

TGCA



President of TGCA
Lee Grisham
Wimberley HS
(512) 847-5729



1st Vice President
Lynn Davis Pool
Austin Bowie HS
(512) 414-7347



2nd Vice President
Wes Overton
Midland Lee HS
(432) 553-5436



Past President
Debra Manley
Pittsburg HS
(903) 856-6461



Executive Director
Sam Tipton
TGCA Office
(512) 708-1333

2008-09
TGCA
Officers



TGCA NEWS
NOVEMBER 2008

Article: "Athletes and coaches working together toward that goal".....2
 Meeting Dates.....3
 Meet the TGCA.....4
 News & Updates.....5
 TGCA is Alive & Well.....6
 Important Dates.....7
 Sponsors.....8

Photo: Courtesy of Regina England and Maureen Marek

TRANSITIONING THE STUDENT-ATHLETE

Athletes and coaches working together toward that goal

SUB VARSITY COMMITTEE CHAIR – MAUREEN MAREK

I spent a few years coaching on the college level before changing into the public education world. One thing I noticed and was quite disappointed – there were some athletes in college programs that lacked skills and techniques in a sport. As I college coach, my concerns while coaching “college recruited athletes” was 1) why the athletes did what they did and 2) what were they being taught before they were in college. I have seen college athletes that lacked basics fundamentals. So now that I am in public education and on the junior high level – maybe I can change how the student athlete evolves and transitions throughout her athletic career.

In the sports we coach, our goal must be much like the ones of the classroom teachers; we must build on the knowledge and skills that the student has previously learned. We, as coaches, must be one staff from the Varsity down to the junior high level. One might consider the intermediate and elementary level PE coaches in order to give the students the strongest, most fundamental start to basic skills.

SPORT - IN SEASON

JUNIOR HIGH TEAMS – athletes junior high must learn the basic fundamental skills and rules of the game. Seventh grade athletes are the blank pages of the book – what we teach at these levels can be built upon in future years.

Let’s not forget the students that do not make the travel or competitive squads. These athletes are still here to learn. One might devote at least

one period per week to these athletes where they are getting court and instruction time for the sport. There may be the “late” developing athlete that could develop into the star athlete in later years.

At the junior high level, we also begin to teach them athletic, eligibility, and educational standards that they must achieve. If our programs have athletic policies regarding behavior, academic and practice, they must be enforced to the athletes at this level as well. They will be more accustomed to the expectations and fulfilling these standards should get easier as the athletes transitions to each high level.

SUB – VARSITY TEAMS – the athletes on these teams should be building upon the skills and knowledge that hopefully have been accomplished in the junior high years. The freshman level athletes should be refining of learned skills. For most of these athletes, it will be the final time that they compete with athletes of their own age. The sub varsity athletes should be taught the mid to upper levels of the total program goals in so far as the offense and defense strategies, skills and techniques. There should still be time built into the practices that the athletes are working on strong basic skills and techniques as to never lose consistency.

Helping these athletes transition will be very crucial as they are being hit with harder academic standards. These athletes are also being enticed by other activities that may lure them away from their athletic careers. As a coach, we must help these athletes make a decision when it comes to whether or not a future lies for these athletes – Can they

continue to help your team or have their abilities gone as far as they can go? This is a very important transition that this person will decide – Continue being an athlete or go another route?

VARSITY TEAMS – by the time the athlete progresses to the varsity level, she should be at the highest level of skill, techniques and strategy development. The varsity coach should be able to take the time to work on team goals and opponents weaknesses in order to get the most from the team and its individuals. Also, at the varsity level, there should still be time built into the practices so the athletes work on strong basic skills and techniques as to never lose consistency.

By the time the athlete gets to the varsity level as a junior or senior, there should not be much transitioning left. Teaching of the basics should be complete. The athletes are in a stage of “REFINING”. The varsity athletes are to the point that their skills need to be made sharper and more precise; and being able to choose from a vast variety of skills to use in each situation in the competition. The athletes should be to the point that they can make quick decisions and hopefully chose the correct ones.

THE STAFF WORKING TOGETHER – The one that will benefit the most from a staff working together is the varsity coach and should trickle down into the other levels of teams. If the coaches under the varsity coach prepare and instruct the athletes, having them meet certain expectations and goals, the program as a whole could be very successful.

Continued on Page 3 ...

Meeting Dates

2008-09 BOARD AND COMMITTEE MEETINGS

November 19, 2008

Volleyball Committee meeting, 1:00 p.m.

Volleyball All-State Committee meeting, 5:00 p.m.

November 23

Board of Directors meeting, 11:00 a.m.

March 5, 2009

Basketball All-State Committee meeting, 5:00 p.m.

March 6

Basketball Committee meeting, 12:00 noon

March 8

Board of Directors meeting, 11:00 a.m.

May 14

Track Committee meeting, 7:00 p.m.

May 15

Sub-Varsity Committee meeting, 8:00 a.m.

Sub-Varsity Selection Committee meeting, 9:00 a.m.

May 16

Track All-State Committee meeting, 8:00 a.m.

June 3

Softball Committee meeting, 5:00 p.m.

Softball All-State Committee meeting, 5:00 p.m.

June 7

Board of Directors meeting, 11:00 a.m.

July 13

Board of Directors meeting, 5:00 p.m.

... Continued from Page 2

In turn, if the varsity program is successful, it can trickle down into the sub-varsity and junior high level teams. **SUCCESS CAN BREED SUCCESS.** The younger players have role models to look up to and have a tradition of success to uphold.

A successful program will have a game plan laid out for each level of competition. The varsity coach can be the most instrumental in this process, but must be accompanied by the coaches at the other levels as well. The varsity coach will lay the team aspects as far as offense, defense, skills, and techniques that he or she will want taught in her program. Things that the varsity coach can consider are sports terminology, skill development,

skill technique, team development, individual player development, team offense strategies, and team defense strategies. The items should be the things that the athletes will hear consistently from each coach through their athletic career as they move from junior high toward the varsity level.

The staff must work effectively to bring the individual concepts of the program together on each level so that the total program is effective as a whole. If one level breaks down – it will be the weak link in the program. We may not always have the top athletes on each level, but we still must work to teach them the individual parts so that it comes together as a whole – to the best of their abilities.

THE FINAL OUTCOME – If we do our jobs as the coach of our team, and this fits into the game plan of the entire program; we should see an overall successful team. Our players will be better prepared to progress to the next level and our varsity teams should have the best prepared athletes to put forth in our seasons.

Our final look at our athletes in their athletic careers should be "Where did they start? Where are they finishing? Hopefully we as coaches can answer those very positively as we molded these young students into very successful athletes and people.

Good Luck!!!

Meet the TGCA

TGCA Executive Committee, Board of Directors, Chairs & Vice Chairs



Name	Position	School	Name	Position	School
Lee Grisham	President	Wimberley HS	Heather Sanders	Reg VI, Jr Director	New Braunfels Canyon HS
Lynn Pool	1st Vice President	Austin Bowie HS	René G. Garza	Reg VII, Sr Director	Mission HS
Wes Overton	2nd Vice President	Midland Lee HS	Melissa Hernandez	Reg VII, Jr Director	Angleton HS
Debra Manley	Past President	Pittsburg HS	Patty Dominguez	Reg VIII, Sr Director	Monahans HS
Terry Lowrey	Reg I, Sr Director	Frenship HS	Flo Valdez	Reg VIII, Jr Director	El Paso Franklin HS
Leland Bearden	Reg I, Jr Director	Smyer HS	Kari Bensed	VB Committee Chair	Frisco Centennial HS
Fran Metzger	Reg II, Sr Director	Stephenville HS	Jill McDill	BB Committee Chair	Rockwall HS
Rodney Gee	Reg II, Jr Director	Eastland HS	Ray Baca	Track Committee Chair	Hereford HS
Kit Kyle	Reg III, Sr Director	Flower Mound Marcus HS	Vicki Sorensen	Softball Committee Chair	Sterling HS
Jan Newland	Reg III, Jr Director	Mesquite HS	Maureen Marek	Sub-Varsity Comm Chair	Bellville Jr. HS
Linda Godwin	Reg IV, Sr Director	Chapel Hill HS	Tanya Nygrin	VB Committee Vice Chair	Round Top Carmine HS
Traci Pierce	Reg IV, Jr Director	Wills Point HS	Rocky Ford	BB Committee Vice Chair	Roscoe HS
Susan Willis	Reg V, Sr Director	Kingwood HS	Mitch Williams	Track Comm Vice Chair	Whitney HS
Donna Benotti	Reg V, Jr Director	Cy-Fair HS	Charlene Decuir	Softball Comm Vice Chair	Hamshire Fannett HS
Loyd Morgan Jr	Reg VI, Sr Director	Rogers HS	Regina England	Sub-Var Comm Vice Chair	Graham Jr. High

News & Updates

Sub-Varsity Coaches to be recognized for Years-of-Service:

Heather Van Noy, Denton Guyer High School (07-08 Sub-Varsity Chair), proposed to the Executive Committee, Board of Directors, Committee Chairs and Vice Chairs to reinstate the Sub-Varsity Years of Service Recognition for TGCA member coaches. The proposed amendment was passed at the June meeting.

TGCA member Assistant Coaches with 5 and 10 years of service will be presented with a certificate at the TGCA Summer Clinic on Thursday, July 16th at the 3:30 General Business Meeting.

TGCA member Assistant Coaches with 15, 20, 25...years of service will be presented with a plaque at the TGCA Summer Clinic during the Honor Awards Luncheon, Wednesday, July 15th at 1:00.

- Coaches must be members (by Nov. 1, 2008) of the Texas Girls Coaches Association in order to be honored.
- Coaches are responsible for sending their information to the TGCA office with a chronological list of each school where you have coached sub-varsity and the sport in which you coached.

If you qualify for either of these awards, please submit your Years of Service in to tgca@austintgca.com.

Honors Nominations and Game Board Postings

If you have not logged into the members website to do nominations or game board postings you will need the following information:

User name: this will always be your TGCA membership number

Password: for your initial login you will use your TGCA membership number as your password. Once you have successfully logged into the system you will be required to create a password of your choosing. While your on the members website it would be a good idea to check your profile. You will have the ability to update the following information:

Address:

Phone numbers:

Email: this is important as TGCA sends updates and various information though email.

Coaching assignments:

If your school has changed you will need to contact the TGCA office as you can not change the school information through your profile. If you have any questions while nominating or posting games please feel free to contact our office for help.

TGCA is Alive & Well

The Texas Girls Coaches Association

MISSION STATEMENT:

The mission of the Texas Girls Coaches Association shall be:

- Help maintain the highest possible standards in athletics and the coaching profession, and to work together for the improvement of the conditions for girls' athletics in the schools of Texas.
- Secure a better understanding of the problems of coaching and to provide sources of information pertaining to girls' athletics at the disposal of coaches.
- Endeavor to improve all phases of interscholastic sports by providing coaches with a more thorough understanding of the various interscholastic competitive activities.
- Provide a representative group of coaches to whom athletic problems of general concern may be referred in the hopes of improving relationships among schools, athletes, fans, and officials.
- Promote good fellowship and social contacts among coaches.
- Represent the viewpoint of girls' coaches in Texas to the Legislative Council and the Committees of the University Interscholastic League and the Commissioner of Education.

The Texas Girls Coaches Association was established in 1954 because there was not an organization to support, promote, and honor the coaches and athletes participating in sports for women on the intermediate and high school levels in the state of Texas. It is the purpose of TGCA to treat each sport under its umbrella with the same degree of promotion, honors, and representation. TGCA has evolved, through the hard fought efforts of influential past leaders, into being the central voice of the coaches of girls' athletics to the University Interscholastic League, Texas Association of Sports Officials, school administrators, athletic directors, media, legislators, and the general public. TGCA attempts in its everyday operations to maintain what the past leaders established when they molded TGCA into an influential professional organization composed of, designed for, and governed by coaches of girls' sports.

TGCA sponsors the only summer clinics for coaches of girls' athletics aimed at improving the total school program. Lectures are not only offered in specific sports, but special lectures are presented to keep the attending coaches current on issues concerning the health and safety of athletes. The UIL partners with the TGCA at these clinics and offers updates in volleyball, basketball, softball, track & field, and cross country. Professional Staff Development cards are distributed certifying coaches registered and attended lectures and activities in the Coaches Education Program (CEP) at the annual summer clinic.

The major annual summer clinic is highlighted by two all-star games in basketball, softball, and volleyball featuring some of the most talented girls in the state in their respective sport. Special recognition is given to all-star cross country and track & field teams composed of the best athletes in Texas. Members of TGCA are selected by their peers to serve as coaches for the all-star activities.

In addition to all-star honors, TGCA also recognizes all-state and academic all-

state in cross country, volleyball, basketball, softball, and track & field. Academic All-State is also recognized in soccer and golf. There is a Coach of the Year, Athlete of the Year, and Sub-Varsity Coach of the Year selected for A, AA, AAA and AAAA, AAAAA in cross country, volleyball, basketball, softball, and track & field.

The Texas Girls Coaches Association cherishes its working relationship with the school administrators, athletic directors, and the University Interscholastic League and is honored to receive their continued support. It is the desire of the TGCA to be an instrumental part in helping to maintain the highest possible standards in athletics and the coaching profession, and to work for the betterment of girls' athletics in the schools of Texas. TGCA strives, with input from its member coaches through their elected representatives on standing committees in each sport and/or the Board of Directors, to identify and understand problem areas in the field of coaching. It is essential for TGCA to provide an avenue for member coaches of the various sports to express areas of general concern and possible suggestions for improvement. TGCA will always attempt to cater to the promotional and educational needs of all its member coaches. TGCA is an organization designed to represent all coaches, in all conferences, in all sports, at all times, and not a particular individual or special interest group. The Board of Directors, through their responsibilities as elected officials, demands the public business of the Texas Girls Coaches Association always be done in a considerate and professional manner.

Sam Tipton

Executive Director

Texas Girls Coaches Association

Important Dates

LaQuinta - Official Hotel of TGCA

Coaches, teams and fans can receive preferred rates through the LaQuinta toll-free central reservations number 1-800-531-5900. This rate will also apply to reservations made directly with



LaQuinta Hotels, as well as, via the internet at www.lq.com using the corporate/promotional code of TGCA. These rates are good for both business and leisure travel, seven days a week, for standard and king bedded room types coast to coast.

Hotels for the Volleyball State Tournaments

Omni Southpark:
4140 Governor's Row
Austin, TX. 78744

For reservations during the Volleyball State Tournament (The cut-off date to register for discounted rooms: Oct. 29, 2008) call: 1-800-THE-OMNI. Please refer to our "TGCA" code when making your reservation. Run of the House: Single Rate: \$99.00. Double Rate: \$109.00. Double Double Nonsmoking: Single Rate: \$99.00. Double Rate: \$109.00. Additional person charge: \$20.00.

Crowne Plaza Austin North Central
6121 North IH - 35
Austin, TX. 78752

For reservations:
1-877-2CROWNE (1-877-227-6963)
Please refer to TGCA to get your discounted rate of \$109.00 for single or double occupancy. Or you may reserve your rooms online by going to the home page of our website. Crowne Plaza will offer this rate year around for business or pleasure.

November 2008

17 TGCA - 12:00 noon deadline for Volleyball Nominations
17 Boys Basketball: First day for interschool games
20-22 Volleyball: State Tournament

December

1 Soccer: First day for practice
24-26 Athletics: no school facilities, personnel or equipment shall be used for athletic purposes for five consecutive days to include December 24-26

January 2009

2 Soccer: First day for scrimmages
8 Soccer: First day for games.
15 Athletics: Deadline to accept plans for next school year.
26 Softball: First day for practice

February

Dates for girls and boys basketball playoffs and district, regional, and state spring meet academic events (including one-act play) and athletic events (golf, tennis, track & field) are tentative, based on TAKS tests being administered on March 3, and April 28-May 1

2 Softball: First day for interschool scrimmages
7 Swimming & Diving: District certification deadline
13-14 Swimming & Diving: Regional meets
16 Softball: First day for interschool games
16-17 Girls Basketball: Bi-district
19-21 Girls Basketball: Area
23-24 Girls Basketball: Regional quarterfinals
27-28 Girls Basketball: Regional
27-28 Swimming & Diving: State Meet

TGCA News

TGCA News is the official newsletter of the Texas Girls Coaches Association, 1603 Manor Rd., Austin, TX 78722-2536; (512) 708-1333, (512) 708-1325 (fax), tgca@austintgca.com (e-mail); It is published nine times per year, September through May.
Executive Director: Sam Tipton, Sam@austintgca.com
Administrative Assistant: Susan Doherty, Susan@austintgca.com
Membership Administrator: Kimberly Terry, Kimberly@austintgca.com
Editor: Chris Schmidt

TGCA on the Web

Polls, as well as other current information, can be found on the TGCA Web site at: www.austintgca.com.

Did you move?

Please notify the TGCA office if your school, home address, telephone number or coaching assignment changes.

UIL eligibility / Sport rule questions

If you have any questions on eligibility or sport rule interpretations, contact the UIL at (512) 471-5883.

Sponsors



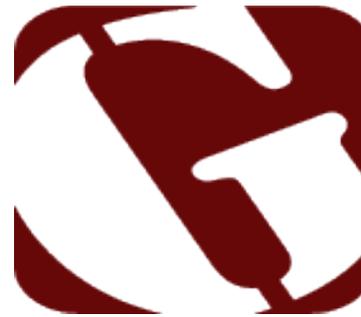
Russell Spalding



Athletic Supply



Baden



Gandy Ink



New Balance



LaQuinta



Boathouse Sports



Stromgren



Nike



Gulf Coast Specialties



Jostens



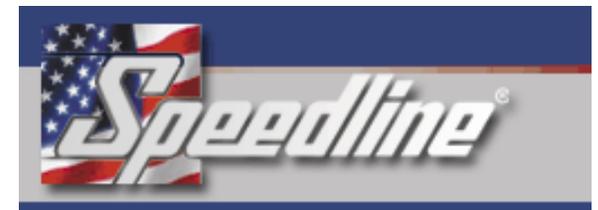
Mizuno



Jerry's Scoreboard



MaxPreps



Speedline