7:00 - 8:30	Spirit Advisory Board Meeting	#28	Esports Stadium Arlington Suite
8:00 - 4:00	Registration		Esports Stadium Galley
8:00 - 4:00	Job Placement Services Center		Esports Stadium Exhibit Hall
8:30 - 9:30	*CCP - UIL Track & CC Update	#29	Esports Stadium E 2-3
	UIL Staff		
	Basketball Lecture	#30	Esports Stadium Stadium 2
	Jordan Sarten - Gunter High School		
	"Build the House - Culture & Player Development"		
	Softball Lecture	#31	Sheraton Arlington Champions Ballroom
	Ruth Wright-Mitchell - Jourdanton High School		
	"Expect to Win Everyday!"		
	Volleyball Lecture	#32	Esports Stadium Stadium 4
	Heather Sanders - NB Canyon High School		
	"Training Passing & Defense"		
	Special Lecture	#33	Esports Stadium Room E-4
	Cheer Lecture	#34	Esports Stadium Stadium 1
	Matt Escue, Amy Weaston, Shannon Lindsey, Nikki Duggan, Heather Jones, Pete Ramirez		
	"Open Forum Panel Discussion"		
	Soccer Lecture	#35	Sheraton Arlington Hall of Fame Room
	Eric Ramirez - La Vega High School		
	"JUST WIN, BABY! Take Your Team to the Top"		
9:45 - 11:00	Regional Meetings	#36	
	Region I		Sheraton - Hall of Fame
	Region II		Esports - Room E-2
	Region III		Esports - Stadium 4 South
	Region IV		Esports - Stadium 2 North
	Region V		Esports - Room E-4
	Region VI		Esports - Stadium2 South
	Region VII		Esports - Stadium 4 North
	Region VIII		Sheraton - Champions

Time	Event	No.	Site
Wednesday, July 12			
10:00 - 12:00	*CCP - UIL Cheerleading Update/NFHS Rules Presentation	#37	Esports Stadium Stadium 1
11:00 - 12:00	Jamie Graham - Varsity Spirit Basketball Sub-Varsity Lecture Nicole Collins - Cedar Hill High School "The Grind in Off-Season: Drills We Do to Set Us Apart" Softball Sub-Varsity Lecture Teresa Lentz - Calallen High School Calallen Coaches Corner: Asst Coach Lamar on Outfield; Asst Coach Vianca Pesina on Pitching; Head Coach Teresa Lentz on Hitting	#38 #39	Esports Stadium Stadium 2 Sheraton Arlington Champions Ballroom
	*CCP - UIL Volleyball Update	#40	Esports Stadium Stadium 4
	UIL Staff Track/Cross Country Sub-Varsity Lecture Samantha Moorhead - Morton High School "Being an Asset to Your Head Coach" Tennis Lecture Carrie Castleberry - Vernon High School "Tennis Drills & Activities for All Levels"	#41 #42	Esports Stadium E 2-3 Sheraton Arlington Hall of Fame Room
	*CCP - Concussion	#43	Esports Stadium Room E 2-3
12:15 - 1:15	Damond Blueitt - Texas Orthopaedic Associates Fellowship of Christian Athletes	#44	Esports Stadium Room E-4
	*CCP - UIL Basketball Update	#45	Esports Stadium Stadium 2
	UIL Staff Softball Lecture (Major) Chris Berry - McClennan Community College "Culture Above All Else" Volleyball Lecture (Major) (Sponsored by Baden) Jamie Morrison - Texas A&M University "The Mental Game - What to Teach, How to Teach It, & How to Train It" Track/Cross Country Lecture (Major) Jerrod Cook - Abilene Christian University "Balance Training for Multi Event Athletes" Tennis Lecture Coby Velez - Wall High School "Tennis for Multi-Sport Athletes & Coaches"	#46 #47 #48 #49	Sheraton Arlington Champions Ballroom Esports Stadium Stadium 4 Esports Stadium E 2-3 Sheraton Arlington Hall of Fame Room
	Soccer Advisory Board Meeting	#50	Esports Stadium Arlington Suite
1:00 - 2:00	Cheer Lecture Varsity Spirit - Amy Miller, Art Elizondo, Kim Buie, Shiloh Minier, Stefanie Irick, Jamie Graham "All Things Game Day"	#51	Esports Stadium Stadium 1

Time	Event	No.	Site
Wednesday, July 12			
1:30 - 2:30	Basketball Lecture (Major) <i>Trenia Tillis Hoard - Tyler Junior College</i> <i>"Mindset - Monsters Inc. Mentality"</i> Softball Lecture (Major) <i>Chris Berry - McClennan Community College</i> <i>"The Day in the Life McLennan Practice Plan"</i> Volleyball Lecture (Major) <i>(Sponsored by Baden)</i> <i>Jamie Morrison - Texas A&M University</i> <i>"Practice Design - Your Principles and How They Show Up On the Court"</i> Track/Cross Country Lecture (Major) <i>Jerrod Cook - Abilene Christian University</i> Special Lecture <i>Dr. James Peterson - Coaches Choice</i> <i>"No-Cost/Low-Cost Strength Training for Women"</i> Soccer Lecture <i>Darin Dabelgott - Bay City High School</i> <i>"Building and Maintaining a Successful Program"</i>	#52 #53 #54 #55 #56 #57	Esports Stadium Stadium 2 Sheraton Arlington Champions Ballroom Esports Stadium Stadium 4 Esports Stadium E 2-3 Sheraton Arlington Hall of Fame Room Esports Stadium E 2-3
2:00 - 2:30	5A-6A All-Stars Orientation Volleyball Basketball Track/Cross Country Cheer Softball		Arlington Martin HS 4501 W Pleasant Ridge Rd Arlington Lamar HS 1400 W Lamar Blvd Arlington Lamar HS 1400 W Lamar Blvd Arlington Lamar HS 1400 W Lamar Blvd Workman SB Complex 701 E Arbrook Blvd
2:30 - 4:30	5A-6A All-Stars Game Prep Volleyball Basketball Track/Cross Country Cheer Softball		Arlington Martin HS 4501 W Pleasant Ridge Rd Arlington Lamar HS 1400 W Lamar Blvd Arlington Lamar HS 1400 W Lamar Blvd Arlington Lamar HS 1400 W Lamar Blvd Workman SB Complex 701 E Arbrook Blvd
2:45 - 3:45	Basketball Lecture (Major) <i>Trenia Tillis Hoard - Tyler Junior College</i> <i>"Portal Potty Navigation for All Sports"</i>	#58	Esports Stadium Stadium 2

Time	Event	No.	Site
Wednesday, July 12			
2:45 - 3:45	*CCP - UIL Softball Update	#59	Sheraton Arlington Champions Ballroom
	UIL Staff		
	Volleyball Sub-Varsity Lecture	#60	Esports Stadium Stadium 4
	Lyndsay Hodges - Cy-Fair High School "Being a Great Assistant"		
	Track/Cross Country Lecture	#61	Esports Stadium E 2-3
	Mallory Hibbert - Midlothian High School "Understanding the Technique of Shot Put and Discus (Through Lecture & Drills)"		
	Cheer Lecture	#62	Esports Stadium Stadium 1
	Matt Escue - San Angelo ISD "Coach's Role in the School and Community"		
	Soccer Lecture	#63	Sheraton Arlington Hall of Fame Room
	Roque Palomino - Lago Vista High School "Structure Your Practice to Translate Into a Game"		
4:00 - 5:00	*CCP - Concussion	#64	Esports Stadium E 2-3
	Damond Blueitt - Texas Orthopaedic Associates		
6:00 - 7:00	TGCA General Business Meeting	#65	Esports Stadium Stadium 4
	5A-6A Basketball Demonstration	#66	Arlington Lamar HS 1400 W Lamar Blvd
7:00 - 9:00	5A-6A Softball Demonstration	#67	Workman SB Complex 701 E Arbroom Blvd
	5A-6A Volleyball Demonstration	#68	Arlington Martin HS 4501 W Pleasant Ridge Rd
	5A-6A Track/Cross Country Demonstration	#69	Arlington Lamar HS 1400 W Lamar Blvd
	5A-6A Basketball All-Stars Game		Arlington Lamar HS 1400 W Lamar Blvd
	5A-6A Cheer All-Stars Game/Half-Time Performance		
	5A-6A Track/Cross Country All-Stars Half-Time Recognition		
	5A-6A Softball All-Stars Game		Workman SB Complex 701 E Arbroom Blvd
	5A-6A Volleyball All-Stars Game		Arlington Martin HS 4501 W Pleasant Ridge Rd
Thursday, July 13			
8:00 - 10:00	Registration		Esports Stadium Foyer

Time	Event	No.	Site
Thursday, July 13			
8:00 - 9:00	TGCA Committee Meetings Volleyball Committee Basketball Committee Track Committee Softball Committee Sub-Varsity Committee	#70	Sheraton Arlington <i>Super Bowl 2</i> <i>Triple Crown</i> <i>World Series I</i> <i>World Series II</i> <i>Super Bowl 1</i>
8:30 - 9:30	Basketball Lecture <i>Jay Bruce - Martins Mill High School</i> <i>"Leadership, Connecting People, and Parents in 2023"</i>	#71	Esports Stadium <i>Stadium 2</i>
	Softball Lecture <i>Haley Colwell - West Plains High School</i> <i>"Things I Wish I Would've Known - Softball, Strength and Life"</i>	#72	Esports Stadium <i>Stadium 4</i>
	Volleyball Lecture <i>Danielle Barker - Keller High School</i>	#73	Sheraton Arlington <i>Champions Ballroom</i>
	Track/Cross Country Lecture <i>James Ortiz - Giddings High School</i> <i>"A Leg Up: Tips for High School Distance Coaches"</i>	#74	Esports Stadium <i>Stadium 1</i>
	Soccer Lecture <i>Jeff Simpson - Keller High School</i> <i>"Transformational Leadership Through Soccer"</i>	#75	Sheraton Arlington <i>Hall of Fame Room</i>
9:00 - 9:30	TGCA Board of Directors Meeting	#76	Sheraton Arlington <i>Stanley Cup Room</i>
9:45 - 10:45	*CCP - Steroids <i>Nydia Cabra - UTSA</i>	#77	Esports Stadium <i>Stadium 4</i>
11:00 - 12:00	*CCP - Fundamentals of Coaching <i>UIL Staff</i>	#78	Esports Stadium <i>Stadium 4</i>
12:15 - 1:15	*CCP - UIL Elective - PAPF <i>Mark Cousins - UIL Staff</i>	#79	Esports Stadium <i>Stadium 4</i>