

# TGCA



2008-09  
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**TGCA NEWS**  
MAY 2009

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*Photos courtesy Member Coaches*

# Article



## 2009 Wow What a Season

BY VICKI SORENSEN  
TGCA SOFTBALL CHAIR  
BAYTOWN STERLING HIGH SCHOOL

As I sit here and write this article, the softball season is winding down. Playoffs have begun and the State Tournament is in sight for some teams. To some it is the sign that the end of the school year is very near. To others this is the time to keep pushing and reach that ultimate goal. Personally, now that I have the time to reflect on the season, I can say that without a doubt this has been the most difficult season in regards to scheduling, but it has also been one of the best years for our sport in regard to levels of competition. This has been a year in which many coaches have commented to me that the level of competition is evening out in all classifications across the state.

One of the many obstacles that we had to endure this spring was TAKS testing. This year we had TAKS testing the same week as the Softball Bi-District Playoff certification. Tests were administered Tuesday through Friday of that week. We all know how difficult it is to practice more than a couple of days in a row. These kids want to play games not practice. How do you keep them focused practicing 4 days without a game?

Another conflict that always arises in the spring is with our multi-sport athletes. The softball playoffs and regional and state track meets always throw a wrench into the play-off scheduling. To me, this is a no brainer. If an athlete has qualified for regional or state track, and her softball team is still in the playoffs, the opponent should try to work with that school allowing that athlete to compete in both softball playoffs and regional and state track. As a coach I think it is a disservice to our profession to make our elite athletes choose. Let them shine in both sports if at all possible.

One of the biggest dates in a high school girl's life is Senior Prom. Every school has one so all of us have to deal with it. Even if your season happens to be over before Prom, the girls will, and do, talk about it during practice. Again, how do you keep the girls focused during practice? During games? And, what do you do if your school's prom is Friday night during a play-off round and the coach of the other team is wanting to play Friday night? I know that sometimes we have to make tough choices

in life, but please try to be considerate. It's not only a big day for your seniors, in some cases it can be a financial loss for the family when you consider the cost of the dress, limo, etc.

As I wrote all of the above, we just recently had another issue throw us a major curve ball. The Swine Flu came into our lives. Because of this the UIL had to put a hold on all activities. Two weeks without playing a game. This meant lots of practice time. Again, how do you keep the players focused for a game that is two weeks away? Rescheduling games. Searching for umpires, sites, etc. Then having to scramble all again because the ban on playing was lifted early. I am thankful that the H1N1 virus doesn't seem to be as bad as it first was thought but it sure did make a lot of coaches grow a few extra gray hairs.

All in all it has been a season to remember. Not just for the bad things that came our way but because of the good things as well. Our sport has come a long way in a

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# TGCA Summer Clinic



## TGCA Summer Coaches Clinic

AUSTIN CONVENTION CENTER

JULY 13-17, 2009

### REGISTRATION FORMS

This year we will NOT be mailing out 2009-2010 Registration Forms for Membership & 2009 Summer Clinic. Registration forms can now be found on the TGCA website under "Summer Clinic." You can download the form or call us and we'll be happy to fax you one.

### ONLINE REGISTRATION

Online registration is now available for the 2009-2010 Membership and Summer Clinic on the TGCA website. It is easy and quick! Immediate registration is available by using your VISA or MASTERCARD. TGCA members are encouraged to use the online registration to pay for their membership and clinic fee. You can access registration on the TGCA website under "Membership Site."

### ON-SITE REGISTRATION

Registration will also be available onsite at the 2009 Summer Clinic beginning Tuesday, July 14th at 7:30 a.m. in the Austin Convention Center.

### HOTEL INFORMATION

You can now make your hotel reservations online via the TGCA website under "Summer Clinic." Hotels have been most helpful in giving us their best possible rates. This year we will be using the following hotels:

#### Residence Inn Austin Downtown/Convention Center

300 E. 4th Street - Single/Double/Triple/Quad = \$119

#### Crowne Plaza Hotel Austin

6121 North IH-35 - Double (4 people)/King (2 people) = \$115

#### Hampton Inn & Suites Austin – Downtown

200 San Jacinto Blvd - Double \$129/King \$119/King Suite w/ sleeper \$179  
(rates include free continental breakfast, Parking is by "valet only" @ \$18 per day)

#### Holiday Inn – Austin Town Lake

20 North IH-35 - Single (2 people) = \$109

#### Omni Austin Hotel Downtown

700 San Jacinto & 8th Street - Single & Double \$109/Triple \$119/Quad \$129

#### Omni Austin Hotel at Southpark

4041 Governor's Row - Single & Double \$109/Triple \$129/Quad \$149

#### Radisson Hotel & Suites Austin – Town Lake

111 Cesar Chavez - Single \$109/Double \$119/Triple \$129/Quad \$139

**NOTE:** You cannot call these hotels directly and get the TGCA rates, you can only get them online through the TGCA website.

# TGCA Summer Clinic

## TGCA Summer Coaches Clinic Schedule

AUSTIN, TEXAS

TIME	EVENT	NO.	SITE
<b>Monday, July 13</b>			
2:00	Orientation of Softball All-Stars	#1	St. Edward's Hampton Inn & Suites 200 San Jacinto Convention Center
4:30	TGCA Directors Meeting		
6:00	Board of Directors Dinner		
<b>Tuesday, July 14</b>			
7:00 a.m. and 12:30 p.m.	Golf Tournament	#2	Pine Forest Golf Club 636 Riverside Dr., Bastrop, TX McCombs Field Convention Center Convention Center
8:30 - 11:00	Softball Demonstration		
10:00 - 4:00	Registration		
10:00 - 5:00	Exhibitors Set up (No one allowed in Exhibit Hall)		
1:00	Orientation of Volleyball All-Stars		
4:00	1A-2A-3A Softball Pre-Game		
4:30	1A-2A-3A Softball Game		
6:30	4A-5A Softball Pre-Game		
7:00	4A-5A Softball Game		
9:00	Welcome Social		
<b>Wednesday, July 15</b>			
8:00 - 5:00	Exhibit Hall Open to the Public	#3	Convention Center Convention Center
8:00 - 5:00	Registration		
8:30 - 11:00	Volleyball Demonstration	#4	St. Edward's
8:30 - 9:30	Track & Cross Country Update - UIL	#5	Ballroom G
9:00 - 10:00	Basketball Lecture Ann Roubique, Cy Fair High School	#6	Ballroom D
9:00 - 10:00	Softball Lecture	#7	18 ABCD
9:00 - 10:00	Special Lecture Dr. Jim Peterson		Ballroom EF
10:00	Orientation of Basketball All-Stars		St. Edward's

# TGCA Summer Clinic



TIME	EVENT	NO.	SITE
<b>Wednesday, July 15</b>			
10:30 - 11:30	Basketball Lecture Steve Gomez, Lubbock Christian University "3 Out 2 In - Movement, Shooting Drills & Set Plays"	#8	Ballroom D
10:30 - 11:30	Track & CC Lecture Renee Gerbich, Judson High School "Sprint Training"	#9	Ballroom G
10:30 - 11:30	Softball Lecture	#10	18 ABCD
10:30 - 11:30	Special Lecture Cathy Supak, Clear Brook High School "What Coaches Need to Know About Concussions"	#11	Ballroom EF
12:00 - 1:00	Sub-Varsity Softball Lecture Rose Ruffino, Austin Bowie High School "Softball Checklist - What You Need to Do Before Your First Game"	#12	18 ABCD
12:00 - 1:00	Volleyball Lecture Ryan Mitchell, Lucas Lovejoy High School "The Not So 'Natural Progression'. Training Athletes From 7th - 12th Grade to Win Championships"	#13	Ballroom EF
12:00 - 1:00	Track & Cross-Country Lecture Dave Fulkerson, Champion High School, Boerne "An Overview of Boerne Distance Running"	#14	Ballroom G
12:00 - 1:00	Basketball Lecture Steve Gomez, Lubbock Christian University "4 Out 1 In - Movement, Shooting Drills & Set Plays"	#15	Ballroom D
1:00 - 3:00	Honor Awards Luncheon		Omni South Park
1:30 - 2:30	Sub-Varsity Track & Cross-Country Lecture Marisa Maher, Dripping Springs High School "Developing Young Runners"	#16	Ballroom G
1:30 - 2:30	Softball Lecture Brandon Siegel, Shiner High School	#17	18 ABCD
1:30 - 2:30	Sub-Varsity Volleyball Lecture Kathy Stephenson, Cy-Falls High School	#18	Ballroom EF
1:30 - 2:30	Basketball Lecture Leticia Canales, Corpus Christi Carrol H.S. "Strategies to Create Full, 3/4, Half-Court Pressure Defense"	#19	Ballroom D

# TGCA Summer Clinic

TIME	EVENT	NO.	SITE
<b>Wednesday, July 15</b>			
1:30 - 2:30	Tennis Lecture	#20	13 AB
3:00	David Mueller, New Braunfels High School Administrators' Golf Tournament		Roy Kizer Golf Course 5400 Jimmy Clay Dr.
3:00 - 4:00	Track & Cross Country Lecture	#21	Ballroom G
3:00 - 4:00	Deedy Grimes, Canyon High School "Developing a Program Toward 4A" Volleyball Lecture	#22	Ballroom EF
3:00 - 4:00	Donna Benotti, Cy Fair High School "Team Drills" Softball Lecture	#23	18 ABCD
3:00 - 4:00	Vicki Sorensen, Sterling High School Tennis Lecture	#24	13 AB
3:00 - 4:00	Mark Gonzales, Texas State University Director Texas Tennis Acad. "Tennis Made Easy" Sub-Varsity Basketball Lecture	#25	Ballroom D
4:00	April Ellickson, Pflugerville High School "Daily Duties of a JV Coach" Orientation of Track & C.C. All-Star		St. Edward's Burger Center
5:00	1A-2A-3A Volleyball Pre-Game		Burger Center
5:30	1A-2A-3A Volleyball Game		Burger Center
7:00	4A-5A Volleyball Pre-Game		Burger Center
7:30	4A-5A Volleyball Game		Burger Center
<b>Thursday, July 16</b>			
8:00 - 2:00	Exhibit Hall Open to the Public		Convention Center
8:00 - 2:00	Registration		Convention Center
8:30 - 11:00	Basketball Demonstration	#26	St. Edward's
9:00 - 10:00	Special Lecture - State of Affairs	#27	Ballroom EF
9:00 - 10:00	Dr. Charles Breithaupt (UIL) Dr. Mark Cousins (UIL) Sam Tipton (TGCA) Softball Lecture	#28	18 ABCD
9:00 - 10:00	Kyla Holas, University of Houston Volleyball Update -- UIL	#29	Ballroom D

# TGCA Summer Clinic

TIME	EVENT	NO.	SITE
<b>Thursday, July 16</b>			
9:00 - 10:00	Soccer Lecture Jeff Gamble, Lake Travis High School "Using Free Game in Training"	#30	Ballroom G
9:30 - 10:30	Track & Cross-Country Demonstration	#31	Burger Center
10:30 - 11:30	Softball Update -- UIL	#32	18 ABCD
10:30 - 11:30	Volleyball Lecture Judy Green, University of Alabama	#33	Ballroom D
10:30 - 11:30	Special Lecture Kevin J. McHorse, Austin "ACL Prevention"	#34	Ballroom EF
10:30 - 11:30	Soccer Lecture Jimmie Lankford, McKinney Boyd High "Breaking Down the Practice Session Simple to Complex"	#35	Ballroom G
12:00 - 1:00	Softball Lecture Kyla Holas, University of Houston	#36	18 ABCD
12:00 - 1:00	Volleyball Lecture Judy Green, University of Alabama	#37	Ballroom D
12:00 - 1:00	Sub-Varsity Track & CC Lecture Julie Shaffer, Liberty Hill Jr. High School "Developing Young Jumpers (LJ/TJ/HJ/PV)"	#38	Ballroom G
12:00 - 1:00	Basketball Update -- UIL	#39	Ballroom EF
1:00 - 2:00	Visit Exhibit Hall (Exhibits Close at 2:00 p.m.)		Convention Center
1:00 - 2:00	UIL	#40	Ballroom D
2:00 - 3:15	Regional Meetings Region I Region II Region III Region IV Region V Region VI Region VII Region VIII	#41	Ballroom D Southeast Ballroom D Southwest Ballroom D Northeast Ballroom D Northwest Ballroom EF North Ballroom EF South Ballroom G 18 ABCD
3:30 - 4:15	TGCA General Business Meeting	#42	Ballroom D
5:30	1A-2A-3A Basketball Pre-Game		Burger Center

# TGCA Summer Clinic

TIME	EVENT	NO.	SITE
<b>Thursday, July 16</b>			
6:00	1A-2A-3A Basketball Game		Burger Center
6:30	Track & Cross-Country All-Star Introductions		Burger Center
7:30	4A-5A Basketball Pre-Game		Burger Center
8:00	4A-5A Basketball Game		Burger Center
<b>Friday, July 17</b>			
8:00 - 9:30	TGCA Committee Meetings Volleyball Committee 12-B Basketball Committee 13-A Track Committee 13-B Softball Committee 12-A Sub-Varsity Committee 11-AB	#43	
8:00 - 10:00	Registration		Convention Center
9:30 - 10:30	Basketball Lecture	#44	Ballroom D
9:30 - 10:30	Volleyball Lecture	#45	Ballroom EF
9:30 - 10:30	Mick Haley, University of Southern California Track & CC Lecture	#46	Ballroom G
	Todd Harbour, Baylor University "Baylor 400 Training"		
10:45 - 11:45	Basketball Lecture	#47	Ballroom D
10:45 - 11:45	Volleyball Lecture	#48	Ballroom EF
10:45 - 11:45	Mick Haley, University of Southern California Track & CC Lecture	#49	Ballroom G
	Todd Harbour, Baylor University "Baylor Middle Distance"		
12:30 p.m.	TGCA Directors Meeting	#50	12 AB

# TGCA Hall of Fame

## 2009 TGCA HALL OF FAME INDUCTEE

### MELYNN HUNT

#### Professional Profile

I am currently serving as the interim athletic director for the Lubbock Independent School District. Prior to this position, I taught and coached for twenty-three years at the middle and high school levels. I have served as a head coach, girls athletic coordinator and athletic director throughout my career.

#### Employment

2009-Present	Interim Athletic Director - Lubbock ISD
2001-2009	Assistant Athletic Director - Lubbock ISD
1998-2001	Girls Athletic Director/Head Girls Basketball & Track Coach – Haskell ISD
1995-1998	Head Girls Basketball Coach - Monterey High School, Lubbock ISD
1990-1995	Girls Athletic Director/Head Girls Basketball & Track Coach - Jacksboro ISD
1976-1995	Head Girls Basketball Coach - Lubbock-Cooper ISD, Plainview ISD, and Hale Center ISD

#### Professional Affiliations

- Past President – Texas Girls Coaches Association
- Regional Director – Texas Girls Coaches Association
- Past State of Texas Director – National Federation of Interscholastic Coaches Association
- Texas Tech Athletic Council

#### Honors

- Texas Girls Coaching Association 2009 Hall of Fame Inductee
- Seven-time District Basketball Coach of the Year
- Wichita Falls Times Herald Basketball Coach of the Year
- Two-time Fort Worth Star-Telegram Basketball Coach of the Year
- Three-time Lubbock Avalanche-Journal Basketball Class AA Coach of the Year
- Amarillo Globe News Coach of the Year
- Two-time Texas Girls Coaches Association North All-Star Coach
- Texas Association of Basketball Coaches All-Star Coach
- Varsity High School Basketball Coaching record – 527 wins, 203 losses



# TGCA Hall of Fame

## 2009 TGCA HALL OF FAME INDUCTEE

### PHIL SWENSON

#### Employment

2002-2006	Girls' basketball/track coach, Girls' Athletic Director Brownwood ISD
1999-2002	Boys' basketball/football, Girls' track coach Iraan-Sheffield ISD
1996-1999	Girls' basketball/track/volleyball coach Wink-Loving ISD
1990-1996	Girls' basketball/track coach Glasscock County ISD
1979-1990	Girls' Basketball/track coach Hamlin ISD
1975-1979	Girls' basketball/track coach Winters ISD
1969-1975	Boys' basketball/football/track Roscoe ISD

#### Accomplishments

- President of the Texas Girls' Coaches Association
- Board member of the Texas Girls' Coaches Association
- Class A All Star Track of the year
- Basketball clinician at the Texas Girls' Coaches Association, San Angelo Coaches Clinic, Six Man Coaches Clinic
- Basketball game victories 447
- Basketball-- 8 district championships, 6 bi-district championships, 2 area championships, 2 regional semi-finalist
- Basketball-- coached 77 all district players, 8 all-regional players, 2 all-state players, 1 TGCA all star member, 2 TGCA all-star alternates
- Track-- 12 district team championships, 2 area team championships, 7 regional team championships, 4 state team runner up, 3 state team championships
- Track teams set 5 state meet records
- Track-- coached 138 individual regional qualifiers, 35 relay team regional qualifiers, 27 individual state qualifiers, 19 relay team state qualifiers
- Cross Country--coached 1 state qualifier



# TGCA Hall of Fame

## 2009 TGCA HALL OF FAME INDUCTEE

### FLO VALDEZ

#### Employment

##### 1996- Present

1996-Present Varsity Volleyball Coach  
2004-2005 Interim Varsity Basketball Coach  
1999-2001 Varsity Softball Coach

##### Franklin High School

##### 1974-1996

##### Roswell High School

##### 1969-1974

##### Hobbs High School

##### 1967-1969

##### Tatum High School

#### National Organizations

- National Federation High School Coaches Association  
1998 President  
1992-1999 Board of Directors
- USA Basketball  
1992-1996 High School Representative on Women's Player Selection Committee for USA Basketball

#### State Organizations

- New Mexico High School Coaches Association  
First Woman inducted into New Mexico High School Coaches Hall of Honor
- New Mexico Activities Association
- Texas Girls Coaches Association  
2001-2004;  
2007-2010 Board of Directors

#### Professional Affiliations

- National Federation High School Coaches Association
- Texas Girls Coaches Association
- El Paso Coaches Association; President 2005
- American Volleyball Coaches Association
- Women's Basketball Coaches Association



# Golf & Softball News

## The TGCA congratulates its member coaches!

STATE GOLF CHAMPIONS

**2A:** Jamie Walling, Wall High School

**3A:** Becky Hix, Monahans High School

**4A:** Rusty Herridge, Montgomery High School



## 2009 State Softball Tournament Schedule



### Thursday, June 4 Semifinals

1A Semifinals  
8:30 a.m.  
11 a.m.

2A Semifinals  
2:00 p.m.  
4:30 p.m.

3A Semifinal  
7:30 p.m.

### Friday, June 5 Semifinals

3A Semifinal  
8:30 a.m.

4A Semifinals  
11:30 a.m.  
2:00 p.m.

5A Semifinal  
5:00 p.m.  
8:00 p.m.

### Saturday, June 6 Finals

8:30 a.m. Conference 1A Final

11:00 a.m. Conference 2A Final

2:00 p.m. Conference 3A Final

5:00 p.m. Conference 4A Final

8:00 p.m. Conference 5A Final

# State Track Schedule

## Sessions & Running Events

8:00 a.m.: Friday, June 5 - 1st Session: 3200-Meter Runs - 2A, 4A, 1A, 3A  
6:00 p.m.: Friday, June 5 - 2nd Session: 2A & 4A  
8:00 a.m.: Saturday, June 6 - 3rd Session: 3200-Meter Run- 5A  
12:00 noon: Saturday, June 6 - 3rd Session: 1A & 3A  
6:00 p.m.: Saturday, June 6 - 4th Session: 5A

## Friday, June 5

### Field Events

9:00 a.m. Girls': 2A Long Jump; 1A Pole Vault-e

Boys': 2A Discus; 2A Long

Jump; 1A Pole Vault-w

10:00 a.m. Boys': 2A High Jump

10:30 a.m. Girls': 2A Discus; 4A Long Jump

Boys': 4A Long Jump

12:00 noon Girls': 4A Discus; 1A Long Jump; 2A Pole Vault-e

Boys': 1A Long Jump; 2A Pole

Vault-w

12:10 p.m. Girls': 2A High Jump

1:30 p.m. Girls': 3A Long Jump

Boys': 4A Discus; 3A Long Jump

2:00 p.m. Boys': 4A High Jump

3:00 p.m. Girls': 1A Discus; 4A Pole Vault; 2A Triple Jump

Boys': 2A Triple Jump

4:00 p.m. Girls': 4A High Jump

Boys': 2A Shot Put

4:30 p.m. Girls': 4A Triple Jump

Boys': 1A Discus; 4A Triple

Jump

5:00 p.m. Girls': 2A Shot Put

6:00 p.m. Girls': 1A High Jump; 4A Shot Put

Boys': 4A Pole Vault

7:00 p.m. Girls': 3A Triple Jump

Boys': 4A Shot Put; 3A Triple

Jump

8:00 p.m. Boys': 1A High Jump

### Track Events - 3200 Meter Run

8:00 a.m. Girls' 2A 3200-meter run

8:20 a.m. Boys' 2A 3200-meter run

8:40 a.m. Girls' 4A 3200-meter run

9:00 a.m. Boys' 4A 3200-meter run

9:20 a.m. Girls' 1A 3200-meter run

9:40 a.m. Boys' 1A 3200-meter run

10:00 a.m. Girls' 3A 3200-meter run

10:20 a.m. Boys' 3A 3200-meter run

### 2A & 4A Track Events

(Schools will compete in the order 2A, 4A)

6:00 p.m. Girls 400-meter relay

6:10 p.m. Boys 400-meter relay

6:20 p.m. Girls 800-meter run

6:30 p.m. Boys 800-meter run

6:45 p.m. Girls 100-meter high hurdles

6:55 p.m. Boys 110-meter high hurdles

7:05 p.m. Girls 100-meter dash

7:15 p.m. Boys 100-meter dash

7:25 p.m. Girls 800-meter relay

7:35 p.m. Boys 800-meter relay

7:45 p.m. Girls' 400-meter dash

7:55 p.m. Boys' 400-meter dash

8:05 p.m. Girls 300-meter low hurdles

8:15 p.m. Boys 300-meter intermediate hurdles

8:25 p.m. Girls 200-meter dash

8:35 p.m. Boys 200-meter dash

8:45 p.m. Girls 1600-meter run

8:55 p.m. Boys 1600-meter run

9:05 p.m. Girls 1600-meter relay

9:15 p.m. Boys 1600-meter relay

## Saturday, June 6

### Field Events

9:00 a.m. Girls': 3A Pole Vault

Boys': 3A Discus

10:00 a.m. Girls': 1A Shot Put; 1A Triple Jump

Boys': 3A High Jump; 1A Triple

Jump

10:30 a.m. Girls': 3A Discus

11:00 a.m. Boys': 1A Shot Put

11:30 a.m. Girls': 5A Long Jump

Boys': 5A Long Jump

12:00 noon Girls': 3A High Jump

Boys': 3A Pole Vault

1:00 p.m. Girls': 3A Shot Put

2:00 p.m. Boys': 3A Shot Put

2:30 p.m. Girls': 5A Discus

3:00 p.m. Girls': 5A Pole Vault

4:00 p.m. Girls': 5A Triple Jump

Boys': 5A Discus; 5A Triple

Jump

5:00 p.m. Girls': 5A High Jump

6:00 p.m. Boys': 5A Pole Vault; 5A Shot

Put

7:00 p.m. Girls': 5A Shot Put

Boys': 5A High Jump

### Track Events - 3200 Meter Run

8:00 a.m. Girls 5A 3200-meter run

8:20 a.m. Boys 5A 3200-meter run

### 1A & 3A Track Events

(Schools will compete in the order 1A, 3A)

12:00 noon Girls 400-meter relay

12:10 p.m. Boys 400-meter relay

12:20 p.m. Girls 800-meter run

12:30 p.m. Boys 800-meter run

12:45 p.m. Girls 100-meter high hurdles

12:55 p.m. Boys 110-meter high hurdles

1:05 p.m. Girls 100-meter dash

1:15 p.m. Boys 100-meter dash

1:25 p.m. Girls 800-meter relay

1:35 p.m. Boys' 800-meter relay

1:45 p.m. Girls' 400-meter dash

1:55 p.m. Boys' 400-meter dash

2:05 p.m. Girls 300-meter low hurdles

2:15 p.m. Boys 300-meter intermediate hurdles

2:25 p.m. Girls 200-meter dash

2:35 p.m. Boys 200-meter dash

2:45 p.m. Girls 1600-meter run

2:55 p.m. Boys 1600-meter run

3:05 p.m. Girls 1600-meter relay

3:15 p.m. Boys 1600-meter relay

### 5A Track Events

6:00 p.m. Girls 400-meter relay

6:05 p.m. Boys 400-meter relay

6:10 p.m. Girls 800-meter run

6:15 p.m. Boys 800-meter run

6:25 p.m. Girls 100-meter high hurdles

6:30 p.m. Boys 110-meter high hurdles

6:35 p.m. Girls 100-meter dash

6:40 p.m. Boys 100-meter dash

6:45 p.m. Girls 800-meter relay

6:50 p.m. Boys' 800-meter relay

6:55 p.m. Girls' 400-meter dash

7:00 p.m. Boys' 400-meter dash

7:10 p.m. Girls 300-meter low hurdles

7:15 p.m. Boys 300-meter intermediate hurdles

7:25 p.m. Girls 200-meter dash

7:30 p.m. Boys 200-meter dash

7:35 p.m. Girls 1600-meter run

7:45 p.m. Boys 1600-meter run

7:55 p.m. Girls 1600-meter relay

8:05 p.m. Boys 1600-meter relay

# Important Dates



## LaQuinta - Official Hotel of TGCA

Coaches, teams and fans can receive preferred rates through the LaQuinta toll-free central reservations number 1-800-531-5900. This rate will also apply to reservations made directly with LaQuinta Hotels, as well as, via the internet at [www.lq.com](http://www.lq.com) using the corporate/promotional code of TGCA. These rates are good for both business and leisure travel, seven days a week, for standard and king bedded room types coast to coast.



## May

30 Softball Regional playoff deadline

## June

1 TGCA Softball 12:00 noon deadline for All-State, All-Star, & Acad. All-State nominations  
 4-6 Softball State Tournament  
 5-6 Track & Field State Tournament  
 7 Board of Directors' Meeting - UIL Building 11:00 a.m.  
 16 Legislative Council Athletic Committee Meeting (Austin)

## July

13 TGCA Board of Directors Meeting  
 13-17 TGCA Summer Coaches Clinic - Austin  
 23 Athletics: Last day for summer strength/conditioning programs.

## 2009 Wow What a Season (cont.)

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very short time. When the UIL adopted softball in 1993, there were only a handful of schools in Texas with a team, and the level of competition between teams was a very wide gap. Today, sixteen years later, we now crown a State Champion in all classifications, and, the gap in the level of competition between the teams in each classification seems to be shrinking. The teams that were once considered the bottom-dwellers are starting to win ball games. Unranked teams are beating ranked teams. Lower classification schools are beating 4A and 5A schools. Pitching is still the key com-

ponent to this sport, but the hitters are really getting better. I love what I am seeing from the players, but most important, I love what I am seeing from the coaches. We have had our fair share and then some of obstacles or distractions to overcome. Oh yeah, and I haven't even mentioned the weather issues we face. Given all of this, you didn't gripe. You just rolled with the punches and kept moving forward., looking forward to the next game, forward to be able to keep working with your teams to make them better every day. Good Luck to everyone still in the playoffs and to everyone else, keep working hard. Your kids deserve it.

## Other Hotel Information

**Crowne Plaza Austin North Central**  
**6121 North IH - 35**  
**Austin, TX. 78752**

For reservations:  
 1-877-2CROWNE (1-877-227-6963)  
 Please refer to TGCA to get your discounted rate of \$109.00 for single or double occupancy. Or you may reserve your rooms online by going to the home page of our website. Crowne Plaza will offer this rate year around for business or pleasure.

## Josten's Only Ring Sponsor for TGCA

The only rings furnished by the Texas Girls Coaches association are for our state champion coaches and president. These rings are supplied by our long time corporate sponsor Josten's. Alan Garland, from Fort Worth, is our representative. TGCA has not been contacted and has no affiliation or agreement with any other individual or ring company.

### TGCA News

TGCA News is the official newsletter of the Texas Girls Coaches Association, 1603 Manor Rd., Austin, TX 78722-2536; (512) 708-1333, (512) 708-1325 (fax), [tgca@austintgca.com](mailto:tgca@austintgca.com) (e-mail); It is published nine times per year, September through May.  
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### TGCA on the Web

Polls, as well as other current information, can be found on the TGCA Web site at: [www.austintgca.com](http://www.austintgca.com).

### Did you move?

Please notify the TGCA office if your school, home address, telephone number or coaching assignment changes.

### UIL eligibility / Sport rule questions

If you have any questions on eligibility or sport rule interpretations, contact the UIL at (512) 471-5883.

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