



TGCA NEWS

MAY 2024



2023-2024 TGCA OFFICERS



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cover and right photos courtesy Jessica Cardenas



MULTISPORT ATHLETES AND SOFTBALL

Melissa Hall | Georgetown HS | **TGCA Softball Committee Chair**



Multi-Sport Athlete.

The phrase that seems to be the biggest coined phrase of the last few years of high school athletics and a term that some of us have developed a love/hate relationship with. To some, multi-sport athletes are a major part of a successful program and to others, these athletes are few and far between.

We see the images of Patrick Mahomes and Jalen Hurts and use these athletes as prime examples of multi-sport athletes who have had success at the highest level. Mahomes attended 5A, Whitehouse HS, where he played football, basketball and baseball. Hurts attended 6A, Channelview HS, where

he played football and Powerlifting.

But what about multi-sport athletes in female sports, and specifically, softball? Insert, Cat Osterman. One of the biggest names in our sport played volleyball for 1 year and basketball all 4 years at 5A, Cy Springs High School, which was the largest classification of schools at that time. She says “being a multi-sport athlete is a great thing. It allows athletes to be athletic in ways that sport specific training doesn’t give. I played basketball which gave me the endurance I need for pitching because it’s a long period of time with short bursts of energy up and down the court. The body has to be able to act in-

stinctually and you can’t replicate that in practices, but other sports can.”

So what does being a multi-sport athlete mean in our world today and how do we, as coaches, do better to encourage and share athletes? To me, sharing is the biggest hurdle that all coaches face when it comes to multi-sport athletes. I think if every coach is honest with themselves, we all want our “elite” athletes to be with us daily. We feel like the individual and the program will be “behind” because they have not been in off-season workouts and built that team chemistry during those workouts. But what does this do to the other programs on campus and is this what

is best for the athlete? As coaches, it is our responsibility to do what is best for the athlete, their development, and to give them the best high school experience.

This act of sharing will look different from not only each classification of school but program to program. Sharing athletes with a previous successful program means that you may not see your short stop until tournament season nears the end and district season is starting - if the athlete also plays varsity basketball. There needs to be a give and take from both sports. The basketball coach must relinquish some time to softball just like softball gives time to basketball. Cat commented that in her experience, the basketball and softball coaches communicated frequently knowing that she wanted to participate in both sports. The softball coach attempted to schedule scrimmages on days other than Tuesday/Friday and the basketball coach allowed her to play in those scrimmages that did not interfere with game days. If basketball had an “off day” or if practice ended early, she was able to attend softball practices. To me, this is the gold standard of sharing athletes that we should all strive to work towards.

So what about other sports? What about track that coincides with softball season? I have coached at both the 4A and 5A level



2023 Georgetown Varsity Softball team supporting teammate, Kynleigh Ball, compete in relays at a home track meet

MULTISPORT ATHLETES AND SOFTBALL

and shared track athletes at both levels. Each level came with its own unique set of challenges based upon practice schedules. At the end of the day, communication is key. At Fredericksburg, the track athletes who were sprinters would leave softball practice early to complete their running workout and I would hold them out of doing softball conditioning. Throwers would be on a different schedule based upon their specific track coach and when she was available. Some days this meant that the athlete attended track during the class period and softball after school. On meet days, we always did our best to have the athlete participate in both and for games or playoffs, our athletic director would drive a school suburban to transport athletes to events.

At Georgetown, I currently have a varsity player that also runs on our varsity 4x200 and 4x400 relay teams. The track coach and I communicate weekly on practice and meet schedules. During tournament season the athlete usually fits in a track practice before school and will attend meets after we complete tournaments, when possible. After the tournament season, the athlete will miss softball practice and attend at least 1 track practice a week while trying to get another workout in the morning.

Perennially successful softball programs across the state of Texas see the positive impact from multi-sport athletes. Dripping Springs' coach, Wade Womack, uses the track as part of his off-season conditioning pro-



8 out of 15 Calallen Varsity players competing at the district track meet

gram and believes in utilizing speed on the bases. He has multi-sport athletes on a yearly basis and sees it as a positive for his program. Corpus Christi Calallen's coach, Teresa Lentz, also sees the benefits of multi-sport athletes and currently has 6 starters and 8 total players who participate in track. Shiner HS deals with multi-sport but also multi-program sharing. The athletes from the 2A high school not only play almost every sport, but they'll also participate in FFA, UIL Academic programs and more. Coach Jason Keller states that "there are some weeks where multi-sport athletes may only get 2 hours of practice time per week based upon their schedules and that outside individual work is crucial. Multi-sport

athletes must find some time to devote to their skill development outside of the school day in order to be the most successful they can for every program."

And what about athlete burnout? We are seeing a large number of single sport athletes who advance to the next level and end up quitting prior to completing their 4 years in college because they are simply burned out by devoting so much time to one sport. They are exhausted from the travel, games, tournaments, team practice, individual practice, personal training and individual lessons - everything that they think they need to play at the next level. We need to encourage athletes to focus on themselves both mentally and physically. Playing mul-

ti-sports can help reduce burnout and improve mental health. Sometimes, playing a 2nd sport can teach the athlete how to have fun again and not stress about the outcome and how it will affect their potential collegiate or future athletic career.

At the end of the day, multi-sport athletes can work for you and your program! Not only should multi-sport athletes be encouraged but we, as coaches, should do a better job at finding ways to allow them to be successful in all sports.

Summer Training Done Right

Summer training is a great opportunity to level up your skills and knowledge in a specific area. Whether you're a student looking to enhance your academic performance or a professional aiming to advance in your career, making the most out of your summer training is crucial. In this blog post, we will explore how you can maximize your summer training to supercharge your skills effectively.

Setting Clear, Achievable Goals for Your Training

The foundation of any successful summer training lies in the establishment of well-defined, attainable objectives. It's essential to pinpoint exactly what you hope to accomplish during your training period. This could range from acquiring a new skill set, enhancing existing knowledge, or even breaking into a new hobby or field. Once your targets are set, break them down into smaller, manageable milestones. This approach not only simplifies the path toward your ultimate goals but also provides regular checkpoints to celebrate progress and maintain motivation. Additionally, consider setting SMART goals—specific, measurable, achievable, relevant, and time-bound. This framework ensures that your objectives are not only clear and reachable but also aligned with your broader aspirations and accompanied by a realistic timeline. Establishing such goals lays a solid groundwork for a fruitful summer training experience, steering your efforts in the right direction and paving the way for tangible improvements in your chosen area of focus.

Creating a Structured Yet Flexible Training Schedule

Crafting a balanced training schedule is pivotal for maximizing the efficacy of your summer training. It involves delineating specific times during your day or week solely for the purpose of engaging in your training activities. This regular commitment ensures a steady trajectory towards achieving your goals. Nonetheless, it's imperative to infuse this schedule with a degree of flexibility. Life can be unpredictable, and being too rigid might hamper your progress should unforeseen circumstances arise. For instance, if an unexpected opportunity for hands-on experience presents itself, having the ability to shift your schedule can significantly enhance the quality of your training. Moreover, integrating flexibility allows for a more sustainable approach, accommodating personal obligations and preventing burnout. Embracing this balanced strategy enables you to stay on course, all the while adapting as necessary to optimize your summer training results.

Leveraging Online Resources and Community Support

In the era of digital learning, harnessing the power of online resources and the global community is a game-changer for those engaged in summer training. The internet is brimming with

educational platforms, tutorials, webinars, and courses across virtually every subject imaginable. Diving into these resources can significantly broaden your knowledge base and provide access to cutting-edge information and techniques relevant to your training goals.

Furthermore, the digital age facilitates connections with peers, mentors, and experts worldwide. Joining dedicated forums, social media groups, or online communities related to your field of study can be immensely beneficial. These platforms offer a space for discussion, sharing challenges, and exchanging advice. Engaging with these communities not only enhances your learning experience but also builds a support network that can inspire and motivate you throughout your summer training journey.

Additionally, many professionals and educators are more accessible online than ever before. Reaching out for guidance, participating in live Q&A sessions, or attending virtual workshops can provide personalized feedback and insights that enrich your training.

Embracing these digital resources and community networks opens up a treasure trove of opportunities for learning, growth, and connection. By actively seeking out and engaging with these online tools, you position yourself to maximize the benefits of your summer training, all while fostering a sense of belonging within a global community of learners.

Implementing Practical Applications of Learned Skills

One critical component of maximizing your summer training involves transitioning theoretical knowledge into actionable practice. This step is vital for cementing your newfound skills and truly understanding their application in real-world scenarios. Consider seeking opportunities that allow you to employ these skills actively. This could be through contributing to projects that resonate with your training, engaging in relevant competitions that challenge your proficiency, or offering your services in a volunteer capacity that complements your learning objectives. These practical experiences not only validate your learning but also immerse you in environments that demand problem-solving and innovation. Engaging in such activities enhances your adaptability and readiness for professional challenges, while also significantly enriching your resume. Beyond the personal growth and skill enhancement, this direct application fosters networking opportunities with peers and industry professionals, opening doors to future career prospects. Embracing the practical application of your summer training's learnings will not only solidify your comprehension but will also spotlight your dedication and capability in your field of interest, setting a strong foundation for your continued growth and success.



BSN SPORTS

Reflecting on Your Progress and Adjusting Accordingly

Throughout your summer training journey, consistently evaluating your performance against your set goals is essential. This process enables you to recognize the milestones you've achieved and pinpoint areas requiring further development. Celebrating your victories is as important as acknowledging where adjustments are needed. This ongoing evaluation serves as a feedback loop, helping to steer your training efforts more effectively.

Reflection isn't just about looking back; it's a proactive step towards optimizing your approach. Consider if your current strategies are aligning with your objectives or if there's a need to pivot. Are there additional resources or support networks that could elevate your learning experience? This phase of introspection allows for a dynamic and responsive training plan, ensuring that your efforts remain aligned with your aspirations.

It's also a time to re-evaluate your goals. Perhaps you've surpassed your initial expectations, or maybe you've discovered new interests along the way. Adjust your objectives accordingly to maintain relevance and challenge. Remember, the landscape of learning and development is ever-evolving, and so should your summer training strategy.

By embracing this cycle of reflection and adjustment, you cultivate a mindset of continuous improvement. This practice not only enhances the impact of your summer training but also ingrains habits that contribute to lifelong learning and success.



photo courtesy Jessica Cardenas

TGCA HALL OF FAME INDUCTEES



CURTIS ENIS
ALVORD HS

Graduated in the top 5 of class of '84 and a 4 sport letterman from Decatur High School. I went on to Southwest Texas State University and earned a B.S. in Education degree with a Major in Mathematics and a Minor in Physical Education in 1988. My coaching career began at Era ISD ('88-'89), Alvord ISD ('89-'08), Mansfield HS ('08-'09), Saint Jo ISD ('09-'11), Alvord ISD ('11-'14) and Burseson HS ('14-'19), Retired in June 2019 - present.

Sports:

Cross Country: Head Girls Coach (27 years)
1,188 Career Coaching Points

Teams:

- 16 District Titles / 14 in a row: ('92 - '05, '10, '11)
- 25 Straight Regional Appearances
- 7 Regional Titles / 4 in a row ('96 - '99, '04, '05, '11)
- 18 State Appearances / 14 in a row (1992-2005, 2010-2013)
- 2 State Titles ('98, '99)
- 4 State Runner Up Teams ('97, '00, '01, '02)
- 3 Bronze Medalist Teams ('96, '03, '05)
- 9x in 10 year span finished 1st, 2nd, or 3rd at State Meet (1996-2005)
- 14 Top 5 State Teams in 18 years (1992-94, 1996-05, 2011)

Individuals:

- 15 Top 10 Runners at the State Meet (1992-1995, 1997-2004)
- 6 Top 5 Runners at the State Meet (1995, 1998, 2000 - 2003)
- 2 State Meet Runner Up (2000, 2001)
- 1 State Champion (2002)
- 116 State Meet qualifiers
- 10 All State Runners (TGCA)
- 6 College runners

Miscellaneous:

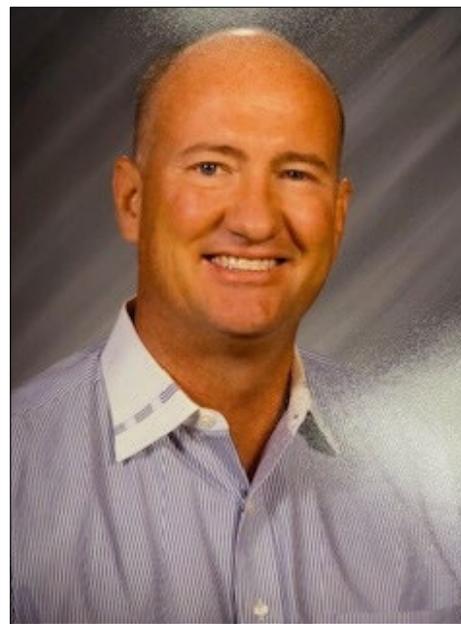
- CCCAT Lecturer
- TGCA Board Of Directors
- TGCA All State Selection Committee



KARIN KEENEY
LEWISVILLE HEBRON HS

Karin Keeney was born and raised in Elgin, Illinois a suburb of Chicago. She attended Truman University in Missouri where she played 4 years of Volleyball and 1 year of Softball. After graduation in 1986, Coach Keeney took a job in South Texas, first in Weslaco (4 years) and then in Mercedes (6 years) where she became the Head Volleyball Coach. After 10 years in the Rio Grande Valley, she came to the Dallas area as an assistant and then became Head Coach at Lewisville High School. Coach Keeney opened Hebron High School in Lewisville ISD in 1999 as the Head Volleyball Coach and has been there ever since (25 years)!!

Hard work, talented coaches, dedicated parents and committed players have led Hebron to six State Tournament appearances claiming the title 5 times in 2004 (4A), 2010 (5A) 2015 (6A) 2016 (6A) and 2017 (6A). Coach Keeney, along with her players, has received multiple District, Area and State honors, including the UIL Sponsor Excellence Award, and Coach of the Year. Additionally, she was selected to coach the All-Star teams for TGCA and TAVC.



DANNY WRENN
PLAINVIEW HS
(POSTHUMOUSLY)

A native of Seminole, Texas, Danny Wrenn's college career brought him to Wayland Baptist University in 1981 playing for the Pioneers. He returned to Plainview as an assistant coach for the Lady Bulldogs in 1987, joining Kathy Harston's staff. In 1989, Wrenn took the head coach position and remained on the sidelines of the Dog House for more than three decades.

During Wrenn's 33 year career in Plainview, the Lady Bulldogs missed the playoffs just two times, advancing to the Regional tournament 10 times with five state-tournament appearances. The Plainview Hall of Honor inductee created a dynasty in Plainview. He brought home three straight 5A UIL State Championships between 2001-2003 and a state runner-up finish in 2004. The Lady Bulldogs went a combined 105-4 record between 2001-2003 losing only one game in 2001 and 2002.

Wrenn is one of the winningest girls basketball coaches in Texas high school history. Taking over the Lady Bulldog program in 1989, Wrenn accumulated 774 career victories with many district titles and area championships.

Danny retired from Plainview following the 2019-2020 season spending the following year leading the girls' program at Kingdom Prep. Needless to say, Wrenn's commitment, empathy, love, passion, drive, and support for the game was seen and felt; however, the love he had for his players was embraced by an entire community. The traditions and lasting impact goes beyond the uniform.

The Dog House remains intact today with display cases filled with gold balls and

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TGCA SPORTSWRITERS OF THE YEAR

BRICE CHERRY WACO TRIBUNE DIVISION I

Brice Cherry has spent nearly 26 years in the sports department of the Waco Tribune-Herald, including the last 12 years as Sports Editor. In that capacity, he has covered a variety of sports at Baylor University and McLennan Community College, but has a longtime love for covering high school athletics for the roughly 70 public and private high schools in the Trib coverage area.

Brice has been blessed to win a variety of awards over the years, including honors from Cox Newspapers, the Associated Press Sports Editors Association, the Texas Sports Writers Association, the Associated Press Managing Editors Association, the Texas Press Association, and the Texas High School Coaches Association. He is a three-time winner of the Fred Hartman Excellence in Sportswriting Award and a four-time winner of the Celeste Williams Star Sportswriter of the Year Award.

Brice grew up in Brenham, Texas, and his freezer never runs out of Blue Bell Ice Cream. He is a 1991 graduate of Brenham High School and a 1995 graduate of Oklahoma Baptist University. He spent two-and-a-half years as Sports Editor of his hometown paper, the Brenham Banner-Press, before joining the Waco Trib staff in 1998. Last July, Brice celebrated 25 years at the Trib and then celebrated 50 years on the planet the very next day. He has been married to Janet – the beauty and brains of the Cherry Family operation – for 23 years, and they have two children: Cooper, who will be a sophomore at Texas A&M in the fall, and Millie, who will be a junior at Midway High School in the Waco area.



CARL WAITS DRIPPING SPRINGS CENTURY NEWS DIVISION II

Born: January 22, 1942 at Durango, Texas
Grew up in Rogers, Texas.
Graduated from Rogers High School 1959
Graduated from Sam Houston State 1963 (BS) 1965 (MEd)

Married to Carolyn Sue (Susie) Waits 62 years 1962

One son (Tim); two granddaughters (Emily, Allison); great-grandson (Daniel)

Teacher and coach at Dripping Springs ISD for 30 years (65-96)
Bus driver for DSISD 29 years (96-)

Coaching stints: Head football (12); Head boys basketball (5); Head track (8); Head baseball (3); Head golf (13); Middle School

Sportswriter for local newspaper over 45 years, the last 34 with Dripping Springs Century-News.

Accomplishments

Published a book on the history of Dripping Springs.
Researched and compiled the history of all Dripping Springs sports.
Compiled all the team and player varsity stats to set up team and player school records. All can be found on school website



MARGARET MCKOWN DISTINGUISHED SERVICE AWARD

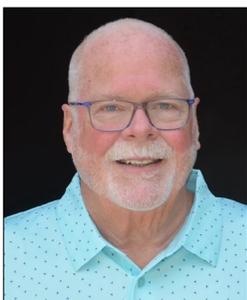
SCOTT MAGNESS ARLINGTON CONVENTION CENTER

Scott Magness is a seasoned professional with a lifelong commitment to excellence in event coordination and management. Born in 1960, Scott's journey into the world of events began shortly after graduating from Richland High School in 1978. He initially delved into the automotive industry, gaining valuable experience in various roles until 1985.

During his formative years, Scott also dedicated himself to part-time positions at the Will Rogers Memorial Center, where he honed his skills in ice operations and food & beverage services from 1975 to 1980.

In 1986, Scott transitioned into a full-time role at the Tarrant County Convention Center as an Event Coordinator. Over the next seven years, he demonstrated exceptional proficiency in coordinating a wide range of events, earning the respect of colleagues and clients alike.

In 1990, Scott furthered his education and professional development by graduating from the IAAM PAFMS School at Oglebay. His commitment to excellence was further underscored by obtaining



certification from the IAAM Crowd Management Seminar.

Scott's dedication to the event industry extended beyond his professional roles. As a former board member of the Tarrant County Hotel Sales and Marketing Association he actively contributed to the advancement of hospitality management practices in his community.

In 1993, Scott embarked on a new chapter in his career by joining the City of Arlington, Texas, where he served at the Arlington Convention Center for over two decades. Initially employed as an Event Coordinator, Scott's exemplary service and performance led to his eventual appointment as the Convention & Event Administrator. He retired in 2021 from the City of Arlington. Throughout his tenure, he played a pivotal role in overseeing the execution of countless successful events, earning a reputation for his meticulous attention to detail and unwavering dedication to client satisfaction.

Beyond his professional endeavors, Scott finds joy and relaxation in his 34-year marriage to Nancy. In his leisure time, he indulges in his passions for travel, golf, skiing, and beach outings with Nancy and their son, Newman, enriching his life with diverse experiences and creating cherished memories.

Scott has been a consummate professional whose extensive experience, unwavering commitment, and passion for excellence elevated the standards of every endeavor he has undertaken.

WRENN

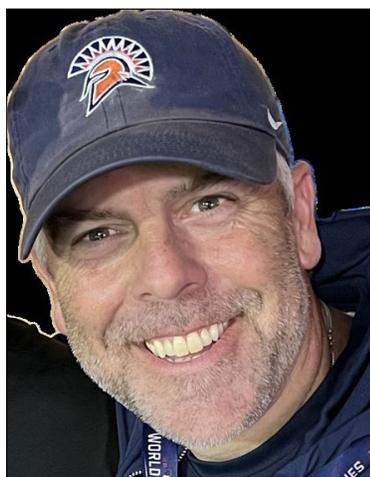
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memorabilia, McDonald's All-American jerseys of great players who displayed the heart and passion to be a Lady Bulldog, and banners that surrounded the walls of the gym. However, the court at the Dog House was updated and replaced following his retirement, naming it the Danny Wrenn Court.

In the words of the late Danny Wrenn, "It's a great day to be alive!"

2023-24 SUB-VARSITY/MIDDLE SCHOOL COACHES OF THE YEAR

COACH	SCHOOL	SPORT	CONF.
Micki Templeton	Brady MS	Sub-Varsity Cross Country	1A-4A
Katie Gove	Canyon Randall JH/HS	Sub-Varsity Volleyball	1A-4A
Haley Halvorson	Aledo HS	Sub-Varsity Volleyball	5A-6A
Stacey Wardrup	Jacksboro HS	Sub-Varsity Cheerleading	1A-6A
Roe Burleson	Barksdale Nueces Canyon JR/SR HS	Sub-Varsity Basketball	1A-4A
Emily Mainord	Frisco Wakeland HS	Sub-Varsity Basketball	5A-6A
Matt Spears	Canyon HS	Sub-Varsity Track & Field	1A-4A
Aaron Mouser	Argyle HS	Sub-Varsity Track & Field	5A-6A
Steven Poss	Katy Seven Lakes HS	Sub-Varsity Soccer	4A-6A
Jared Smith	Mt. Belvieu Barbers Hill HS	Sub-Varsity Softball	5A-6A
Jason Cabe	Brownfield HS	Sub-Varsity Tennis	1A-4A
Matt Spears	Canyon HS	Middle School Cross Country	1A-4A
Katy Palacios	Giddings MS	Middle School Volleyball	1A-4A
Pat Potts	Aspermont HS	Middle School Basketball	1A-4A
Megan Young	Terra Vista MS	Middle School Track & Field	5A-6A
Caitlin Rolens	Katy Seven Lakes JHS	Middle School Soccer	4A-6A
Jessie Behal	Gonzales HS	Middle School Tennis	1A-4A



Steven Poss - Katy Seven Lakes HS



Pat Potts - Aspermont HS



Matt Spears Canyon HS



Megan Young - Terra Vista MS



Roe Burleson - Barksdale Nueces Canyon HS

TGCA POSTSEASON AWARDS

CONGRATULATIONS TO THE FOLLOWING TGCA MEMBER COACHES AND THEIR TEAMS WHO CAPTURED 2024 UIL STATE CHAMPIONSHIPS!

GOLF

COACH	SCHOOL	CONF.
Kade Burns	Mason	2A
Mark Burgen	Andrews	4A

TRACK & FIELD

COACH	SCHOOL	CONF.
Kimberly Williams	Roby	1A
Corby Maurer	Panhandle	2A
Katie Green	Refugio	2A
Stacey Bessire	UC-Randolph	3A
Rachel Easley	Alvin Iowa Colony	4A
LaKeidra Hayes	Lancaster	5A
Yvette Green	Duncanville	6A



Refugio HS - 2A Girls State Track & Field Champions (photo courtesy UIL)

TRACK ATHLETES OF THE YEAR

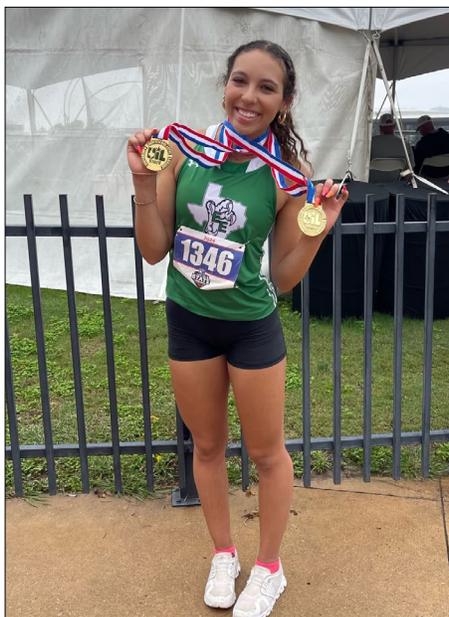
Conf. 1A-2A-3A-4A: Sophia Bendet
UC Randolph HS
(Coach Stacy Bessire)
Conf. 5A-6A: Kailey Littlefield
Lucas Lovejoy HS
(Coach Carly Littlefield)

FIELD ATHLETES OF THE YEAR

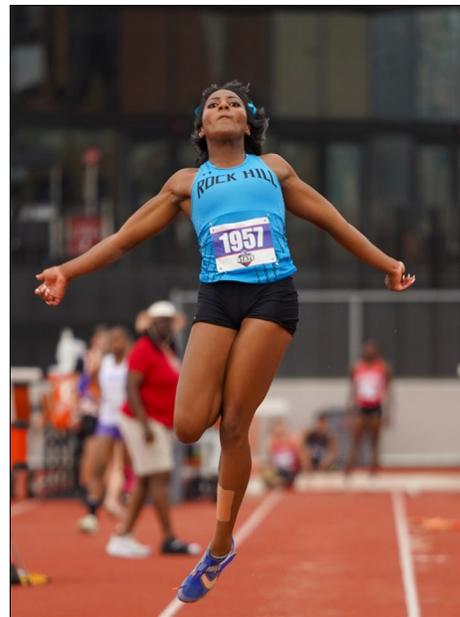
Conf. 1A-2A-3A-4A: Logan Prater
Eldorado HS
(Coach Kelsey Fillmon)
Conf. 5A-6A: Skylynn Townsend
Prosper Rock Hill HS
(Coach Zach Morgan)

TRACK & FIELD COACHES OF THE YEAR

Conf. 1A-2A-3A-4A:
Kimberly Williams, Roby HS
Conf. 5A-6A:
LaKeidra Hayes, Lancaster HS



Logan Prater - Eldorado (photo courtesy TGCA)



Skylynn Townsend - Prosper Rock Hill (photo courtesy UIL)

2024 TGCA SUMMER CLINIC

ARLINGTON CONVENTION CENTER - ATHLETIC & SPIRIT DIVISIONS | JUNE 24-27

Clinic Schedule



photo courtesy Alma Klatt

Summer Clinic will be held in Arlington this year. Clinic will be held at the Arlington Convention Center, 1200 Ballpark Way, with some lectures and registration being held at the Sheraton Arlington, 1500 Convention Center Drive. The Convention Center is conveniently located to all TGCA utilized hotels and sports facilities; Six Flags; Hurricane Harbor; Globe Life Field (Rangers); AT&T (Cowboys) Stadium; Live! By Lowes, and many more attractions.

All-Star activity schedules and venues can be found on the website, www.austintgca.com, under the All-Stars tab in the menu across the top of the page. These will be updated regu-

larly, so be sure to check back on them.

The TGCA Honor Awards Banquet will be held Monday, June 24th, 7:00 p.m., at the Arlington Sheraton Hotel, 1500 Convention Center Drive, with a social hour beginning at 6:00 p.m.

Beginning February 1st, you will have access to on-line Summer Clinic registration and Membership renewal. On-line hotel reservations will open in March. Be sure to register for Clinic, renew your membership, and book your hotel room early! On site Clinic registration will be available, but you are encouraged to register and renew on-line early. It's easy, time-saving and convenient. You MUST book your hotel rooms through the on-line reservation

service to get the TGCA rate. It will be linked to the TGCA website and will appear under "Summer Clinic", and then "Hotel Reservations" when it opens.

If you wish to renew your membership using a printable form rather than on-line, those forms can be found on the TGCA website, www.austintgca.com, under "Summer Clinic" and "Forms", both located in the menu on the left-hand side of the page. Please be sure you choose the "2024-25 Printable Membership Form".

The 2024 TGCA Summer Clinic Agenda has been posted on the TGCA website, www.austintgca.com, and will be updated often as we progress towards Summer Clinic and speakers are verified. We have once again changed the agenda format quite a bit, so be sure you take a look at it. Just go to the website and click on "Summer Clinic" in the menu on the left-hand side of the page. The agenda will be listed under "2024 Summer Clinic Agenda (Athletic and Spirit Divisions)".

We look forward to seeing you in Arlington at the 2024 TGCA Summer Clinic, and we thank you for your continued support of the Texas Girls Coaches Association.

2024 SUMMER CLINIC ARLINGTON HOTELS AND RATES

(You MUST use the Hotel Reservation Services link on the TGCA website under the Summer Clinic tab to get the TGCA rates shown below)

This is not a link to the hotel.

These are merely the hotels we will be using and the rates they have guaranteed TGCA. You must go through the Hotel Reservation Services link on the TGCA website under the Summer Clinic tab to make your actual reservation.

CROWNE PLAZA
700 Avenue H East
\$145.00

DOUBLE TREE BY HILTON
1507 N Watson Road
\$129.00

HILTON ARLINGTON
2401 East Lamar Blvd
\$155.00

HILTON GARDEN INN DALLAS/ARLINGTON
2190 E Lamar Blvd
\$149.00

HOLIDAY INN ARLINGTON
1311 Wet N' Wild Way
\$129.00

SHERATON ARLINGTON
1500 Convention Center Drive
\$145.00

Hotel Reservation Services are now open.

If you need assistance with your reservation, contact information for Orchid Reservation Services can be found within the link for Hotel Reservation Services.

TGCA ALL-STAR PROGRAM

All information is located on the TGCA website under the All-Stars tab in the menu across the top of the page, but here are some quick links:

> [All-Star Itinerary](#)

> [All-Star Game Schedule](#)

TO ALL COACHES: PLEASE UPDATE YOUR PROFILE ONLINE

Coaches,

As soon as possible when your season concludes, please take a few minutes to nominate players for the Texas Sports Writers Association All-State Softball Team.

Players do not have to be seniors, and I don't set a limit

on the number of nominations from a team. Just nominate kids you feel are legitimate all-state players.

To nominate, I need:

- Player(s)
- School
- Classification of school (1A-6A)...

PLEASE INCLUDE THIS

- Position: Please be specific on infield positions (first base, second base, shortstop, third base) and if a player saw time at multiple spots, list her main position or maybe consider her for the Utility spot
- Final season stats:

Deadline to nominate is Monday, June 10.

Please send nominations to: installard@news-journal.com

2024 SUMMER CLINIC EXHIBIT WITH US

TEXAS GIRLS COACHES ASSOCIATION

SUMMER CLINIC AND EXHIBITOR SHOW

ARLINGTON CONVENTION CENTER

June 25-26, 2024

10'X 8' BOOTH: \$450
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For questions or additional Exhibitor information please visit our website or contact:
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(512) 708-1888

TGCA SATELLITE SPORTS CLINICS

TGCA will be hosting two Satellite Sports Clinics in 2024. Registration for all clinics is now open, both on-line and by mail, email, or fax. Printable forms can be found on the website, www.austintgca.com, under the "Forms" category and under the "Other Clinics" category, both located in the menu on the left-hand side of the main page. We would encourage you to do your registration and membership renewal on-line. It's easy, secure and time-saving. However, if you need to print the form(s), just click on the form you want to print, complete it and either snail mail with a check, or fax (512-708-1325) or

email (tgca@austintgca.com) with a valid credit card number. If you need assistance with the on-line process, or need your membership number or password, please just contact us and we will be happy to assist you. If you have changed schools, please contact us. You cannot do that on-line. Agendas for all clinics will be available on the website when ready, and will be updated as speakers are confirmed. We sincerely hope you will join us at one or all of our clinics this year. Thank you for your continued support of the Texas Girls Coaches Association.

2024 REGION I & II ALL-SPORTS CLINIC

Abilene Cooper High School
3639 Sayles Blvd.
Abilene, Texas 79605
June 7
[Agenda](#)
[Registration Form](#)

2024 EL PASO ALL-SPORTS CLINIC

El Paso Bel Air High School
731 Yarbrough Dr.
El Paso, Texas 79915
July 18
[Agenda](#)

CANYON ISD RENAMES RANDALL HS GYMNASIUM TO LESLIE BROADHURST GYMNASIUM

Gary Tipton | Fellowship of Christian Athletes

Joshua 1:9 "Have I not commanded you? Be strong and courageous! Do not tremble or be dismayed, for the Lord your God is with you wherever you go."

Canyon I.S.D. renamed the gym at Randall High School. From now on it will be called the "Leslie Broadhurst Gymnasium."

It was easy for my brother, Sam Tipton, and I not to like Canyon Randall. They tanned our hides too many times on the court. It was and still is much harder not to like their coaches and athletes. Leslie is the only coach the Randall Raiders have ever had in Boys' Basketball. Leslie is living Joshua 1:9 daily as he and his family daily fight the good fight in his battle with a serious illness.

Panhandle Fellowship of Christian Athletes gives a Celebration of Champions Banquet in February of every year. We have many teams that we count on being there every year. Leslie and the Randall Raiders are on the list we count on to be there. Leslie couldn't be there this year as he was at M.D. Anderson Hospital in Houston,

Texas starting treatment. His longtime assistant, Trevor Johnson, had the Randall Raiders there. Leslie had Trevor send him a picture of the team so he could make sure they dressed up and acted right. They did both!

I can't tell you how many coaches we have in Texas that are like Leslie and help facilitate the Gospel message being presented through FCA Huddles being on campuses and communities throughout this state.

I was able to go with Sam and Dr. Charles Breithaupt to see Leslie and the Randall Raiders in fall workout. Dr. Breithaupt and Coach Broadhurst have known each other a long time. They were some of the first to work TABC Basketball Camps. They are longtime friends.

FCA appreciates the opportunities TGCA gives us. Some organizations give you a seat at their table. TGCA allows FCA to have keys of opportunities to their entire house. There is a difference. I have found in my four years with FCA that the doors are opened to us most times by coaches that are members of TGCA. We all know that when girl athletes are involved

in FCA, the boys will follow. That is a given. The greatest gifts we can give family and friends are opportunities to get to know Jesus Christ and confess Him as Lord and Savior!

If you have an interest in FCA, please contact me at 806 241 9139 or email me at gtipton@fca.org I can get you in contact with someone in your area that can help you. My wife, Kay, and I look forward to seeing you at TGCA Summer Clinic in Arlington.

I will end this with what my pastor, Alan Burkhalter, says after most of his sermons. It



simply means to follow Jesus and make disciples as we go.

"Let's Go Sic Em!"



2024-25 TGCA MEMBERSHIP RENEWAL AND CLINIC REGISTRATION INSTRUCTIONS

TGCA would like to take this opportunity to say THANK YOU to our member coaches. The Association only exists because you continue to support it through not only your membership dues and clinic fees, but through your willingness to volunteer when needed, be it serving on a committee, serving on the Board of Directors, nominating your athletes for honors, speaking at one of our clinics, or submitting photographs of your athletes for the Newsletter and website. We truly do appreciate you and want you to always remember that this is YOUR association, and the TGCA staff is here to assist you in any way that we are able.

Membership renewal and clinic registration for all clinics will open February 1st. Effective that day, on-line membership renewal and clinic registration for the 2024-2025 year will become active. Please keep in mind that on February 1st and after that date, if you still need to renew for the 2023-24 year (this year), you will no longer be able to do that on-line, and must print a form from the website to either mail with a check, or fax or email with a credit card number.

On-line membership renewal and clinic registration are through the Membership Site. To access the Membership Site, simply go to the website, www.austintgca.com, and click on the category in the menu on the left-hand side of the page entitled "Membership Site". You will then be required to log in. Your username is your membership number and always will be. That will not change. If you don't remember your password, please contact us and we will be happy to reset it to your membership number for you.

On the home page of the Membership Site, you will notice, on the left-hand side of the page, the categories for renewing your

membership and registering for Summer Clinic and/or any of the Satellite Sports Clinics. We have tried to simplify this process for you, and they are exactly what they say they are.

If you click on "Summer Clinic", your profile page will appear. You can make any changes you wish to your profile page, except the school where you coach. If your school is incorrect, please give us a call or drop us an e-mail and we will be happy to update that information for you. If you need to update anything else on your profile, simply click the box that says "To Correct Coaching Contact Information Click Here", and update the information that needs to be corrected. This information may also be updated by clicking on the "Update Profile" category in the menu across the top of the page. Don't forget to add your coaching experience. You need to be sure and keep that up to date to build your on-line resume for the job board.

Once you have updated any information that needs to be updated and added your current coaching experience, you are now ready to renew your membership and register for Summer Clinic. You will notice there are three "packages" you may choose from. The Bronze Package is membership only and does not include registration for Summer Clinic. That cost is \$70.00. The Silver Package is Summer Clinic registration only and does not include membership renewal. That package is \$65.00 before June 15, and \$80.00 on or after June 15. The Gold Package includes your membership renewal AND Summer Clinic registration for a total cost of \$135.00. You can click on "Detail Description" beside each package and it will tell you what they are. Please remember there is a \$2.50 processing fee charged by the on-line credit card compa-

ny. You must check the appropriate box for the transaction to go through. **YOU MUST BE A MEMBER OF TGCA TO ATTEND ANY TGCA CLINIC.**

Once you have selected the option you wish to pay for, you will see a page that will give you information regarding your transaction. If it is correct, you will click on the "Payment" button, and this will take you to the payment information page. Simply fill in the information requested. In the "Security Code" portion, this is an on-line security code and NOT the security code on your credit card. You will see letters and/or numbers in the gray shadowed box. Simply retype what you see in that gray shadowed box in the very small box located right above the words (in blue) "I cannot read the code, please provide a new one" and right below the words (in black) "Please enter the security code above". You will actually enter the security code you see into the box below those words in black. Once you have completed that page, click the "Submit" button and you are done. You will receive a receipt confirmation by e-mail. That is why it is so important that your e-mail address is accurate. If you do not receive your receipt, check your junk mail. Your school's filtering system may have sent it there. If you don't get your receipt by e-mail, please contact us. Your school may be blocking our e-mails completely. Please check your receipt confirmation carefully. Please remember that the address on your credit card MUST match the address on your profile exactly. This is a security feature the on-line credit card company uses. If you are using a school credit card with a different mailing address, your renewal may not go through.

If you click on the category entitled "Satellite Clinics", you may then choose the Satellite Sports Clinic you wish to register for. TGCA is pleased to announce we will be hosting Satellite Sports Clinics for 2024 in Abilene (Regions I & II) and El Paso. Simply click on the Satellite Sports Clinic you wish to register for and complete the same process outlined above. The cost of attendance to any of our Satellite Sports Clinics is \$80.00. This includes your

2024-25 membership card. You CANNOT just renew your membership in the Satellite Clinics category. If you and your school will be splitting the admittance fee, you will need to print a form from the website and mail it to us with your portion of the fee, and an explanation that your school will be paying the other half of the admittance fee. You will not be able to split the fee on-line. You will, however, be allowed to register for a Satellite Sports Clinic and pay an admittance fee of \$40.00 if you have already paid the \$70.00 renewal fee for your 2024-25 membership.

If you are not planning to attend Summer Clinic or any of the Satellite Sports Clinics and simply wish to renew your membership, click on the last category "Membership Only". You only have the option of membership renewal in this category, and the procedure is the same as outlined above.

Please remember that you need to use the membership number you have been assigned when renewing your membership or accessing the Membership Site. If you do not remember it, or your password, please call the TGCA office and we will be happy to look it up for you, or reset your password for you. We would request that you **DO NOT** set up a new profile if you are already a current member, or have been a member in the past and have received a membership number previously. When you do that, you also give yourself a new membership number, and we want you to have the same membership number for life.

If you are a brand new member, simply access the TGCA website, www.austintgca.com, and click on the category in the menu on the left-hand side of the page entitled "First Time Member", and follow the process outlined for "New to TGCA for the First Time". Should you need assistance, please just contact the TGCA office and we will be more than happy to assist you.

Again, we thank you for your support of the Texas Girls Coaches Association. Our job is to make your association the best that it can be. We welcome your comments and suggestions.



photo courtesy Jessica Cardenas

EXTREMELY IMPORTANT

If you renew your membership on or after February 1st online through the Membership Site, you will be renewing for the 2024-25 year, beginning June 1, 2024 and ending May 31st, 2025. Please be sure that is what you intended to do. You may still print a 2023-24 membership form from the "Forms" category in the menu on the left-hand side of the main page of the website.

TEXAS GIRLS COACHES ASSOCIATION CAREER VICTORIES

Members of the Texas Girls Coaches Association will be honored for career victories in cross country, volleyball, basketball, soccer, golf, track & field, softball, and cheerleading.

- Coaches must be members of the Texas Girls Coaches Association in order to be honored.
- Only victories compiled in varsity girls' sports and cheerleading will be counted.
- Coaches are responsible for sending their record to the TGCA office as soon as the career victory mark is passed. This record should include a chronological list of each school where you have coached varsity and the corresponding annual win/loss record, or point accumulation, and should be emailed or mailed to the TGCA office.

VOLLEYBALL

Coaches will receive certificates when they reach their



photo courtesy Olivia Lawrence

300th and 400th career victory, and plaques at the 500, 600, and more victory level. A victory will consist of winning a scheduled match. Scrimmages do not count.

BASKETBALL

Coaches will receive certificates when they reach their 300th and 400th career victory, and plaques at the 500, 600, and more victory level. A victory will consist of winning a scheduled game. Scrimmages do not count.

SOCCER

Coaches will receive certificates when they reach their 300th and 400th career victory, and plaques at the 500, 600, and more victory level. A victory will consist of winning a scheduled game. Scrimmages do not count.

GOLF

Coaches will receive certificates when they reach the 300 or 400 point level. Plaques will be awarded at the 500, 600, and more point level. Golf points are determined by the following system:

- 10 points for each year a varsity head coach
- 10 points for each district championship
- 3 points for each regional qualifier
- 5 points for each individual regional champion
- 4 points for each state qualifier
- 10 points for each individual state champion

- 20 points for team regional championship
- 30 points for team state championship

TRACK & FIELD, CROSS COUNTRY

Coaches will receive certificates when they reach the 300 or 400 point level. Plaques will be awarded at the 500, 600, and more point level. *Note: Cross Country and Track & Field points must be totaled separately. Cross Country and Track & Field points are determined by the following system:*

- 10 points for each year a varsity head coach
- 10 points for each district championship
- 1 point for each area qualifier (relays: 2 points)
- 2 points for each regional qualifier (relays: 4 points)
- 3 points for each state qualifier (relays: 6 points)
- 15 points for team area championship
- 20 points for team regional championship
- 30 points for team state championship

SOFTBALL

Coaches will receive certificates when they reach their 300th and 400th career victory, and plaques at the 500, 600, and more victory level. A victory will consist of winning a scheduled game. Scrimmages do not count.

SPIRIT

Coaches will receive certificates when they reach the 300 or 400 point level. Plaque recognition begins at 500. Hall of Fame eligibility at 1,000 points. Spirit points are determined by the following system:

- 10 points for each year a varsity head coach
- 10 points for each Finals appearance
- 15 points for Best of Category win
- 30 Third Place Finish
- 40 Second Place Finish
- 50 State Champion

WRESTLING

Coaches will receive certificates when they reach the 300 or 400 point level. Plaques will be awarded at the 500, 600, and more point level. Wrestling points are determined by the following system:

- 10 points for each year a varsity head coach
- 10 points for each district championship
- 1 point for each regional qualifier
- 1 point for each dual victory
- 4 points for each state qualifier
- 20 points for team regional championship
- 30 points for team state championship

Deadline for submitting accomplishments is May 30
Revised by vote of the Board of Directors March 2, 2014

SUB-VARSITY YEARS OF SERVICE RECOGNITION AWARD

Adopted by the TGCA Board of Directors at July 7, 2008 Meeting

Sub-Varsity coaches with five and 10 years of service will be presented with a certificate at the General Business Meeting at Summer Clinic, and Sub-Varsity coaches with 15 and above years of service will be presented

with a plaque at the Honor Awards Luncheon at Summer Clinic, as a Years of Service Recognition Award. Awards will be presented in five year increments. All Sub-Varsity coaches must be a member in good standing

of the Texas Girls Coaches Association as of November 1 of the current school year to receive a Years of Service Award. The individual may coach multiple sports, but cannot be the head coach in volleyball, basketball, or

softball. Sub-Varsity coaches meeting this criteria should submit their documentation to the TGCA office before June 1st of the qualifying year.

KAY YOW FOUNDATION



MAKING AN IMPACT - CLEVELAND EM-POWERMENT TOUR

Empower. Educate. Eradicate.

At the Kay Yow Cancer Fund, we want to change the narrative around all cancers affecting women. One of the ways we do that is by educating, empowering, and equipping the next generation in the fight.

While in Cleveland for the Women's Basketball Final Four, we did just that. Our Empowerment Tour stopped by Warrensville and Shaw High School.

Attendees learned about cancer disparities, prevention, treatment, and survivorship. We shared stories of resilience, debunked myths, offered guidance, and emphasized the power of early detection.

Students were empowered to become change agents in the fight against cancer— helping to create a culture of health awareness and support, creating a ripple effect within their families and communities, and ultimately improving cancer survival rates and outcomes.



GET INVOLVED - GOLF CLASSIC

You're invited to tee off on cancer August 18-19, at the Grandover Resort & Spa in Greensboro, NC.

The Golf Classic is one of our signature fundraisers, uniting the elite in athletics, executive business leaders, and community stakeholders in the fight against all cancers affecting women.

Nestled in a serene countryside setting, the Grandover Resort & Spa boasts two 18-hole golf courses and a state-of-the-art spa. Couple that with a weekend of fellowship, competition, and compassion on the greens and it's an event you won't want to miss.

There are a host of ways to get involved and participate. Register a team. Sponsor a hole. Or simply donate. Together, we can drive out cancer and honor the legacy of Coach Kay Yow.

Contact Emily Caudle for sponsorship information at emily.caudle@kayyow.com



MAKING AN IMPACT - CONGRESSIONAL BASKETBALL

We're going to the Hill!

40% of cancers affecting women are preventable with quality healthcare. But there are barriers to that care:

- Limited funding, resources, and access
- Fear and distrust of the healthcare system
- Disparities in research and clinical trials
- Lack of education around prevention
- Cost of treatment

We're going to the Hill to raise awareness and funding that will help break down those barriers. Because cancer doesn't discriminate and neither should its care.

Together with federal and state governments, we can forge powerful relationships that ensure every woman, regardless of family history, age, race, or socio-economic status can receive the support and treatment she deserves – today and every day.

We're thrilled to announce that the Kay Yow Cancer Fund has been selected as the charity of choice for the inaugural Congressional Women's Basketball Game, scheduled to be held in Washington D.C. on July 9.

Like the Congressional Baseball Game, a summer tradition that raises money for charity, this groundbreaking collaboration brings together the worlds of sports and philanthropy in a unified effort to combat cancer and support those affected by the disease.

The first of its kind, the Congressional Women's Basketball Game will bring together esteemed female leaders from diverse political backgrounds for a friendly yet competitive basketball game. The event will aim to raise awareness, funds, and hope for individuals and families affected by cancer.

What a testament to the power of sports and its ability to inspire positive change and unite communities.

We can't wait to share more about this partnership.



Hi Everyone,

Ahhh, May – a chance for us to collectively catch our breath after an April that brought us the Women's Basketball Final Four, Empowerment Tour stops, Wow4Yow, and the awarding of a \$150K grant to the Cleveland Clinic Cancer Institute.

What an awesome springboard into May!

This month promises to bring an equal level of excitement highlighted by a trip to Capitol Hill as the charity of choice for the first-ever Congressional Women's Basketball Game. Early registration for our 16th annual Kay Yow Cancer Fund Golf Classic is also officially open.

That's just a glimpse of what you can look forward to in this month's edition of Kickin' it Forward.

Of course, none of this would be possible without your support. I want to express my heartfelt gratitude for your continued dedication to our mission. Together, we're making strides in the fight against cancer. Let's keep pushing forward, spreading hope, and making a difference.

Sincerely,
Jenny Palmateer, CEO

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May 26	27 TGCA: Softball All-State Committee Meeting TGCA: Softball Committee Meeting (Zoom)	28	29	30	31	June 1
		SOFTBALL: STATE TOURNAMENT				
2 TGCA: Board of Directors Meeting.	3	4	5	6	7 TGCA ABILENE SPORTS CLINIC	8
9	10	11 UIL: Legislative Council Athletic and Policy Committee meetings	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
	TGCA SUMMER CLINIC - ARLINGTON					
	TGCA: Board of Directors Meeting.		TGCA: Spirit Advisory Board Meeting.			
30	July 1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18 TGCA EL PASO SPORTS CLINIC	19	20
21	22	23	24	25	26	27
28	29	30	31			

TO ALL COACHES: PLEASE UPDATE YOUR PROFILE ONLINE

Please go online and check that your profile is up-to-date, including addresses, telephone numbers (school, cell, home), and all other personal information. You can change all information

on your profile except your school. Please check your coaching experience and add information as needed. We appreciate your help in this endeavor.

TGCA SUB-VARSITY COACH OF THE YEAR NOMINATION DEADLINE

All varsity coaches in cross country, volleyball, basketball, track and field, softball cheerleading, soccer, golf and tennis are encouraged to nominate their deserving sub-varsity (grades 9-12) and middle school (grades 7-8) coaches for TGCA Sub-Varsity Coach of the Year and TGCA Middle School Coach of the Year in their respective sport and cheerleading. Sub-Varsity and Middle School coaches may coach

multiple sports, but they cannot be the varsity head coach in basketball, volleyball or softball to qualify for Sub-Varsity Coach of the Year or Middle School Coach of the Year. Nominations should be done on-line, just like any other honor nomination. Deadline is May 1st, and nominations will close at noon on that day. Selections will be made by the Sub-Varsity Committee.



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The power to do more



TGCA NEWS

TGCA News is the official newsletter of the Texas Girls Coaches Association

Mailing Address:
P.O. Box 2137
Austin, TX, 78768

Physical Address:
1011 San Jacinto Blvd, Suite 405A,
Austin, TX 78701

P: (512) 708-1333
F: (512) 708-1325
E: tgca@austingca.com

TGCA News is published nine times per year, September through May.

Executive Director:
Sam Tipton,
sam@austingca.com

Assistant Executive Director:
Lee Grisham,
lee@austingca.com

Administrative Assistant:
Audree Tipton,
audree@austingca.com

Administrative Support Assistant:
Oma Garmon,
oma@austingca.com

Newsletter Editor: Logan Lawrence

TGCA on the Web
Polls, as well as other current information, can be found on the TGCA website at: austingca.com.

Did you move?
Please notify the TGCA office if your school, home address, telephone number or coaching assignment changes.

UIL eligibility / Sport rule questions
If you have any questions on eligibility or sport rule interpretations, contact the UIL at (512) 471-5883.



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