

TGCA



TGCA NEWS
OCTOBER 2008

Article: "It's not about you and it never will be".....2-3
UIL Legislative Council.....4
Legislative Priorities.....5
TGCA Past Presidents.....6
News & Updates.....7
Elected Officials.....8
Important Dates.....9
Sponsors.....10

*Photo: Andee Josserand, Natasha Giacomazzi at Canyon/Randall Tournament August 15-16.
by Bryan Hedrick*



2008-09
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Article

It's Not about You and It Never Will Be

KARI BENSEND

VOLLEYBALL CHAIR OF TEXAS GIRLS COACHES ASSOCIATION
HEAD VOLLEYBALL COACH, FRISCO CENTENNIAL HIGH SCHOOL

We all know why our kids play....well, we like to think we have a good idea anyway.

So why do we coach?

The play-offs are just around the corner and it is never too late to be a better coach so I thought I would give my two cents on what I know and save many of you who dream of the head coaches position a lot of aggravation and headaches. This article has to do with bettering our total programs and hopefully there is something you have not heard before. So we will touch on coaching, parents, and doing some special things for the kids. Hopefully you can take one idea to think about in relation to your program and maybe take an idea to work on for your kiddos. Whatever you take from this article, please know that it took a lot of time and a lot of work to put together. You have to be willing to roll up your sleeves and get after it or these ideas and thoughts will just sit in a drawer and be forgotten. So I challenge you to get busy during the off-season for next fall or the post season for a fun idea or two.

Here is a little background. I am old school....been doing this a long time. I have coached several sports for many years. I know what it is like not to have time. I now coach one sport and seem to be busier than I was with three. I am extremely fortunate to have assistants who have either played or coached the game; so my staff is a bit special, but it has not always been this way. You as the head coach, the varsity assistant, the sub varsity coach or the middle school coach have to be ready to work long and hard to get what you want. It is always O.K. to be the first car in the parking lot in the morning and it is always O.K. to be the last car out of the parking lot in the evening. So understand that the time you put in will equal the results you receive. Try to remember that it is about what you are willing to give to the program to make it better.

Knowing we are not all blessed with knowledgeable staffs, the work aspect becomes extremely important. As you are pulling from other sport's staffs, the main thing you will need to remember is the head coach and the "varsity assistant" (if you are this lucky) will have to be the hardest workers for the program. Everyone must work but not every assistant knows volleyball. So there is a lot to learn.

As old school coaches, we grew up coaching 3 or more sports. Some still do. But many now have the luxury of coaching only one sport. The confusion comes when we think that it will be easier....it is

not meant to be easier, it is meant to be more involved, more time to commit to the program, more things to do, not less.

The first part of this article really IS about you, but ultimately.... in the BIG picture it's not about you and it never will be. It is all about the KIDS.

I think we as volleyball coaches have fallen short in several areas. I watch a lot of people coach and I watch a lot of kids play. I take in the dynamics and chemistry between kids, coaches, etc. I watch warm-ups and I watch the interaction. In each situation, I usually walk away with something I want to implement or something I don't want to implement. Either way, it is always a learning experience.

So, I guess you could call these pet peeves or areas that have become quite obvious to me that we are possibly falling short in. I did many of these in my younger days and to those young head coaches or those wanting that title, I am just trying to save you some years. Trust me on this one. These pet peeves are in no particular order so here goes.

To Head Coaches or those who aspire to that:

The "I already know this stuff" coach – we don't expect our kids to stop learning so why should we?

There are so many opportunities to become a better coach in this great state of Texas. In the north Texas area alone, we try to get 2-3 forums each spring. We invite coaches to share their ideas and we do it for nothing. When I hear a speaker, I auto tune to our program and the kids that we have. All the tweaking of ideas is geared towards our kids.

Several years ago, I had a conversation with a young coach at coaching school. The assistant coach from a very established program was speaking at our summer clinic. I asked if she had gone to his lecture and her reply was "He's just a JV coach...." Well, yes, but HE IS THE JV COACH OF A TOP PROGRAM IN THE STATE!!! I learned so much from him that day about assistant coaches and their role in the program.

I can find something to use from anyone I listen to, but the key is to think about your program and how you can tweak it. Never stop learning and tweaking and teaching!

At Centennial, we have a staff clinic each summer and I get them

out on the floor. The first year was absolutely worthless. It was too fast and too much and I wore them out. But the following years we took it slower, explained concepts better, taught how drills should be run and how to scout. It has been a positive experience for me and I hope for my staff.

So, teach your staff HOW to coach, not just the X's and O's but what you want to see them doing on the bench and during practice. How do you want them to speak to the kids? What do you want them to look for while coaching?

The "I'll get there when I get there" coach – whether you are starting a program or changing the course of your existing program, the results of what you do will mirror the time you put into it. I'll say it again: **"The results of what you do will mirror the time you put into it"**.

My staff knows that no other staff will outwork us....we may get outplayed but there will not be a staff that works harder than we do for our kids. It is a difficult concept when you are not used to it. **WE** work hard to prepare our kids for battle.

We talk to our kids about **investing their time to earn a particular reward**. Ask yourself what you are investing and what you expect from your staff and kiddos. If you show fifteen minutes before practice....expect the same of those who follow you. My staff knows one hour prior to practice, we are here and we use that time to get ready. You can not ask of others what you are not willing to do yourself. So sweep the gym floor, clean up the dressing room, get the water ready on game day. It is all about showing your staff and your players a strong work ethic. Above all, teach your staff about time commitment. We stay until it is done and sometimes later.

The "3 Minute Practice plan" coach – if your practice did not go well, ask yourself exactly how much time you spent developing your plan for the day. I am amazed at those who can plan a practice in three to five minutes, but I know many.

What I also know is this: when the plan has depth, when you have given it time, the quality of your practice will rise, the rewards will be impressive and the success of the drills will be awesome. We do not run 8 laps for warm-up so I can get my morning coffee. We don't "serve for 5 minutes" so I can ask what's for lunch. What is

Continued on Page 3 ...

Article

... Continued from Page 2

the point of the drill???? In our program: every drill has a purpose, is competitive, and is game like. Each drill also causes an increase in the stress level and every drill must be won. It is crazy to see how drills need to be tweaked due to the kid's success with them.

Having opened a new school and having kept the same kiddos for four years, I was asked by a coaching friend how I continued to deal with the same girls for 4 years straight. I was not sure what she meant until she said her kids just get bored with her drills. When I see a drill is too successful too early...it is time to tweak. And it is O.K. to lose in a drill at the beginning. It forces the kids to work together to win the drill. Remember any team can run any drill...just at a slower pace. And I believe if the drills are game like...the pace will automatically quicken.

My all time favorite:

The "coach that stops coaching" – "Well you quit playing so I am going to show you....I'll just quit coaching".

Don't think your kids aren't frustrated with situations on the court. You are their leader, you are the one they look to...especially in their early years of training. We are coaching the most difficult game of all. It is the only game that we are not given extra inches with a racket and we don't get to stop the path of the ball, take control of it and decide what we want to do with it next. So how is it we think we can leave a group of kids between the lines and not give continuous feedback?

You may not know what to say....but if the pass is good, say it, if the hands are behind the head while blocking, say it, just say something to help them out. We may not know much about this sport we were given but a "good job", "nice pass", or "great set" goes such a long way with kiddos. So much goes on during play that continuous communication is the best way I know to help them see as much as possible. But then, when you can begin to teach them about the other side of the court, that is when it really gets fun!

For those assistants out there who truly do not understand the head coach's job:

The "head coach should know what I want" coach - you have to communicate with the head coach so they can help get you where you want to go.

Some of you want to be head coaches, if so, be a sponge, learn/take in/steal everything you can. Some of you want to be varsity assistants – then follow the head coach's work ethic if it is impressive, if it is not - then show them how to work harder by doing it yourself. Be there before they get there, take control of some of the paperwork, help with the workout design, and continue to learn.

BRING SOMETHING TO THE TABLE. When I am interviewing for assistants, I explain to them that I am not looking for a little puppy to go and fetch. I want someone who is a free thinker, someone who is not afraid to work, and someone who will bring ideas and different thoughts to the program. It only makes me better and our program better. Ask what you can do to help. Then get after it!

The "I'll wait until they enter the gym" coach – you don't wait for the principal to come by so you can start your class....don't wait for the head coach to step in the gym before you start coaching.

Be an active coach. Remove all chairs from the gym. No player should sit during practice, neither should a coach. In your practice planning, your job is to get sub varsity kids ready for varsity. So do it - expose them to drills, verbage, sell the program to the kids (even if you don't agree with all of it). When you get the head job, you can make your own rules. You never know when a B team kid will have an impact on the varsity squad.

Teach them all those life lessons about leadership, team play, being unselfish, hard work, the will to win...they will play much harder for you and be ready for the next step.

The "Dreaded" Parents: just remember this - it is the little things that count.

Communication is imperative because the more information you can provide early, the less you will hear from them. And that, my friends, is the key to a stress-free season.

We incorporate two things that take a lot of time to put together but I feel are worth it in the long run. The first is our Middle School Night at the high school which is really just a general overview about the program. We have our players there to talk with the future Titans, coaches answer questions from the parents, we all promote the sport, and display the high school kiddo's accomplishments. It is a great introduction into high school life.

The second is our parent meeting which takes hours and hours and hours of planning.

Here are the specifics – it is done in the spring, the kiddos attend with their parents, we tell it like it is – some will be cut, all paperwork with the exception of the physical is completed, all expectations are given (for kids and parents, in regards to work ethic, etc), an understanding of how the program will be run, how cuts are made, when we start, do we have to be there for the first week (yes, we are really asked that question....), summer league and camp information, and so on.

The main thing to remember is that the middle school parents and kids do not get it yet; it is a completely new ball game to them. So we work to prepare not only the kiddos but the parents.

And my favorite part of the equation – what it is really all about:

The Kids: it is a long process of learning from middle school to graduation!

Here are just a few pointers:

Your smartest player is not 3rd in her class; your smartest player is the one who "gets it"!!

Little things mean a lot – teach your players how to act in different situations, how to talk to the media (school, local paper), how to act on another campus

Life lessons – how to be unselfish, how to treat others, how to learn to surround themselves with those who will lift them up not tear them down, how to stay out of trouble, who their real friends are, if they think no one knows who they are or will remember them, think again, how to deal with classroom teachers

If specific things in your program do not make sense to your kids, then it is probably not a good situation/drill/tactic – make it make sense.

Hold them accountable – our off season is tough with lots of lessons. It is our most strict time where we work to find things done incorrectly so they have to strive for perfection.

Teach them how to take care of each other!!

As far as recognition goes:

Have a theme for the season - create it in the spring, put all you hear/read into a volleyball or team context. You will be amazed at where you will get your ideas.

In – season recognition comes in the form of superlatives after each match and plastering lockers with inspirational messages. Sometimes the players nominate individuals, which helps to create unselfish teammates. They share what they remember from the match. Sometimes we elect through stats from the match. We use this on all levels and our middle schools love it. It takes the focus off the scoreboard and gets them thinking about different parts of the game, sometimes you HAVE to find some positives in your season.

Keep your kids as your focus and be willing to put in the time to create your success. You will find some wonderful memories for these kiddos who work very hard for us each day.

And remember...it's not about you and it never will be.

Good luck through the rest of your season and I hope to see you at the state tournament!!

UIL Legislative Council

UNIVERSITY INTERSCHOLASTIC LEAGUE LEGISLATIVE COUNCIL

October 19-20, 2008

The Texas Girls Coaches Association was successful in having proposals from the Standing Committees of Softball and Track & Field, and approved by the TGCA Board of Directors, passed by the rule making body of the University Interscholastic League.

Through the support of the UIL Standing Committee on Athletics, the UIL Legislative Council approved an amendment that would alter the beginning of softball outside the school day to the 19th Friday prior to the State Softball Tournament. This rule will go into effect on August 1, 2009, if approved by the Commissioner of Education.

They also passed an amendment altering the rule in Track & Field to allow regional qualifiers and alternates to enter any event at a regional qualifier meet. This rule will go into effect immediately, if approved by the Commissioner of Education.

I want to thank the membership, the regional representatives on the Standing Committees of Softball and Track & Field, and the Board of Directors for their professional-

ism and patience in getting these issues passed on the state level. Each proposal will be a positive influence for the sports of softball and track & field.

The membership of TGCA would have been impressed with the leadership qualities of your Executive Committee; Lee Grisham-President, Lynn Davis Pool-1st Vice President, Wes Overton-2nd Vice President, and Debra Manley-Past President. They were in attendance at the two day meeting and presented the viewpoints and concerns of coaches of girls' athletics to the Legislative Council members, the UIL staff, representatives of other state wide organizations, and the general public in attendance.

The Texas Girls Coaches Association is very appreciative to the Standing Committee on Athletics, the Legislative Council and the University Interscholastic League for allowing us to express concerns and suggestions from our membership to try and better sports for girls in Texas in a system that is already envied by all the other states.

Softball Committee

Name	School	Conf	Reg
Robby Dickenson	FRENSHIP HIGH SCHOOL	4A	1
Tracy Pennington	RIVER ROAD HIGH SCHOOL	2A	1
Wesley Bryson	STEPHENVILLE HIGH SCHOOL	4A	2
Barbara Burnett	SEYMOUR HIGH SCHOOL	1A	2
Mitzi Cook	BISHOP LYNCH HIGH SCHOOL	4A	3
Tommy Tomlinson	BOWIE HIGH SCHOOL	1A	3
Mike Ledsome	PLANO WEST HIGH SCHOOL	5A	4
Iyhia McMichael	WILLS POINT HIGH SCHOOL	3A	4
*Vicki Sorensen	STERLING HIGH SCHOOL	5A	5
**Charlene Decuir	HAMSHIRE FANNETT HS	3A	5
Robin Brady	VISTA RIDGE HIGH SCHOOL	5A	6
Anthony Branch	WORTHAM HIGH SCHOOL	1A	6
Adelina Mireles	BRANDEIS HIGH SCHOOL	5A	7
Charles Benavides	GOLIAD HIGH SCHOOL	3A	7
Shawnda Vines	MIDLAND HIGH SCHOOL	5A	8
Steve Roberts	COLEMAN HIGH SCHOOL	2A	8

*Chair

** Vice Chair

Track & Field Committee

Name	School	Conf	Reg
*Ray Baca	HEREFORD HIGH SCHOOL	4A	1
Danny Sloan	CROSBYTON HIGH SCHOOL	1A	1
Deborah McNeese	WICHITA FALLS HIGH SCHOOL	3A	2
Lori Whatley	CISCO HIGH SCHOOL	2A	2
Ray White	LEWISVILLE HIGH SCHOOL	5A	3
**Mitch Williams	WHITNEY HIGH SCHOOL	3A	3
Sam Reiter	FRISCO HIGH SCHOOL	4A	4
Elizabeth J Holman	HOOKS HIGH SCHOOL	2A	4
Jennifer Gegogeine	MAGNOLIA WEST HIGH SCHOOL	5A	5
Jill Cox	HAMSHIRE FANNETT HS	3A	5
Halle Paauw	ELLISON HIGH SCHOOL	5A	6
Linda Richter	YOE HIGH SCHOOL	3A	6
Irene Gallegos	MISSION HIGH SCHOOL	4A	7
Venita Tryon	WEST OSO HIGH SCHOOL	3A	7
Tracey Borchardt	ODESSA HIGH SCHOOL	5A	8
Steve Golemon	BANDERA HIGH SCHOOL	3A	8

Legislative Priorities

Texas Girls Coaches Association
LEGISLATIVE PRIORITIES
For The 81st Session of the Texas Legislature

- * Support the belief "EVERY" child in Texas is entitled to a well-rounded quality education.
- * Support and advocate the value of extracurricular activities in academics, athletics and fine arts as a major part of the educational process.
- * Support the University Interscholastic League and the Texas Association of Private and Parochial Schools as the governing bodies for their members schools for extracurricular activities in Texas.
- * Support additional state funding to increase educator salaries (teachers, nurses, counselors and librarians) to at least the national average.
- * Support preserving local control of public school districts by duly elected school boards.
- * Oppose private school vouchers with public tax dollars UNLESS the private/charter school that receives voucher funds will agree to admit and retain any student who presents a voucher, regardless of race, socio-economic status, learning disability, English language proficiency and/or physical/mental limitations. Additionally, the private/charter school agrees to adhere to the same financial and academic accountability standards of all public schools in the state.
- * Support an athletic mandated anabolic steroid testing program only if it is financed by appropriated state funding now and in the future.
- * Support allowing athletics to be a four year approved elective on the state level under the new 4 x 4 Distinguished Plan for graduation.

TGCA Past Presidents

Name	Years	Name	Years
Velma Harrison	1952-53, 1953-54	Jim Kirkland	1986-87
Marvin Williams *	1954-55	Sue Cannon	1987-88
Mary Beccue *	1955-56	Don Ford	1988-89
Charles Womack *	1956-57	Donna Grant	1989-90
Rose Farmer	1957-58	Phil Swenson	1990-91
J.W. Booker *	1958-59	Rhonda Farney	1991-92
Peggy Hughes	1959-60	Caylene Caddell	1992-93
M.T. Rice *	1960-61	Barbara Crousen	1993-94
Jimmye Phillips	1961-62	Pat Mouser	1994-95
LeRoy Hoff *	1962-63	Melynn Hunt	1995-96
Ellen Johnson	1963-64	Sam Tipton	1996-97
F.G. Crofford	1964-65	Marianne Jones	1997-98
Zonelle Cornett	1965-66	Larry Goad	1998-99
Freeman Parish *	1966-67	Brenda Kitten	1999-2000
Sandra Meadows *	1967-68	Rob Young	2000-01
Mitch LeMoine	1968-69	Krista Malmstrom	2001-02
Wayne DuBose	1969-70	Ron Mouser	2002-03
Shirley Hayworth	1970-71	Debbie Jaehne	2003-04
Stanley Whisenhunt	1971-72	Ray Baca	2004-05
Leta Andrews	1972-73	Leann Johnston	2005-06
Bill Farney	1973-74	Alex Koulovatos	2006-07
Janette Barlow	1974-75	TVCA PAST PRESIDENTS	
Bob Schneider	1975-76	Name	Years
Gay Benson	1976-77	Lenora Abston	1968-69, 1969-70
Buddy Ables	1977-78	Dr. Margie Austin	1970-71
Sandra Meadows *	1978-79	Jan Briggs	1971-72
Ralph Newton	1979-80	Jane Arnett	1972-73
Janie Fitzgerald	1980-81	Arline Basye	1973-74
Mark Smith	1981-82	Marion Young	1974-75
Diana Lewis	1982-83, 1983-84	Judy Bugher	1975-76
Michael Adams	1984-85	Waynette Dolan	1976-77
Judy Dunn	1985-86	Norma Pullin	1977-78

Photo of the Month
OCTOBER

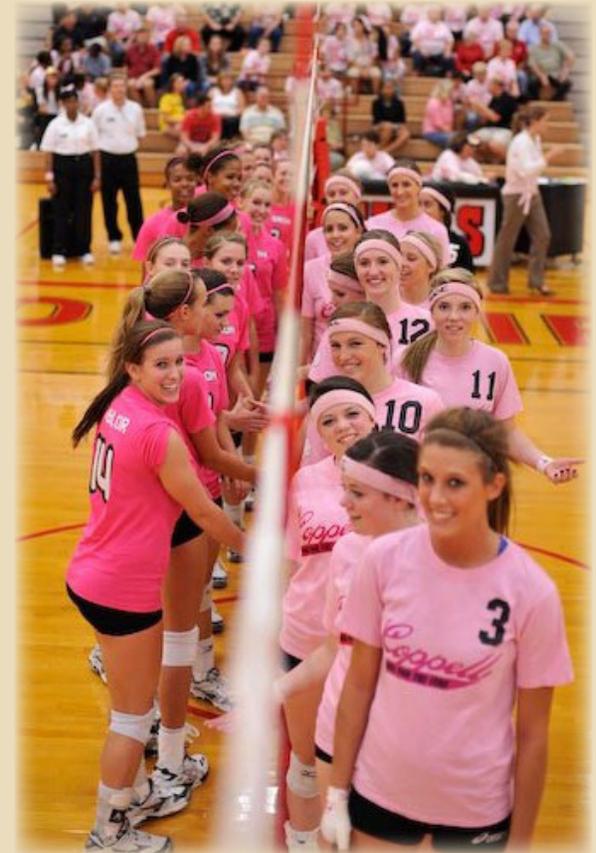


Photo by Tim Martin
September 30, 2008 at Coppell HS
Dig For the Cure
benefitting Susan G Komen

Coppell and Hebron players show their support by wearing pink for CHS Dig for the Cure.

News & Updates

Meet Your 2008-09 TGCA 2nd Vice President

Wes Overton
2nd Vice President
Midland Lee High School



High School Graduated From: Garden City

Colleges Attended: Sul Ross State University;
BS from San Angelo; Masters from UTPB

College Degrees: BS in Kinesiology,
Masters in Kinesiology as well

Teaching Assignments: World History

Coaching Assignments: Softball

Children & Ages: Bryson (14), Trevor (9)

What It Means to Be An Officer in TGCA: Serving as a TGCA officer gives one a great sense of responsibility. I also consider it a huge honor to represent my fellow coaches.

TGCA Hall of Fame Nominations

TGCA honors coaches who have been active members, past or present, of the TGCA, the Texas Volleyball Coaches Association or the Texas High School Girls Track Association. The nominee should have made major contributions to TGCA and the coaching profession.

The Hall of Fame nomination forms can be found on our Web site under "Forms."

Nominations should be submitted to the TGCA office. The awards for Hall of Fame will be determined by a Selection Committee made up of the Executive Committee and the Executive Director. Nominations will be made by member coaches of TGCA. The selections will be made at the UIL state girls' basketball tournament, at a time and place determined by the President, who also serves as the committee chair.

TGCA Hall of Fame

Year	Inductee
1993	Natalie Gunter Sandra Meadows Bob Schneider Dean Weese
1994	Jane McCutcheon
1995	None
1996	Nora Geron
1997	Wanda Bender
1998	Jan Briggs
1999	Norma Pullin
2000	Donna Grant
2001	Mark Smith
2002	Billy McKown
2003	Jim Kirkland
2004	Bill Farney
2005	Marion Young
2006	Claudia Eckel
2007	Diane Conrady Sandra Mader
2008	Terri Plagens Billy Evans Joe Lombard

Elected Officials



Executive Director Duties

With many young coaches and new coaches to our profession, we felt it beneficial to cover the role of your Executive Director and what he does for coaches/athletes in Texas. In the future we will cover responsibilities of some of your other elected TGCA officials.

In 2001, Sam Tipton became only the second Executive Director to lead the Texas Girls Coaches Association since its' founding in 1953. He is the liaison to the University Interscholastic League, the Texas High School Athletic Directors Association, the Texas High School Coaches Association, the Texas Association of Sports Officials, the media, and elected officials. He is the major spokesman for coaches of girls' athletics in Texas and makes many appearances throughout the state as a proponent of coaches and student/athletes participating in girls' athletics.

Tipton is one of the founders, and is the TGCA representative, to the Texas Coalition for Extracurricular Activities, which is composed of representatives in Texas of major associations covering academics, athletics and fine arts, for the purpose of publicly stating every child should receive a well-rounded quality education. The purpose of the coalition is to advocate the values of extracurricular activities and believes these activities enhance and enrich the educational experience. The coalition publicly supports the University Interscholastic League in their mission to promote and protect equal opportunities for all students in academics, athletics and fine arts.

With many hours spent in the Capitol during hearings and in closed door sessions with elected officials fighting to maintain and progress athletics as a whole, Sam has been very instrumental in voicing concerns of student/athletes and coaches to our legislators. He has testified on numerous occasions to various commit-

tees in the House of Representatives and the Senate on issues concerning athletics.

Acting under the guidelines established by the membership through their representatives on the Board of Directors of the Texas Girls Coaches Association (TGCA), he promotes and supports girls' sports, on all levels, in all conferences and is willing to help member coaches and schools when needed. He is readily available to the athletic directors, school administrators and coaches in assisting athletics at the local level insuring that Texas student/athletes are the best they can be. On numerous occasions throughout the year, Sam is requested by organizations on the local level to speak on the benefits of athletics as a major part of the overall educational plan of a student.

For the benefit of the coaches of girls' athletics in the state of Texas, Sam works closely with the Texas High School Athletic Directors (THSADA) and the University Interscholastic League (UIL). One of his major duties is to remain in continual contact with the administrators of both associations working hand-in-hand insuring athletics are the best they can be in all avenues. He symbolizes, through his work ethic and relationship with THSADA and UIL, the importance of the promotion of all athletics, the ability to compromise on major points when negotiating proposals, and at times the need for mediation between associations for the betterment of athletics as a whole.

Important Dates

LaQuinta - Official Hotel of TGCA

Coaches, teams and fans can receive preferred rates through the LaQuinta toll-free central reservations number 1-800-531-5900. This rate will also apply to reservations made directly with LaQuinta Hotels, as well as, via the internet at www.lq.com using the corporate/promotional code of TGCA. These rates are good for both business and leisure travel, seven days a week, for standard and king bedded room types coast to coast.



Omni Southpark:
4140 Governor's Row
Austin, TX. 78744

For reservations during the Volleyball State Tournament (The cut-off date to register for discounted rooms: Oct. 29, 2008) call: 1-800-THE-OMNI. Please refer to our "TGCA" code when making your reservation. Run of the House: Single Rate: \$99.00. Double Rate: \$109.00. Double Double Nonsmoking: Single Rate: \$99.00. Double Rate: \$109.00. Additional person charge: \$20.00.

Crowne Plaza Austin North Central
6121 North IH - 35
Austin, TX. 78752

For reservations:
1-877-2CROWNE (1-877-227-6963)
Please refer to TGCA to get your discounted rate of \$109.00 for single or double occupancy. Or you may reserve your rooms online by going to the home page of our website. Crowne Plaza will offer this rate year around for business or pleasure.

October 2008

29 Boys Basketball: First day of practice
31-11/1 Team Tennis: Regional tournaments

November

1 Cross Country: District certification deadline
1 Girls Basketball: First day for scrimmages
1 Volleyball: District certification deadline, all conferences
3-4 Volleyball: Bi-district, all conferences
6-8 Volleyball: Area, all conferences
7-8 Team Tennis: State Tournament
8 Boys Basketball: First day for scrimmages
8 Cross Country: Regional meets
10 TGCA: 12:00 noon deadline for Cross Country Nominations
10 Girls Basketball: First day for interschool games
10-11 Volleyball: Regional quarterfinals, all conferences
14-15 Volleyball: Regional, all conferences
15 Cross Country Meet.
17 TGCA: 12:00 noon deadline for Volleyball Nominations
17 Boys Basketball: First day for interschool games
20-22 Volleyball: State Tournament.

TGCA News

TGCA News is the official newsletter of the Texas Girls Coaches Association, 1603 Manor Rd., Austin, TX 78722-2536; (512) 708-1333, (512) 708-1325 (fax), tgca@austintgca.com (e-mail); It is published nine times per year, September through May.
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Membership Administrator: Kimberly Terry, Kimberly@austintgca.com
Editor: Chris Schmidt

TGCA on the Web

Polls, as well as other current information, can be found on the TGCA Web site at: www.austintgca.com.

Did you move?

Please notify the TGCA office if your school, home address, telephone number or coaching assignment changes.

UIL eligibility / Sport rule questions

If you have any questions on eligibility or sport rule interpretations, contact the UIL at (512) 471-5883.

Sponsors



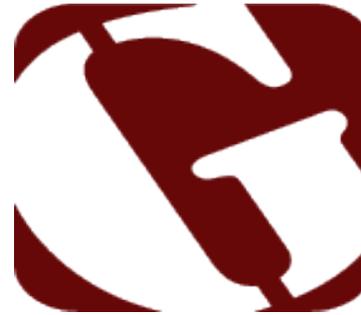
Russell Spalding



Athletic Supply



Baden



Gandy Ink



New Balance



LaQuinta



Boathouse Sports



Stromgren



Nike



Gulf Coast Specialties



Jostens



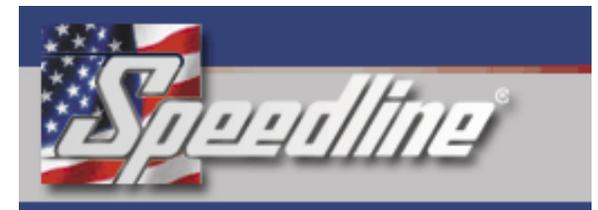
Mizuno



Jerry's Scoreboard



MaxPreps



Speedline