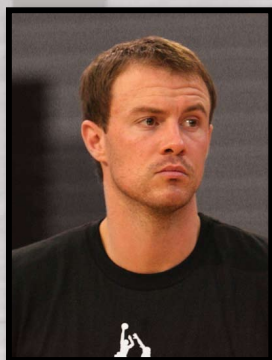


Alan Stein's **Cutting Edge**

Reaction, Quickness, and Agility Basketball Clinic



www.StrongerTeam.com

Who is Alan Stein?

Alan Stein is the top **basketball specific** strength & conditioning coach in the United States. Alan offers a variety of training services nationwide and internationally! His company, **Stronger Team**, specializes in elite level basketball and provides the latest **basketball specific** strength & conditioning information, concepts, and drills to help coaches and players maximize their potential!

Alan is the Head Strength & Conditioning coach for the internationally renowned **Montrose Christian Mustangs** boy's basketball program. He is also a performance consultant for **Nike Basketball** as well as the head conditioning coach for the annual **McDonald's All American game**, the **Jordan All American Classic**, the **NBA Player's Association's Top 100 Camp**, and the **Nike Skills Academies**. He has worked camps for the following NBA superstars: **Kobe Bryant, LeBron James, Steve Nash, Chris Paul, Paul Pierce, and Amare Stoudemire**.

Alan's passion, enthusiasm, and innovative training techniques make him one of the nation's leading experts on productive training for basketball players. He is a sought after lecturer at basketball camps across the world and is regularly featured in publications such as **Winning Hoops, Time Out, Dime, Stack, Men's Health, and FIBA Assist** magazine.



What they're saying about Alan Stein



"Coach Stein helped me gain nearly 20 pounds my senior year at Montrose and continues to work with me to this day. The added size and strength he has given me has made me a better player on the court. He really helped me make the transition from high school to college and from college to the NBA. His program is unbelievable."

— Kevin Durant, Oklahoma City Thunder
(2008 NBA Rookie of the Year, #2 overall pick in 2007 NBA Draft, 2007 College Basketball Player of the Year)

Clinic Features

- Movement Preparation
- Dynamic Flexibility
- Reaction, Quickness, Agility & Footwork
- Core Strengthening Exercises
- Basketball Specific Conditioning
- Motivational Life Lessons

Location: Ennis High School Gym
2301 Ensign Rd.
Ennis, TX 75119

Date: Saturday, May 8, 2010

Time: 10:00am to 1:00pm

Cost: \$75 per player

For more information or to register please contact Coach David Kilpatrick at: David.kilpatrick@ennis.k12.tx.us or 254-337-0029

Please send payment and registration to:

David Kilpatrick
Ennis Lions Basketball
2301 Ensign Rd.
Ennis, TX 75119

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Reaction, Quickness, and Agility Basketball Clinic

Registration Form

Athlete's Name:

Address:

City:

Zip Code:

Phone #:

Email Address:

Date of Birth:

Grade (2010-2011):

How did you hear about the Cutting Edge Clinic?

Parent's/Guardian's Name:

Parent's/Guardian's Email:

Emergency Contact Number:

Medical Information or allergies that we should be aware of:

Waiver

Participation in basketball activities involves the risk of personal injury. The use of equipment and facilities, by person's participation shall constitute acceptance of that risk regardless of the nature of the injury. Stronger Team, Coach David Kilpatrick, and all other coaches including Alan Stein, will not be liable for any injury, loss, or damage sustained or suffered by persons participating in the Cutting Edge Clinic, whether caused directly or indirectly by the negligence or fault of, Stronger Team (including Alan Stein) its coaches or otherwise.

Parent's/Guardian's Signature:

Date:

Athlete's Signature:

**For more information or to register please contact Coach David Kilpatrick
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