



TGCA NEWS

DECEMBER 2023



2023-2024 TGCA OFFICERS



President of TGCA
Cully Doyle
Brock HS



1st Vice President
Claire Gay
Aledo HS



2nd Vice President
Scott Mann
Lorena HS



Past President
Brad Blalock
Christoval HS



Executive Director
Sam Tipton
TGCA Office



**Assistant
Executive Director**
Lee Grisham
TGCA Office

TABLE OF CONTENTS

FEATURE ARTICLES

Successful Teams vs. Winning Teams

By Brad Blalock, TGCA Past President

PAGES 1-2

Kay Yow Cancer Fund

PAGE 8

ALSO INSIDE

Spirit State Championships	3
Spirit Advisory Board.....	3
Cross Country Athletes of the Year	4
Cross Country Coaches of the Year	4
Volleyball Athletes of the Year.....	4
Volleyball Coaches of the Year.....	4
2023 Fall State Championship Coaches	4
General Nomination Instructions	5
Online Nomination Instructions.....	5
2024 TGCA Summer Clinic	6
AD&D Benefit	6
Sport Nomination Deadlines	6
TGCA Career Victories	7
Sub-Varsity Years of Service.....	7
Important Dates	9
Update Online Profile.....	9
Sub-Varsity COY Nom Deadline.....	9
Sponsors.....	10

cover photo courtesy Whitney Magness
right photo courtesy Hannah Henderson



SUCCESSFUL TEAMS VS. WINNING TEAMS

Brad Blalock Christoval HS | **TGCA Past President**

Thanks to Covid, I'm serving my 6th and final year of the requisite 4-year commitment to the TGCA leadership board. I count myself blessed to have been given those extra years and to be included in this organization's long list of leaders over the past 70 years. As the current Past President, my final newsletter message is this: a reminder that successful teams and winning teams are not always the same thing. And that's a good thing.

Believe it or not, one of the most exciting wins of my coaching career came early on, back when I was the 9th grade girls' basketball coach at Rockwall High School. I still have a framed picture of that game hanging in my office. The scoreboard shines 59-59 with 5 seconds left on the clock. What grabs my attention first when I look at that print, though, is my point guard, huddled over me as I kneel on the sideline. It's just the two of us while everyone else is lined up downcourt for free throws. She's bent down to me, her hand resting on my shoulder. Frankly, to this day I'm still not sure who was coaching who.

The final minutes of the game had played out like every great sports movie ever made. We were down by 13 points with about two minutes left in play. Led by my point guard, something special ignited in my team of underdogs. They focused on the situation in front of them. They relied on what they already knew how to do, realizing the fundamentals of the game weren't any different just because the stakes were higher. They communicated flawlessly. They moved like their feet were on fire. Quick-

ly as the seconds ticked by, the gap between losing and winning shrank. Determination triumphed over reason, and the unthinkable happened: the buzzer sounded as we headed to overtime. A few short minutes later, the buzzer sounded again. Our side of the scoreboard read 74, their's just 71. The stands erupted, and the girls stormed the court.

Though we won that day, we weren't always the winning team. Just like other teams, we were sometimes plagued by turnovers, missed boards, and bricked shots. Even when we lost, however, in those early years I was learning how to coach a successful team. When your team is down by 13 with less than two minutes to go in the game, that's what makes the difference.

What coaching a successful team looks like:

Coaches push player development within a team-first context.

My players know my favorite saying is "You gotta trust the process." It's important for players to learn that individual skill development takes time, commitment, repetition... and, for lack of better words, a process. Society wants to offer athletes a quick fix, but we know it doesn't work that way and each new generation needs to learn this lesson even more than the one before. I teach players how to evaluate themselves and analyze their progress. I encourage them to talk to us coaches about personal improvement, spend their own time shooting, and encourage the



ones who hire personal trainers or participate in off-season leagues.

The key, however, is to simultaneously push the idea that everyone on the team is in this thing together. Each player does her own part to improve and makes adjustments to her game for the purpose of strengthening the team. When each girl improves her shooting percentage or quickens her footwork on defense, she's contributing to the team's chance of being successful. The whole is greater than the

Continued on Page 2



photo courtesy Lottie Zarate

SUCCESSFUL TEAMS VS. WINNING TEAMS

Continued from Page 1

sum of its parts.

Players show growth throughout the season, which can translate to future wins.

As long as players are growing in both skill development and basketball IQ throughout the season, I'd say they are successful at meeting most of our goals. You can't always judge player success by the outcome on the scoreboard. You have to judge it by stats as you go.

making others feel heard.

With Players: "Don't just listen to hear; listen to understand." I want my players to feel comfortable approaching me, assuming they're presenting themselves respectfully and considerately. I want them to feel like I pay attention to what they say and respond genuinely.

The most tired complaint coaches hear from their players, of course, is about playing time. I feel like the real issue at hand when this question pops up is more about the player's failure to

fully hear my player out and take advantage of the learning opportunity, but leave no question about who makes the decisions on what the roles should be and who fills them. As with most things in life, it's all about balance.

With Assistants: Your assistants need a similar balance from you too. Frustration among coaching staff can usually be boiled down to a simple breakdown in communication. In my experience, communication with my assistants about everything... from staff roles to procedures to administrative tasks to what to wear... is best received if I just explicitly tell them what I want from them.

I try to assume my staff has the best intentions, so I want to create an environment where I can offer clarification more often than judgment. When assistants fail to complete duties to my expectations, our conversation is direct yet amiable. I try to first approach the conversation as if they simply need more information to do the job right. I feel like this empowers them and also strengthens the program.

Players form a sense of family by participating in team traditions off the court.

For years the trend in coaching has been all about culture: how to develop it, how to enforce it, how to get kids to buy in. Undoubtedly, culture's important. It starts with the players on the team and ripples out to affect how supportive the community is of the whole program.

I feel like a huge chunk of the puzzle is carved out when players genuinely get along with each other and care about each other. Not

every team will enjoy the dynamic where the kids are naturally friends on and off the court, but it can be encouraged by giving the players something to bond over, completely outside the game of basketball. Remember that episode of *The Office* where Michael and Dwight go to the convention? Michael says, "I love inside jokes! I'd love to be a part of one someday."

The formula is simple: give them opportunities to create their inside jokes. Team dinners are probably the most universally used idea. But what about activities that require the players to come together for the benefit of something outside of themselves? Skip practice one day to do a service project together: contact any of your local charities like the soup kitchen or food closet, maybe an after school program or your elementary schools. Working together to help others has always had a positive impact on my teams.

Other ways we come together include: recognizing birthdays, hosting a holiday/winter party, varsity retreats, and a special Night-before-district get together. We get to laugh together, the inside jokes are made, and the positive culture everyone is preaching about grows.

Measuring the success of a coach requires a multifaceted approach. It's not always a simple number game of wins and losses or first place trophies. Successful coaches, though the numbers may not always support them, positively impact players in a million ways both on and off the court. In the end, what players learn in this process will stand the test of time just as strongly as their memories of all the Big Wins.



photo courtesy Benita Carlton

Improvement, as noted, is a process; it takes trials, repetition, and sustained commitment. I'm confident that as long as players are improving themselves for the sake of their team, the wins will eventually fall into place.

Coaches learn how to communicate clearly, while also

keep a team-first mentality. I allow the player to share her thoughts and make it a point to ask her why she feels she needs more court time.

Then it's just important to candidly review the value of roles on the team and how they shift throughout the season depending on what the team needs. I respect-

SPIRIT STATE CHAMPIONSHIPS

Fort Worth Convention Center Fort Worth, TX | January 4-6, 2024

Schedule (Tentative)

Thursday, January 4

3A-D1 & 3A-D2 Prelim.. 8:30 AM (Arena)
 1A & 2A Prelim8:30 AM (Hall)
 Coed Prelim 1:28 PM (Hall)
 1A Finals3:30 PM (Arena)
 3A-D1 & 3A-D2 Finals... 5:30 PM (Arena)
 Coed & 2A Finals..... 6:57 PM (Hall)
 1A Awards.....4:35 PM (Arena)
 3A-D1 & 3A-D2 Awards. 8:00 PM (Arena)
 COED & 2A Awards.....9:25 PM (Hall)

Friday, January 5

4A-D1 & 4A-D2 Prelim 9:00 AM (Hall)
 5A-D1 & 5A-D2 Prelim..9:00 AM (Arena)
 4A-D1 & 4A-D2 Final5:59 PM (Hall)
 4A-D1 & 4A-D2 Awards.....8:30 PM (Hall)

Saturday, January 6

5A-D1 & 5A-D2 Final..... 9:00AM (Arena)
 5A-D1 & 5A-D2 Awards 11:35 AM (Arena)
 6A-D1 & 6A-D2 Prelims... 9:00 AM (Both)
 6A-D1 & 6A-D2 Finals....6:02 PM (Arena)
 6A-D1 & 6A-D2 Awards .8:30 PM (Arena)

Game Day Championship Info

Will be released and updated on UIL website: [Click Here](#)

Safety Rules

UIL rules require performances be in accordance with safety standards prescribed by the NFHS Spirit Rules, which may be purchased in electronic or print form at www.nfhs.org.

School Conference Divisions

1A & 2A – Max of 12 participants (2 or fewer males)
 3A-D2—Maximum of 20 participants (2 or fewer males) (School enrollment 250-359 students)
 3A-D1—Maximum of 20 participants (2 or fewer males) (School enrollment 360-544 students)
 4A-D2—Maximum of 20 participants (2 or fewer males) (School enrollment 545-879 students)
 4A-D1—Maximum of 20 participants (2 or fewer males) (School enrollment

880-1,299 students)
 5A-D2—Maximum of 30 participants (2 or fewer males) (School enrollment 1,300-1,924 students)
 5A-D1—Maximum of 30 participants (2 or fewer males) (School enrollment 1,925-2,224 students)
 6A-D2—Maximum of 30 participants (2 or fewer males) (School enrollment 2,225-2,779 students)
 6A-D1—Maximum of 30 participants (2 or fewer males) (School enrollment 2,780 and above students)
 COED—Maximum of 30 participants (3 or more males)

*Mascots and flag runners are welcomed but cannot be involved in the execution of cheer skills. All participants on the floor count toward total.



photo courtesy Whitney Magness



photo courtesy Logan Lawrence

SPIRIT ADVISORY BOARD

COACH	SCHOOL	CONF.	REG.
Lacy Brown	Italy	2A	3
Tammy Holder	Tatum	3A	4
Shannon Lindsey&	Lampasas	4A	6
Heather Jones	The Colony	5A	3
Pete Ramirez	McAllen Memorial	5A	7
Amy Weaston	Katy Seven Lakes	6A	5
Kayci Smith	Wolfforth Frenship	6A	1
Nicole Duggan*	Buda Hays	6A	6
Matthew Escue	San Angelo Central	6A	8

*-Chair & Vice-Chair



photo courtesy Whitney Magness

TGCA COACHES OF THE YEAR

CROSS COUNTRY

NAME	SCHOOL	CONF.
Dan Aldrich	Fredericksburg HS	1A-4A
Andrew Cook	Lewisville Flower Mound HS	5A-6A

VOLLEYBALL

NAME	SCHOOL	CONF.
Jamie McDougald	Iola HS	1A-4A
Morgan Rogers	Conroe Grand Oaks HS	5A-6A



Dan Aldrich
photo courtesy:
UIL



Andrew Cook
photo courtesy:
UIL

TGCA ATHLETES OF THE YEAR



Addyson Bristow
photo courtesy:
Whitney Magness



Lindsey Gooch
photo courtesy:
Whitney Magness



Suli Davis
photo courtesy:
Whitney Magness

CROSS COUNTRY ATHLETES OF THE YEAR

Conferences 1A-4A

Addyson Bristow
Canyon HS
Coach: Ray Baca

Conferences 5A-6A

Sara Morefield
Lucas Lovejoy HS
Coach: Carly Littlefield

VOLLEYBALL ATHLETES OF THE YEAR

Conferences 1A-4A

Lindsey Gooch
Iola HS
Coach: Jamie McDougald

Conferences 5A-6A

Suli Davis
Colleyville Heritage HS
Coach: Josh McKinney

CONGRATULATIONS TO THE FOLLOWING TGCA MEMBER COACHES WHO WILL BE PRESENTED RINGS PROVIDED BY HERFF JONES AND THEIR TEAMS WHO CAPTURED 2023 UIL FALL STATE CHAMPIONSHIPS

NAME	SCHOOL	CONF.
Kimberly Williams	Roby HS	Cross Country-1A
Brandun Massingill	Hamilton HS	Cross Country-2A
Glenn Griffin	Holliday HS	Cross Country-3A
Rebekah James	Canyon Randall HS	Cross Country-4A
Carly Littlefield	Lucas Lovejoy HS	Cross Country-5A
Andrew Cook	Flower Mound HS	Cross Country-6A

NAME	SCHOOL	CONF.
Lauren McPherson	Blum HS	Volleyball-1A
Jamie McDougald	Iola HS	Volleyball-2A
Jason Culpepper	Bushland HS	Volleyball-3A
Taylor Toso	Comal Davenport HS	Volleyball-4A
Natalie Puckett	Lucas Lovejoy HS	Volleyball-5A
Morgan Rogers	Grand Oaks HS	Volleyball-6A

GENERAL NOMINATION INSTRUCTIONS

All nominations should be made on-line at www.austintgca.com, under the sport tab for which a particular nomination is made. Please do all nominations on-line and before the deadline. Cheerleading nominations are located on the Spirit page in the menu on the left-hand side of the page. All other nominations should be submitted through the Membership Site once you have logged in.

If your nomination was submitted correctly, you will receive a confirmation e-mail. You can check that your

nominations have gone through by logging on to the Membership Site, clicking on "Nominations" from the menu at the top of the page, and then clicking number five "Member Nominations Info". This will show you what nominations you have submitted. If you do not see your nominations there, they did not go through and must be done again. **WE STRONGLY ENCOURAGE YOU TO DO THIS AFTER YOU HAVE COMPLETED ALL NOMINATIONS.**

PLEASE NOTE: The TGCA sys-

tem does not interact well with Internet Explorer. We recommend you use Chrome or Firefox as your web browser, or something other than Internet Explorer, to make your nominations.

If you miss the on-line nomination deadline for your sport or cheerleading, you MUST print the proper form from the website under the "Bylaws" category and submit that form to your regional committee representative for submission to the appropriate committee. Your regional representative for the committees is listed on the

website under the sport category they pertain to. This should be done in all categories except Academic All-State.

Any nominations for Academic All-State must be submitted to the TGCA office on a form printed from the website if the on-line honors nomination deadline is missed. Instructions for nominating on-line, along with nomination guidelines, may be found under each specific sport tab on the website, and also under the Bylaws.

INSTRUCTIONS FOR ONLINE HONORS NOMINATIONS

Below are the instructions for completing TGCA honors nominations on-line. Please read these instructions and follow them precisely and your nomination should go through with no problems.

PLEASE NOTE: The TGCA system does not interact well with Internet Explorer. We recommend using Chrome or another browser other than Internet Explorer.

1 Access the TGCA website at austintgca.com.

2 Click on the "Membership Site" category in the menu on the left-hand side of the page.

3 You will be required to log in at this point. Your user name will always be your TGCA membership number. That will never change. If you don't know your number, please contact us and we will be happy to give it to you. **PLEASE DO NOT MAKE YOURSELF A NEW MEMBER AND GET A NEW MEMBERSHIP NUMBER.** Your password, if you've not logged on to the system before, will also be your membership number. If you've already accessed the website and logged in, your password will be whatever you have created it to be. If you do not remember your password, we do not have it. You will need to contact us so that we may reset your password to your membership number, and you will need to go through the complete log in process over again, including resetting your password. When prompted to change your password, please keep in mind that the "Old Password" category will also be your membership number. We do not recommend using the "Forgot Password" link, as you will more than likely never see the response email. It is more often than not blocked by a security measure in place by your

school.

4 Once you've completed the log-in process, you will access the home page of the Membership Site. In the tabs menu at the top of that page, click on "Nominations".

5 Click on the "(6) Member Nominations Add" category in the menu on the left-hand side of the page.

6 Your e-mail information will be listed on this page. This is the e-mail address your nomination confirmation will be sent to. PLEASE be sure your e-mail address is correct. If your e-mail address is incorrect, you will need to click the "Update Profile" category in the menu at the top of the page and correct your e-mail address, or you will not receive your nomination confirmation. If you do not need to make changes, click the sport you are nominating for. Scroll to the bottom of the page and click the "Next Step" button.

7 Click the button next to the category you are nominating for (All-Star, All-State, Academic All-State, etc.). On Academic All-State, please be sure you click All-State for athletes and cheerleaders and not Academic All-State Support Staff. Support Staff would be for trainers, stat keepers, managers, etc. Next click the button "Next Step".

8 Complete the form by typing in the information requested in the "Update" field.

9 When you get to the "School:ISD" field, please begin typing the name of your school. Schools are listed in the database by name of the school, followed by the ISD. If your school is named after someone, or there are multiple schools with the same name, just

start to type the LAST name of the person it's named after, or the school name, and look in the text pop up box for your school followed by your ISD. This is very IMPORTANT! Your school must appear exactly as it is in our database for your nomination to be correctly entered. As you type, a text pop up box will appear under the school line. Please click on the correct school in this box and please pay careful attention to the school you select, making sure it is the correct school, with the correct ISD. If you are an Athletic Director, please DO NOT click on anything that says AD. For

for some reason, your form was not filled out correctly, you will receive an error message after clicking the "Submit" button. If you did not receive the error message, your nomination went through successfully, and you should receive a confirmation e-mail at the e-mail address you have given us. If you fail to receive a confirmation e-mail, please contact us. You can also check to see if your nominations successfully went through by returning to the "Nominations" page and clicking on "(5) Member Nominations Info". If you do not see your nominations listed there, please contact us.



photo courtesy Benita Carlton

your nomination to appear correctly, it must have the name of the school, rather than your title. You may need to type the complete name of the school, including "High School" for it to populate. There are many, many schools with the same name, including junior highs and middle schools.

10 Continue completing the form. If you need to add additional information regarding your nominee or their accomplishments, including stats, please do so in the large text box at the bottom of the page.

11 When you have completed the form, please click the "Submit" button at the bottom of the page. If,

12 You will need to follow these steps for each nomination of each athlete in each category you wish to make. **For Academic All-State, you only need to list the GPA.** We do not need the honors section, as we only check for grade classification (senior) and the GPA, which must be 94 or above and must be submitted in that format, not on a 5.0, 4.0, etc. Any nominations submitted on the grade point only scale will be counted as nonvalid.

If you need assistance with any of this process, please contact us at tgca@austintgca.com, or call our office at 512-708-1333, and we will be happy to assist you.

2024 TGCA SUMMER CLINIC

The 2024 TGCA Summer Clinic will be held in Arlington at the Arlington Convention Center and Sheraton Hotel June 24-27. **NOTE THE NEW DATES.** The agenda is being revised and will be posted to the website under the

“Summer Clinic” category in the menu on the left-hand side of the page as soon as it is finalized. Speaker names will be filled in as we secure them. Make your plans early to attend. We look forward to seeing you there. Hotel

Reservation Services will open in March. Membership renewal and Summer Clinic registration, as well as all Satellite Clinics, will open February 1st. We are working on finalizing times, venues, and agendas

for all of the satellite sports clinics, and we will have those posted on the website as soon as we get all information finalized. We hope you will make plans to attend one or all of the 2024 TGCA Clinics.

AD&D BENEFIT (ACCIDENT DEATH AND DISMEMBERMENT)

The Texas Girls Coaches Association in cooperation with American Income Life Insurance Company, is pleased to announce that we are providing additional benefits at NO COST to make your membership even more valuable! These benefits include:

- \$4,000 Group Accidental Death and Dismemberment Benefit! (Covers all members.)
- Health Services Discount

Card for your entire household which provides discounts up to 60% on Vision Care, Chiropractic Care, Hearing Care and Prescriptions!

- Child Safe Kits – this valuable tool can provide information to the authorities if your child or grandchild should ever go missing!
- Family Information Guide – When emergencies occur, families can avoid confusion and additional stress by having

all of their critical information organized in one place.

Please check your mail for the letter regarding these new benefits!

Once you return the response card, an AIL representative will contact you to schedule a convenient time to deliver your benefits and explain additional insurance coverage available.

American Income Life is an international company

licensed in 49 states, the District of Columbia, Canada and is registered to carry on business in New Zealand. AIL has earned an A+ (Superior) Financial Strength rating from A.M. Best Company. (as of 6/2014)

For more information on these benefits, please contact Arnaecia Alridge at 281-857-9325 or ajalridge@aillife.com. To view the letter online, visit aillife.com/benefits/sqM9W.



photo courtesy Jack Eison



photo courtesy Whitney Magness

2023-24 TGCA NOMINATION DEADLINES BY SPORT

Online nomination deadlines for all sports is the Monday before the UIL state tournaments/meets at noon. For 2023-24, they are as follows:

Spirit	January 24, 2024
Wrestling	February 12, 2024
Swim & Dive	February 19, 2024
Basketball	February 26, 2024
Soccer	April 8, 2024
Track & Field	April 29, 2024
Golf	April 29, 2024
Tennis	May 13, 2024
Softball	May 20, 2024



Happy Holidays from the TGCA Staff. The office will be closed from December 18 through January 2. If you need to contact us, please contact Executive Director Sam Tipton at 512-417-8422, or email us at tgca@austintgca.com. You will get a much faster response if you email us. All the best!

TEXAS GIRLS COACHES ASSOCIATION CAREER VICTORIES

Members of the Texas Girls Coaches Association will be honored for career victories in cross country, volleyball, basketball, soccer, golf, track & field, softball, and cheerleading.

- Coaches must be members of the Texas Girls Coaches Association in order to be honored.

- Only victories compiled in varsity girls' sports and cheerleading will be counted.

- Coaches are responsible for sending their record to the TGCA office as soon as the career victory mark is passed. This record should include a chronological list of each school where you have coached varsity and the corresponding annual win/loss record, or point accumulation, and should be emailed or mailed to the TGCA office.

VOLLEYBALL

Coaches will receive certificates when they reach their 300th and 400th career victory, and plaques at the 500, 600, and more victory level. A victory will consist of winning a scheduled match. Scrimmages do not count.

BASKETBALL

Coaches will receive certificates when they reach their 300th and 400th career victory, and plaques at the 500, 600, and more victory level. A victory will consist of winning a scheduled game. Scrimmages do not count.

SOCCER

Coaches will receive certificates when they reach their 300th and 400th career victory, and plaques at the 500, 600, and more victory level. A victory will consist of winning a scheduled game. Scrimmages do not count.

GOLF

Coaches will receive certificates when they reach the 300 or 400 point level. Plaques will be awarded at the 500, 600, and

more point level. Golf points are determined by the following system:

- 10 points for each year a varsity head coach
- 10 points for each district championship
- 3 points for each regional qualifier
- 5 points for each individual regional champion
- 4 points for each state qual-

ifier

- 10 points for each individual state champion
- 20 points for team regional championship
- 30 points for team state championship

TRACK & FIELD, CROSS COUNTRY

Coaches will receive certificates when they reach the 300 or 400 point level. Plaques will be awarded at the 500, 600, and more point level. *Note: Cross Country and Track & Field points must be totaled separately. Cross Country and Track & Field points are determined by the following system:*

- 10 points for each year a varsity head coach
- 10 points for each district championship
- 1 point for each area qualifier (relays: 2 points)
- 2 points for each regional qualifier (relays: 4 points)
- 3 points for each state qualifier (relays: 6 points)
- 15 points for team area championship
- 20 points for team regional championship
- 30 points for team state championship

SOFTBALL

Coaches will receive certificates when they reach their 300th and 400th career victory, and plaques at the 500, 600, and more victory level. A victory will consist of winning a scheduled game. Scrimmages do not count.

SPIRIT

Coaches will receive certificates when they reach the 300 or 400 point level. Plaque recognition begins at 500. Hall of Fame eligibility at 1,000 points. Spirit points are determined by the following system:

- 10 points for each year a varsity head coach
- 10 points for each Finals appearance
- 15 points for Best of Category win
- 30 Third Place Finish
- 40 Second Place Finish
- 50 State Champion

WRESTLING

Coaches will receive certificates when they reach the 300 or 400 point level. Plaques will be awarded at the 500, 600, and more point level. Wrestling points are determined by the following system:

- 10 points for each year a varsity head coach
- 10 points for each district championship
- 1 point for each regional qualifier
- 1 point for each dual victory
- 4 points for each state qualifier
- 20 points for team regional championship
- 30 points for team state championship

*Deadline for submitting accomplishments is May 30
Revised by vote of the Board of Directors March 2, 2014
Revised by vote of the Spirit Committee July 10, 2019
Revised April 22, 2022*



photo courtesy: Merle Heimer

SUB-VARSITY YEARS OF SERVICE RECOGNITION AWARD

Adopted by the TGCA Board of Directors at July 7, 2008 Meeting

Sub-Varsity coaches with five and 10 years of service will be presented with a certificate at the General Business Meeting at Summer Clinic, and Sub-Varsity coaches with 15 and above years of service will be presented

with a plaque at the Honor Awards Luncheon at Summer Clinic, as a Years of Service Recognition Award. Awards will be presented in five year increments. All Sub-Varsity coaches must be a member in good standing

of the Texas Girls Coaches Association as of November 1 of the current school year to receive a Years of Service Award. The individual may coach multiple sports, but cannot be the head coach in volleyball, basketball, or

softball. Sub-Varsity coaches meeting this criteria should submit their documentation to the TGCA office before June 1st of the qualifying year.

KAY YOW CANCER FUND



KAY YOW CANCER FUND PARTNERS WITH DALLAS MAVERICKS

Empowering the Next Generation to Fight Against Cancer

Raleigh, NC (October 25, 2023) – The Kay Yow Cancer Fund is partnering with the [Dallas Mavericks](#) to change the narrative around all cancers affecting women by educating, empowering and equipping the next generation.

“We are so excited to partner with the Dallas Mavericks, as we have a shared passion to build stronger communities by empowering youth, women and families in need,” said Jenny Palmateer, CEO of the Kay Yow Cancer Fund. “With Play4Kay, the Fund’s national grassroots movement in sport, and the Mavs dedication to build stronger communities, it seemed only logical to join forces to make an impact in the fight against cancer together.”

Through the Fund’s [EmPOWERment Tour](#), students will be armed with the

information and tools they need to address and break down barriers to quality cancer healthcare, beginning with their own families. As trusted sources within their communities, students will be encouraged to share the information learned with their loved ones through everyday conversations, inspiring them to take action toward their own health, ultimately leading to more positive cancer outcomes.

“The Dallas Mavericks have long supported Breast Cancer Awareness and all issues critical to women and girls,” said Dallas Mavericks Chief Impact Officer, Katie Edwards. “As part of our partnership with the Dallas Wings, we are excited to launch this new series with Kay Yow to help empower young women across our region as advocates for women’s health.”

The EmPOWERment tour series will take place in the Dallas area beginning on Wednesday, October 25th at [The University of Texas at Arlington](#) and concluding on Friday, October 27th at [Southern Methodist University](#).

The flagship EmPOWERment tour stop will take place at [Paul Quinn College](#) on Thursday, October 26th, at 6 pm in the Grand Lounge. All are invited to participate and join the educational session and can expect special guest appearances from the Dallas Mavericks and Dallas Wings, along with giveaways. ###

About the Dallas Mavericks

The Dallas Mavericks are a first-class global sports and entertainment organization providing memorable experiences for fans worldwide. The Mavs compete in the National Basketball Association as a member of the Western Conference and play at American Airlines Center under the direction of Coach Jason Kidd, General Manager Nico Harrison, CEO Cynt Marshall and Governor Mark Cuban. Since the inaugural season in 1980- 81, the Mavs have won four division titles, two conference championships and one NBA championship in 2011. In addition to on-court success, the Mavs are committed to making a difference in North Texas through community programs and the Mavs Foundation. For more information

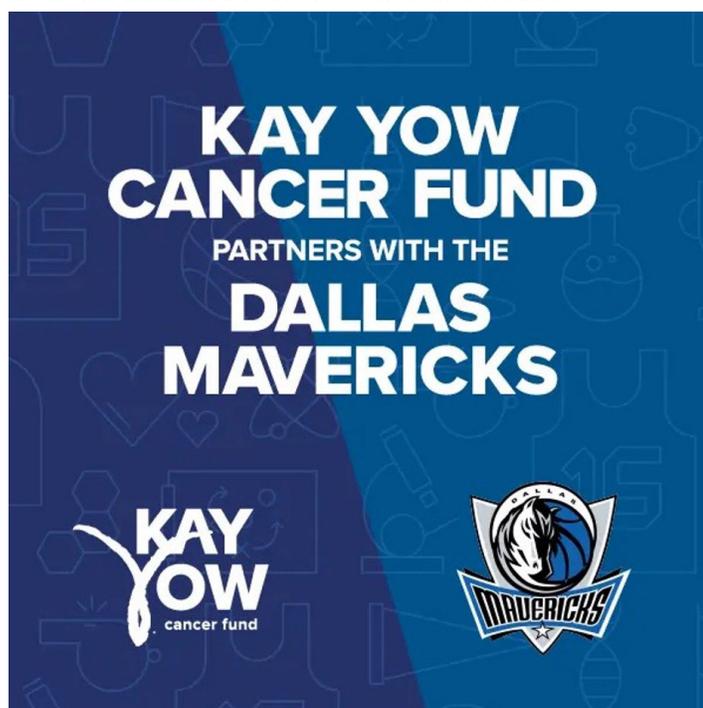
on Dallas Mavericks players, staff, stats and tickets, visit [mavs.com](#).

About the Kay Yow Cancer Fund

The Kay Yow Cancer Fund was officially founded on December 3, 2007, from the vision of the organization’s namesake, Kay Yow, former NC State University head women’s basketball coach. Coach Yow was first diagnosed with breast cancer in 1987 before succumbing to the disease on January 24, 2009. The Kay Yow Cancer Fund is a 501(c)(3) charitable organization committed to raising money for life-saving cancer research, underserved programs that provide access to quality cancer healthcare, and unite people in the fight against all cancers affecting women. The Kay Yow Cancer Fund has awarded \$8.28 million in the fight against ALL cancers affecting women. For more information on the Kay Yow Cancer Fund, please visit [KayYow.com](#).

Kay Yow Cancer Fund Contact

Brittany Card // [brittany.card@kayyow.com](#)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 TGCA OFFICE CLOSED	2	3	4 SPIRIT STATE CHAMPIONSHIPS	5	6
7	8	9	10	11	12 Softball: First day of practice	13
14	15 TGCA OFFICE CLOSED	16	17	18	19	20 4A Swimming & Diving: District Certification
21	22	23	24	25	26	27 5A/6A Swimming & Diving: District Certification
28	29	30	31			

TO ALL COACHES: PLEASE UPDATE YOUR PROFILE ONLINE

Please go online and check that your profile is up-to-date, including addresses, telephone numbers (school, cell, home), and all other personal information. You can change all information

on your profile except your school. Please check your coaching experience and add information as needed. We appreciate your help in this endeavor.

TGCA SUB-VARSITY COACH OF THE YEAR NOMINATION DEADLINE

All varsity coaches in cross country, volleyball, basketball, track and field, softball cheerleading, soccer, golf and tennis are encouraged to nominate their deserving sub-varsity (grades 9-12) and middle school (grades 7-8) coaches for TGCA Sub-Varsity Coach of the Year and TGCA Middle School Coach of the Year in their respective sport and cheerleading. Sub-Varsity and Middle School coaches may coach

multiple sports, but they cannot be the varsity head coach in basketball, volleyball or softball to qualify for Sub-Varsity Coach of the Year or Middle School Coach of the Year. Nominations should be done on-line, just like any other honor nomination. Deadline is May 1st, and nominations will close at noon on that day. Selections will be made by the Sub-Varsity Committee.



THANKS TO OUR SPONSORS

-American Income Life
 -Association of Texas Professional Educators
 -Baden
 -BSN Sports

-Coaches Choice
 -DairyMax
 -Dell
 -Fellowship of Christian Athletes
 -Gamechanger

-Gandy Ink
 -Gulf Coast Specialties
 -Herff Jones
 -Locker Room Sportswear
 -MaxPreps

-Nike
 -Sport-Tek
 -Varsity



The power to do more



TGCA NEWS

TGCA News is the official newsletter of the Texas Girls Coaches Association

Mailing Address:
P.O. Box 2137
Austin, TX, 78768

Physical Address:
1011 San Jacinto Blvd, Suite 405A,
Austin, TX 78701

P: (512) 708-1333
F: (512) 708-1325
E: tgca@austingca.com

TGCA News is published nine times per year, September through May.

Executive Director:
Sam Tipton,
sam@austingca.com

Assistant Executive Director:
Lee Grisham,
lee@austingca.com

Administrative Assistant:
Audree Tipton,
audree@austingca.com

Administrative Support Assistant:
Oma Garmon,
oma@austingca.com

Newsletter Editor: Logan Lawrence

TGCA on the Web

Polls, as well as other current information, can be found on the TGCA website at: austingca.com.

Did you move?

Please notify the TGCA office if your school, home address, telephone number or coaching assignment changes.

UIL eligibility / Sport rule questions

If you have any questions on eligibility or sport rule interpretations, contact the UIL at (512) 471-5883.



@AUSTINTGCA

