

# TGCA



**TGCA NEWS**  
 May 2012

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*Photo submitted by Teresa Machu*



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**2011-12 TGCA OFFICERS**

# ARTICLE



## THE SUCCESS OF OUR STUDENT ATHLETES

By Charlene (Shorty) DeCuir, Softball Committee Chair

How committed are today's female athletes? As public school coaches, do we develop players physically and mentally so that we can produce winning teams and outstanding athletes? Is it important that we push our athletes as if they were preparing to play at the collegiate level? These questions run through my mind as I prepare for each upcoming season, and I have come to realize that it takes commitment on everyone's part to produce successful athletes and programs.

I teach and coach at a small rural 3A school, which happens to be where I grew up and participated in sports. As I look back at the time I played and through the thirty-one years I have coached, I think that "commitment" of the athletes is dependent on four things – the coaching staff, the athletes, the parents, and the community.

The commitment of the entire coaching staff is vital to any athletic program. In a small school, the coaching staff have many assignments – both in the educational setting and coaching responsibilities. The strength of the staff to be committed to all athletes means that we develop a relationship with each coach first. We should be a staff that is united at all times and ready to "circle that wagons" if ever under attack. After the relationship of the coaches is solidified, our next efforts should be to strengthen relationships with our athletes' par-



Photo Courtesy **BOBBIE MCADOO**

ents. I know that including the parents might seem a bit troublesome, but good relationships with parents improves the support of what we, as coaches, are trying to accomplish. I am not saying that we allow the parents to be involved in our "coaching" of their child, but I know the importance of having their support when I need help with their student athlete. With this parental support, the athlete is more likely to be committed and willing to go the extra mile to be their best.

As I touched on before, a united coaching staff from the middle school to the high school is the key to our athletes' commitment and success in my district.

Three of our coaches, myself included, have had the opportunity to work with our student athletes from 7th to 12th grades. At the middle school level, we are limited in the weight room, but not in our workouts! When we begin with the 7th graders in the fall of each year, they are not always ready to commit to this part of the program. They are ready to come into the program and are excited about competing in the sports, but the majority of them have no idea about the workouts that are involved. We use whatever we have to strengthen and condition these young athletes in a safe environment, putting them into weight groups and running groups. This is where they learn about commit-

ting to the program!! By the end of the seventh grade year, both the boys and girls have learned what we are expecting of our student athletes. They have "maxed out" in the weight room and have improved their overall condition. It is very exciting to see them develop throughout the year and begin to challenge themselves and each other, and their enthusiasm is sometimes close to electrifying. Now, does everyone see the same results? No, but we must remember that these are youngsters who are growing and developing every day. As a coaching staff, we realize that the middle school years are an important time to give the students a chance to learn and commit to the program. In saying that, we also are realistic that not everyone who wants to participate can cut it in the athletic program.

As these athletes move to the high school level, they are encouraged to start going to the weight room throughout the summer and continue their running and "core" workouts. We have visited with the upper classmen about taking these young athletes under their wings to bring them along – slowly. The high school athletes pretty much stay with their workouts as their entire class period is dedicated to strength and conditioning program. In-season sports use the weight room two days a week, while

**CONTINUED ON PAGE 9**

# STATE CHAMPIONSHIP HONORS

Congratulations to the following TGCA member coaches and their teams who captured

## 2012 UIL TRACK & FIELD STATE CHAMPIONSHIPS!

|                      |                      |                      |                       |                      |
|----------------------|----------------------|----------------------|-----------------------|----------------------|
| <b>Conference 1A</b> | <b>Conference 2A</b> | <b>Conference 3A</b> | <b>Conference 4A</b>  | <b>Conference 5A</b> |
| Megan Symank         | Danny Mitchell       | Lisa Baucom          | Beverly Humphrey      | June Villers         |
| Snook High School    | Tatum High School    | Connally High School | Lancaster High School | DeSoto High School   |



Congratulations to the following TGCA member coaches and their teams who captured

## 2012 UIL GOLF STATE CHAMPIONSHIPS!

|                      |                      |                        |
|----------------------|----------------------|------------------------|
| <b>Conference 2A</b> | <b>Conference 3A</b> | <b>Conference 4A</b>   |
| Thomas Hanson        | Mark Burgen          | Rusty Herridge         |
| Sonora High School   | Andrews High School  | Montgomery High School |



# TGCA AWARDS

## MARGARET McKOWN DISTINGUISHED SERVICE AWARD

# Mary German, CMP, CTA

Arlington CVB

Mary German is Vice President of Bureau Services & Programs for the Arlington Convention & Visitors Bureau. An industry veteran and consummate customer service professional, she directs Convention Services, Visitor Services and Partnership Development; and convention transportation for the Arlington Entertainment Area Management District trolley operations. She is a facilitator for the Dallas Fort Worth Area Tourism Council Certified Tourism Ambassador (CTA) program – a customer service and destination training certification program. She served on the North Texas Super Bowl XLV Host Committee Volunteer Team and 2010 NBA All-Star Game Planning Committee; and president of the Arlington Chapter of Women of Visionary Influence – an international leadership, educational and mentoring organization for women.

Prior to her tenure with the Arlington CVB, she directed the Convention Services Department for the Metropolitan Richmond Convention & Visitors Bureau.

Co-author of the Convention Services chapter of the Professional Convention Management Association

(PCMA) Professional Meeting Management Manual 20th Anniversary Edition, she developed the 3R Method used in the Convention Services chapter to instruct convention service professionals on successful meeting management practices. A prolific writer, she has written numerous articles for industry publications including the International Association of Exhibitions & Events - E2, The Meeting Professional, Small Market Meetings, The SMERF Meetings Journal, Plan Your Meetings and Accommodate. She is the author of a soon-to-be released children's book and fitness book for meeting professionals.

She is a past president of the Event Services Professional Association (formerly Association for Convention Operations Management) and past president of the former ACOM Texas chapter (TxACOM). Board appointments include: Miss Texas Organization Board of trustees and Tarrant County College Southeast Campus Hospitality Management and Culinary Arts Program Advisory Board. She served on the Professional Convention Management Association (PCMA) Annual Conference Planning Committee. Industry memberships include: Event Services Professional

Association (ESPA), Destination Marketing Association International (DMAI), International Association of Exhibitions and Events (IAEE), American Society for Training and Development (ASTD) and lifetime member of the Texas Alliance of Convention, Meeting & Operations Managers (TxACOM).

Awards include: first recipient of the TXACOM GAMMA Award awarded for extraordinary contributions to the organization and Outstanding Club Officer for Toastmasters International Division D, District 25.

A guest speaker at numerous colleges, high schools and industry meetings, she is committed to helping hospitality students and meeting professionals achieve success in the hospitality industry. Guest speaker presentations include: Tarrant County College, University of North Texas, Stephen F. Austin State University, Arlington and Dallas Independent School Districts, and Distributive Education Clubs of America – Texas Association, Youth Leadership Arlington, and National Semiconductor. Professional presentations include Dallas Fort Worth Area Tourism Council (DFWATC) Certified Tourism Ambassador (CTA)



program, Hotel Association of North Texas, Rotary International, Kiwanis, Texas Association of Convention & Visitor Bureaus (TACVB), Event Services Professional Association, Plan Your Meetings Expo and Meeting Professional International CMP Study Groups.

A Virginia native, she has a Bachelor's Degree in Mass Communication from Virginia Commonwealth University and a Certified Meeting Professional (CMP) and Certified Tourism Ambassador (CTA).

# TGCA AWARDS

## SPORTSWRITER OF THE YEAR

# George Watson



B.S. in Journalism, University of North Texas, 1992

Haskell High School, Haskell Texas, 1987

### Work Experience

1992-93: Worked for chain of community newspapers in the Dallas area, covering Plano, Allen, Mesquite and Lewisville. Covered mainly high school and junior high sports.

1993-96: Sports Editor, Gainesville Daily Register, Gainesville, Texas. Cov-

ered high school and junior high sports for Gainesville High, plus several other small communities in the area. Also covered junior college basketball and baseball.

1996-97: Sports Writer, Southwest Times Record, Fort Smith, Ark. Covered high school sports and some junior college sports for newspaper that covered Northwest Arkansas and Eastern Oklahoma.

1997-2011: Sports Writer, Lubbock

Avalanche-Journal. In this time, have covered high school sports, professional hockey, NAIA athletics and Texas Tech baseball.

2001-present: Sports Editor, Lubbock Avalanche-Journal: Was promoted to Sports Editor in July of 2011, but still cover high school football and basketball and Texas Tech baseball.

### Past Awards

Putt Powell Sportswriter of the Year,

Texas High School Coaches Association, 2007.

### Personal

Wife: Andrea Watson, will be married 13 years on July 24

## CONGRATULATIONS TO THE 2011-12 TGCA SUB-VARSITY COACHES OF THE YEAR

| NAME             | SCHOOL                        | SPORT                     | CONF     |
|------------------|-------------------------------|---------------------------|----------|
| None Selected    |                               | Sub-Varsity Cross Country | 1A-2A-3A |
| None Selected    |                               | Sub-Varsity Cross Country | 4A-5A    |
| Becky Hix        | Monahans High School          | Sub-Varsity Volleyball    | 1A-2A-3A |
| Sylonda Burns    | DeSoto High School            | Sub-Varsity Volleyball    | 4A-5A    |
| Sheila Askins    | Como Pickton High School      | Sub-Varsity Basketball    | 1A-2A-3A |
| Christie Derzopf | Rider High School             | Sub-Varsity Basketball    | 4A-5A    |
| Derek Schoen     | Grape Creek High School       | Sub-Varsity Track         | 1A-2A-3A |
| Tony Anthony     | Frenship High School          | Sub-Varsity Track         | 4A-5A    |
| David Vasquez    | Hyde Park Baptist High School | Sub-Varsity Softball      | 1A-2A-3A |
| LeighAnn Wolfe   | Kingwood High School          | Sub-Varsity Softball      | 4A-5A    |

# TGCA AWARDS

## CONGRATULATIONS TO THE 2011-12 TGCA TRACK AND FIELD COACHES OF THE YEAR

| NAME           | SCHOOL             | CONF     |
|----------------|--------------------|----------|
| Danny Mitchell | Tatum High School  | 1A-2A-3A |
| Lacy Beckler   | Legacy High School | 4A-5A    |

## CONGRATULATIONS TO THE 2011-12 TGCA TRACK AND FIELD ATHLETES OF THE YEAR

| NAME           | SCHOOL                  | CONF     | COACH               |
|----------------|-------------------------|----------|---------------------|
| Maeson Mondrik | Cameron Yoe High School | 1A-2A-3A | Coach Linda Richter |
| Shelbi Vaughan | Legacy High School      | 4A-5A    | Coach Lacy Beckler  |

**\*\*\*\* ATTENTION ALL MEMBERS\*\*\*\***

## TGCA RESOURCE CENTER NOW OPEN ON MEMBERSHIP SITE

The agreement between the Texas Girls Coaches Association and Coaches Choice to launch a Resource Center for the member coaches of TGCA is now a reality. The Resource Center is designed to allow the member coaches access to educational materials at a discounted price. Coaches Choice has designed the Resource Center especially for TGCA and coaches of girls' athletics in all sports. All member coaches are encouraged to go to the membership site, log in, and click on Resource Center in the menu across the top of the page. Take the time to walk through the different features offered on the site. Do not miss the section on wearables. These wearables are specifically designed for the coaches of TGCA. This site will be continually expanding, and will make available an unlimited source of educational materials for our member coaches from various outlets in a variety of delivery methods. The Resource Center is designed to benefit you as a member of the Texas Girls Coaches Association.

# SOFTBALL STATE TOURNAMENT



## STATE SOFTBALL TOURNAMENT

Wednesday, May 30 - Saturday, June 2, 2012  
 Red & Charline McCombs Field - The University of Texas at Austin

### Ticket Prices for the UIL State Softball Tournament:

Adult Session Ticket: \$10  
 Student Session Ticket: \$5  
 Coaches All-Tournament Ticket: \$45  
 All-Tournament Ticket: \$85



### SCHEDULE

| Wednesday, May 30   | Thursday, May 31  | Friday, June 1   | Saturday, June 2   |
|---|---|--|--|
| <p><b>1A Semifinals</b><br/>                     9 AM - Ivanhoe Rayburn vs. Petrolia<br/>                     12 PM - Flatonia vs. Garrison</p> <p><b>2A Semifinals</b><br/>                     3 PM - Mineola vs. Alpine<br/>                     6 PM - Crawford vs. Danbury</p> | <p><b>3A Semifinals</b><br/>                     9 AM - Lufkin Hudson vs. West Hill<br/>                     12 PM - Henderson vs. Liberty Hill</p> <p><b>1A Final - 3 PM</b><br/> <b>2A Final - 6 PM</b></p> | <p><b>4A Semifinals</b><br/>                     9 AM - Montgomery vs. Forney<br/>                     12 PM - Spring Branch Smithson Valley vs. Waco Midway</p> <p><b>5A Semifinals</b><br/>                     3 PM - Plano East vs. Klein Collins<br/>                     6 PM - Northside O'Connor vs. Deer Park</p> | <p><b>3A Final - 10 AM</b><br/> <b>4A Final - 1 PM</b><br/> <b>5A Final - 4 PM</b></p> |

### DIRECTIONS

Red & Charline McCombs Field is located on the corner of Comal and East 20th Street at 2001 Comal St., Austin TX 78705.

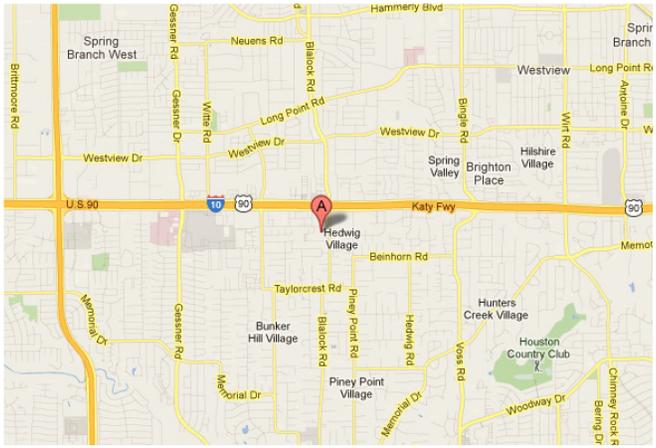
**From IH-35 going north:** Exit at Martin Luther King Blvd. Turn RIGHT onto MLK Blvd. and take a left onto Comal St. (immediately past Disch-Falk Field). Red & Charline McCombs Field is located on the east side of Comal St. between E. 20th St. and E. 21st St.

**From IH-35 going south:** Take the Lower Deck split. Exit at Martin Luther King Blvd. Turn LEFT onto MLK Blvd. and take a left onto Comal St. (immediately past Disch-Falk Field). Red & Charline McCombs Field is located on the east side of Comal St. between E. 20th St. and E. 21st St.

*Team parking is in the lot east of the softball stadium (Lot 115).*

# TGCA SATELLITE CLINIC

## 2012 TGCA SATELLITE CLINICS



### HOUSTON SATELLITE CLINIC

**Date:** June 13 and 14

**Location:** Spring Branch Memorial High School  
935 Echo Lane  
Houston, TX 77024

**Fees:** \$60.00 (Includes Membership Dues)  
\$30.00 if a current TGCA member

*\*\*Registration forms and agendas for the clinic can be found on the website, [www.austintgca.com](http://www.austintgca.com).*

## THE SUCCESS OF OUR STUDENT ATHLETES (CONTINUED)

### CONTINUED FROM PAGE 2

off-season uses the weight room two to three days a week. The other days are used for “core” and agilities. The time for “team practices” for in-season sports is after all the strength and conditioning are completed. Most of the girls are really committed, and those who haven’t bought into the program see quickly how they measure up during these training sessions.

As the softball coach, I share several of my athletes with other sports. The athletes who only play softball do not touch an actual softball during class during the first six weeks of school. The entire first six weeks is spent developing their

strength and conditioning workouts for optimum success, and hopefully this will lessen the chance of injury. Any pick up practices are after school with whoever shows up because I am back at the middle school coaching middle school volleyball. {I had MS cross country at 6:00am} The coaching staff must stay enthusiastic and encouraging to have our athletes buy into the program!

Lastly, it is important that we push our athletes is if they are preparing to play at the collegiate level. While many athletes aspire to play at the collegiate level, there are only a few who will truly have what it takes to reach that level of play. I feel it is important to push everyone on the team to give all they have and

commit to the program. If all of them are not encouraged to “play hard or go home,” then those who do have what it takes will not be able to play to their level. For the last three years, I have had five potential collegiate players. Last year I graduated all but one of those – and the one left signed with The University of Texas! So, this being our rebuilding year, I had to develop a plan to bring up the level of play of the younger, inexperienced players as well as keep up the level of play of the soon-to-be college player. We didn’t have a winning season, but we pulled together as a close team who was very proud and excited about our one and only senior playing for UT. She was able to stay sharp on her

skills and fitness level because her teammates bought into playing harder and becoming better.

As high school coaches, we don’t have the privilege of hosting tryouts for all the best and polished softball players within 100 miles. But, we do have the privilege of becoming the glue that can hold the dreams of our young people together. We must practice and give them a tough road to travel and guide them in the direction they need to go. With the support and relationship of the school community – which includes administration, united coaching staff, dedicated athletes, parents and community – our young athletes and the athletic program will be strong and successful!

# TGCA SUMMER CLINIC

## 2012 TGCA SUMMER CLINIC

Arlington Convention Center  
July 9 – 13, 2012

Summer Clinic will be held in Arlington this year. Clinic will be held at the Arlington Convention Center, 1200 Ballpark Way. The Convention Center is conveniently located to all TGCA utilized hotels and sports facilities; Six Flags; Hurricane Harbor; Rangers Ballpark, Cowboys Stadium; and many more attractions. It is definitely a family oriented venue.

The TGCA All-Stars will be housed on the University of Texas at Arlington campus at Kalpana Chawla Hall, 901 South Oak Street.

**All Star games and demonstrations will be held at the following venues:**

- **Volleyball and Basketball** will both be at Lamar High School, 1400 Lamar Boulevard.
- **Softball** will be at Workman Complex, 709 East Arbrook Dr.
- **Track & Field and Cross Country demonstrations** will be at Lamar Cravens Field, 1400 Lamar Boulevard.
- **Track and Cross Country All-Star introductions** will take place during halftime of the 1A-2A-3A All-Star basketball game.

Sites will be posted to the agenda on the website as soon as they are finalized.

The TGCA Honor Awards Luncheon will be held Wednesday, July 11, 1:00 p.m., at the Arlington Hilton Hotel, 2401 East Lamar Boulevard.

Beginning February 1st, you will have access to on-line Summer Clinic registration and Membership renewal. On-line hotel reservations will open March 12th. Be sure to register for Clinic, renew your membership, and book your hotel room early! On site Clinic registration will be available, but you are encouraged to register and renew on-line early. It's easy, time-saving and convenient. You **MUST** book your hotel rooms through the on-line reservation service to get the TGCA rate. It will be linked to the TGCA website and will appear under "Summer Clinic", and then "Hotel Reservations", beginning March 12th.

If you wish to renew your membership using a printable form rather than on-line, those forms can be found on the TGCA website, [www.austintgca.com](http://www.austintgca.com), under "Summer Clinic" and "Forms", both located in the menu on the left-

hand side of the page. Please be sure you choose the "2012-13 Printable Membership Form".

The 2012 TGCA Summer Clinic Agenda has been posted on the TGCA website, [www.austintgca.com](http://www.austintgca.com), and will be updated often as we progress toward Summer Clinic dates. Just go to the website and click on "Summer Clinic" in the menu on the left-hand side of the page. The agenda will be listed under "60th Annual Summer Clinic Program".

We look forward to seeing you in Arlington at the 2012 TGCA Summer Clinic, and we thank you for your continued support of the Texas Girls Coaches Association.



# TGCA SUMMER CLINIC

## TGCA SUMMER CLINIC

Arlington Convention Center

July 9-13, 2012

### ON-LINE REGISTRATION

On-line registration for Summer Clinic and Membership renewal is now available. On-line registration is quick and simple. Just go to the TGCA website, [www.austintgca.com](http://www.austintgca.com), and if you are renewing your membership and registering for clinic, click on "Membership Site" in the menu on the left-hand side of the page. You will be required to log in. Follow the instructions from there.

If you are joining TGCA for the first time, we welcome you to the Association, and you will just need to click on the category entitled "First Time Member" in the menu on the left-hand side of the home page of the website, and follow the instructions from there. If you are already a member, DO NOT USE this category. You will make yourself a new member and give yourself a new membership number and we need you to keep the one you have always had.

In either case, you will need a credit card to complete the transaction, and please be sure you click on the appropriate box(es) at the very bottom of the page as to what you are paying for. Your transaction will not go completely through if you do not check the appropriate box(es). Your credit card will be charged a processing fee of \$2.50.

### REGISTRATION FORMS

Printable registration forms for Summer Clinic and Membership renewal are located on-line at our website, [www.austintgca.com](http://www.austintgca.com), under the "Forms" category in the menu on the left-hand side of the page, and also on the Summer Clinic page. Please be sure you select the correct form, "2012-13 Printable Membership Form". You can print the form out, complete it, and mail it with a check or credit card number or fax it with a valid credit card number to TGCA at 1603 Manor Road, Austin, TX, 78722-2536, fax (512) 708-1325.

### ON-SITE REGISTRATION

On-site registration will be available beginning Tuesday, July 10, at 10:00 a.m., in the Arlington Convention Center. You may pick up your clinic packet, if you have pre-registered, beginning at that time, also.

### HOTEL INFORMATION

Hotel on-line reservation services will be available on the TGCA website beginning March 12. Go to the TGCA website, [www.austintgca.com](http://www.austintgca.com), and click on "Summer Clinic" in the menu on the left-hand side of the page, then click on "Hotel Reservations" and follow the instructions. Following is a list of hotels we will be using for Summer Clinic in Arlington this year with their rates, but please remember that you cannot call these hotels directly and get the TGCA rates. You must go through the hotel reservations service. If you need assistance, contact information can be found on the site.

### HOTELS FOR SUMMER CLINIC

#### Baymont Inn & Suites

2401 Diplomacy Drive  
King, Queen/Queen -- \$83.00

#### Crown Plaza Suites Arlington

700 Avenue H East  
King Suite/Double Suite -- \$105.00

#### Hilton Arlington

2401 East Lamar Boulevard  
Standard King --\$110.00  
Standard Double/King Deluxe --  
\$120.00

#### Holiday Inn

1311 Wet N Wild Way  
Standard King/Standard Double  
Queens -- \$109.00

#### La Quinta Arlington North

(Next to Six Flags)  
825 North Watson Road  
Standard Doubles/Standard King/  
King Accessible/King Deluxe --  
\$105.00  
All Suites -- \$119.00

#### Sheraton Arlington

1500 Convention Center Drive  
Single/Double/Triple/ Quad --  
\$122.00

**See page 14 for special note on  
Sheraton Hotel**

#### Wingate by Wyndham

1024 Brookhollow Plaza Drive  
Double Queens/King with sofa  
sleeper/King (1 bed) -- \$95.00

# SUMMER CLINIC SCHEDULE

| <b>Texas Girls Coaches Association</b> |  |           |  |
|--|--|-----------|--|
| <b>2012 Summer Clinic</b>              |  |           |  |
| Arlington, Texas                       |  |           |  |
| Time                                   | Event  | No.       | Site   |
| <b>Monday, July 9</b>                  |  |           |  |
| 3:00                                   | <b>Orientation of Softball All-Stars</b>                     |           | Kalpana Chawla Hall<br><i>UT Arlington</i>                   |
| 4:00                                   | <b>TGCA Directors Meeting</b>                                | <b>#1</b> | Sheraton Arlington<br><i>World Series I &amp; II</i>         |
| 6:00                                   | Board of Directors Dinner                                    |           | Eddie Deen's   |
| <b>Tuesday, July 10</b>                |  |           |  |
| 7:00 a.m. and<br>12:30 p.m.            | <b>Golf Tournament</b>                                       |           | Lake Arlington Golf Club<br><i>1516 West Green Oaks Blvd</i> |
| 8:30 - 11:00                           | <b>Softball Demonstration</b>                                | <b>#2</b> | Workman Complex<br><i>701 East Arbrook Dr.</i>               |
| 10:00 - 4:00                           | <b>Registration</b>  |           | Convention Center<br><i>1200 Ballpark Way</i>                |
| 10:00 - 5:00                           | <b>Exhibitors Set up</b><br>(No one allowed in Exhibit Hall) |           | Convention Center<br><i>1200 Ballpark Way</i>                |
| 4:00                                   | 1A-2A-3A Softball Pre-Game                                   |           | Workman Complex  |
| 4:30                                   | <b>1A-2A-3A Softball Game</b>                                |           | <i>701 East Arbrook Dr.</i>                                  |
| 5:30                                   | <b>Orientation of Volleyball All-Stars</b>                   |           | Kalpana Chawla Hall<br><i>UT Arlington</i>                   |
| 6:30                                   | 4A-5A Softball Pre-Game                                      |           | Workman Complex  |
| 7:00                                   | <b>4A-5A Softball Game</b>                                   |           | <i>701 East Arbrook Dr.</i>                                  |
| 9:00                                   | <b>Welcome Social</b>  |           | TBA  |
| <b>Wednesday, July 11</b>              |  |           |  |
| 7:45 - 8:15                            | FCA Breakfast Reception                                      |           | Lamar High School<br><i>1400 Lamar Blvd</i>                  |
| 8:00 - 5:00                            | <b>Registration</b>  |           | Convention Center<br><i>1200 Ballpark Way</i>                |
| 8:00 - 5:00                            | <b>Exhibit Hall Open to the Public</b>                       |           | Convention Center<br><i>1200 Ballpark Way</i>                |

# SUMMER CLINIC SCHEDULE

| Time                      | Event   | No. | Site   |
|---------------------------|---|-----|--|
| <b>Wednesday, July 11</b> |   |     |  |
| 8:00 - 9:00               | Concussion Training Part 1<br><i>Kenneth Locker, Ben Hogan Sports Medicine</i>  | #3  | Salon A  |
| 8:30 - 11:00              | <b>Volleyball Demonstration</b>   | #4  | Lamar High School<br><i>1400 Lamar Blvd</i>        |
| 8:30 - 9:30               | <b>Track &amp; Cross Country Update - UIL</b>   | #5  | Salon C  |
| 9:00 - 10:00              | Basketball Lecture<br><i>Joe Lombard, Canyon High School</i><br><i>"Making the Most With What You Have"</i>   | #6  | Salon B  |
| 9:00 - 10:00              | Softball Lecture<br><i>Kathleen Rodriguez, UTEP</i>   | #7  | Salon A  |
| 9:00 - 10:00              | Special Lecture<br><i>Ronnie Natali, A to Z Coach</i><br><i>"Female Anatomy &amp; Power"</i>  | #8  | M 5-8  |
| 10:30 - 11:30             | Basketball Lecture<br><i>Julie Goodenough, Abilene Christian University</i><br><i>"Dribble Drive Practice Drills"</i>   | #9  | Salon B  |
| 10:30 - 11:30             | Track & Cross Country Lecture<br><i>David Park, Decatur High School</i>   | #10 | Salon C  |
| 10:30 - 11:30             | Softball Lecture<br><i>Kathleen Rodriguez, UTEP</i>   | #11 | Salon A  |
| 10:30 - 11:30             | Concussion Training Part 1<br><i>Kenneth Locker, Ben Hogan Sports Medicine</i>  | #12 | M 5-8  |
| 12:00 - 1:00              | Sub-Varsity Softball Lecture<br><i>Michelle Edwards, Waco Midway High School</i><br><i>"Most Neglected Part of Practice</i><br><i>Base Running' - Drills, Skills, Strategies"</i> | #13 | Salon C  |
| 12:00 - 1:00              | Volleyball Lecture<br><i>Karin Keeney, Hebron High School</i>   | #14 | Salon A  |
| 12:00 - 1:00              | Track & Cross Country Lecture<br><i>Paul Johnston, Albany High School</i>   | #15 | M 5-8  |
| 12:00 - 1:00              | Basketball Lecture<br><i>Julie Goodenough, Abilene Christian University</i><br><i>"The Privilege of Coaching Girls Basketball"</i>  | #16 | Salon B  |
| 1:00 - 3:00               | <b>Honor Awards Luncheon</b>  |     | Arlington Hilton Hotel<br><i>2401 E Lamar Blvd</i> |
| 1:30 - 2:30               | Sub-Varsity Track & CC Lecture<br><i>Jennifer Gegogaine, Leander High School</i>  | #17 | M 5-8  |

# SUMMER CLINIC SCHEDULE

| Time                      | Event  | No. | Site                                |
|---------------------------|--|-----|-------------------------------------|
| <b>Wednesday, July 11</b> |  |     |                                     |
| 1:30 - 2:30               | Softball Lecture<br><i>Ruth Wright, Huntington High School</i><br><i>"Some Secrets to a Successful Softball Season"</i>                                  | #18 | Salon B                             |
| 1:30 - 2:30               | Sub-Varsity Volleyball Lecture<br><i>Jason Evans, Leon High School</i><br><i>"Being Successful for the Long Haul"</i>                                    | #19 | Salon C                             |
| 1:30 - 2:30               | Basketball Lecture<br><i>Kit Martin, Barbers Hill High School</i><br><i>Mike Martin, Vista Ridge High School</i>   | #20 | Salon A                             |
| 1:30 - 2:30               | Tennis Lecture<br><i>Chuck Quarles, Frisco, Tx</i>   | #21 | M 9-12                              |
| 3:00                      | <b>Administrators Golf Tournament</b>  |     | TBA                                 |
| 3:00 - 4:00               | Track & Cross Country Lecture<br><i>Mitch Williams, Whitney High School</i>  | #22 | M 5-8                               |
| 3:00 - 4:00               | Volleyball Lecture<br><i>Susan Brewer, Bellville High School</i>   | #23 | Salon C                             |
| 3:00 - 4:00               | Softball Lecture<br><i>Michelle Mayfield, Legacy High School</i><br><i>"Getting the Most from Your Off Season with Limited Resources"</i>                | #24 | Salon B                             |
| 3:00 - 4:00               | Tennis Lecture<br><i>Tylir Jimenez, Highland Park High School</i>  | #25 | M 9-12                              |
| 3:00 - 4:00               | Sub-Varsity Basketball Lecture<br><i>Casey Reeves/Jill McDill, Rockwall High School</i><br><i>"Building Blocks for Your Program, Staff and Athletes"</i> | #26 | Salon A                             |
| 5:00                      | 1A-2A-3A Volleyball Pre-Game   |     | Lamar High School                   |
| 5:30                      | <b>1A-2A-3A Volleyball Game</b>  |     | 1400 Lamar Blvd                     |
| 5:30                      | <b>Orientation of Basketball All-Stars</b>   |     | Kalpana Chawla Hall<br>UT Arlington |
| 5:30                      | <b>Orientation of Track &amp; CC All-Stars</b>   |     | Kalpana Chawla Hall<br>UT Arlington |
| 7:00                      | 4A-5A Volleyball Pre-Game  |     | Lamar High School                   |
| 7:30                      | <b>4A-5A Volleyball Game</b>   |     | 1400 Lamar Blvd                     |

# SUMMER CLINIC SCHEDULE

| Time                     | Event  | No. | Site                                   |
|--------------------------|--|-----|--|
| <b>Thursday, July 12</b> |  |     |  |
| 7:45 - 8:15              | FCA Breakfast Reception  |     | Lamar High School<br>1400 Lamar Blvd   |
| 8:00 - 2:00              | <b>Registration</b>  |     | Convention Center<br>1200 Ballpark Way |
| 8:00 - 2:00              | <b>Exhibit Hall Open to the Public</b>   |     | Convention Center<br>1200 Ballpark Way |
| 8:00 - 9:00              | Concussion Training Part 2<br><i>Kenneth Locker, Ben Hogan Sports Medicine<br/>Paul Krawietz, UTA</i>                              | #27 | Salon B                                |
| 8:30 - 11:00             | <b>Basketball Demonstration</b>  | #28 | Lamar High School<br>1400 Lamar Blvd   |
| 9:00 - 10:00             | Special Lecture<br><i>Dr. Jim Peterson, Coaches Choice</i>   | #29 | Salon B                                |
| 9:00 - 10:00             | Softball Lecture<br><i>Corrie Hill, The University of Texas at Austin</i>  | #30 | Salon A                                |
| 9:00 - 10:00             | Volleyball Update -- UIL   | #31 | Salon C                                |
| 9:00 - 10:00             | Soccer Lecture<br><i>Michele Estes, McKinney Boyd High School</i>  | #32 | M 5-8                                  |
| 9:30 - 10:30             | <b>Track &amp; CC Demonstration</b>  | #33 | Lamar Cravens Field<br>1400 Lamar Blvd |
| 10:30 - 11:30            | Softball Update -- UIL   | #34 | Salon A                                |
| 10:30 - 11:30            | Volleyball Lecture (Sponsored by Baden)<br><i>Ray Batalon, University of the Pacific</i>   | #35 | Salon C                                |
| 10:30 - 11:30            | Special Lecture<br><i>Texas State Athletic Trainers Association</i>  | #36 | Salon B                                |
| 10:30 - 11:30            | Soccer Lecture<br><i>Jay Zeller, Mansfield High School</i>   | #37 | M 5-8                                  |
| 12:00 - 1:00             | Softball Lecture<br><i>Corrie Hill, The University of Texas at Austin</i>  | #38 | Salon A                                |
| 12:00 - 1:00             | Volleyball Lecture (Sponsored by Baden)<br><i>Ray Batalon, University of the Pacific</i>   | #39 | Salon C                                |
| 12:00 - 1:00             | Sub-Varsity Track & CC Lecture<br><i>George Lutkenhaus, Northwest High School<br/>"Distance Training at Northwest High School"</i> | #40 | M 5-8                                  |
| 12:00 - 1:00             | Basketball Update -- UIL   | #41 | Salon B                                |
| 1:00 - 2:00              | <b>Visit Exhibit Hall</b><br>(Exhibits Close at 2:00 p.m.)   |     | Convention Center<br>1200 Ballpark Way |

# SUMMER CLINIC SCHEDULE

| Time                     | Event  | No. | Site   |
|--------------------------|--|-----|--|
| <b>Thursday, July 12</b> |  |     |  |
| 1:00 - 2:00              | Concussion Training Part 2<br><i>Kenneth Locker, Ben Hogan Sports Medicine<br/>Paul Krawietz, UTA</i>  | #42 | Salon C  |
| 2:00 - 3:15              | <b>Regional Meetings</b><br>Region I<br>Region II<br>Region III<br>Region IV<br>Region V<br>Region VI<br>Region VII<br>Region VIII               | #43 | Convention Center<br><i>M 9-12<br/>M 5-8<br/>Salon AB North East<br/>Salon AB South East<br/>Salon AB North West<br/>Salon AB South West<br/>Salon C North<br/>Salon C South</i> |
| 3:30 - 4:15              | <b>TGCA General Business Meeting</b>   | #44 | Salon AB   |
| 5:30                     | 1A-2A-3A Basketball Pre-Game   |     | Lamar High School  |
| 6:00                     | <b>1A-2A-3A Basketball Game</b>  |     | <i>1400 Lamar Blvd</i>   |
| 6:30                     | <b>Track &amp; Cross Country All-Star Introductions</b>  |     | Lamar High School<br><i>1400 Lamar Blvd</i>  |
| 7:30                     | 4A-5A Basketball Pre-Game  |     | Lamar High School  |
| 8:00                     | <b>4A-5A Basketball Game</b>   |     | <i>1400 Lamar Blvd</i>   |
| <b>Friday, July 13</b>   |  |     |  |
| 8:00 - 10:00             | <b>Registration</b>  |     | Convention Center<br><i>1200 Ballpark Way</i>  |
| 8:00 - 9:30              | <b>TGCA Committee Meetings</b><br>Volleyball Committee<br>Basketball Committee<br>Track Committee<br>Softball Committee<br>Sub-Varsity Committee | #45 | Sheraton Arlington<br><i>Super Bowl 2<br/>Triple Crown<br/>World Series I<br/>World Series II<br/>Super Bowl 1</i>   |
| 9:30 - 10:30             | Basketball Lecture<br><i>Royce Chadwick, Texas A&amp;M-Corpus Christi<br/>"Full Court/3/4 Court/1/2 Court Defense"</i>                           | #46 | Salon A  |

# SUMMER CLINIC SCHEDULE

| Time                   | Event   | No. | Site   |
|------------------------|---|-----|--|
| <b>Friday, July 13</b> |   |     |  |
| 9:30 - 10:30           | Volleyball Lecture (Major)  | #47 | Salon B  |
| 9:30 - 10:30           | Track & Cross Country Lecture<br><i>Liz Wort, Texas Christian University</i><br><i>"TCU XC/Track &amp; Field (Middle/Long Distances): How We Train &amp; Implications for Your High School Program"</i> | #48 | Salon C  |
| 10:45 - 11:45          | Basketball Lecture<br><i>Royce Chadwick, Texas A&amp;M-Corpus Christi</i><br><i>"Press Offense/Early Offense/Transition Offense"</i>  | #49 | Salon A  |
| 10:45 - 11:45          | Volleyball Lecture (Major)  | #50 | Salon B  |
| 10:45 - 11:45          | Track & Cross Country Lecture<br><i>Liz Wort, Texas Christian University</i><br><i>"How to Coach Females: Training &amp; Beyond"</i>  | #51 | Salon C  |
| 12:00 p.m.             | <b>TGCA Directors Meeting</b>   | #52 | Sheraton Arlington<br><i>World Series I &amp; II</i> |

| Time | Event  | No. | Site              |
|------|--|-----|-------------------|
|      |  |     |                   |
|      | <b>TGCA COACHES PLACEMENT SERVICE CENTER</b> |     | M-14              |
|      | Wednesday, July -- 8:00 a.m. - 4:00 p.m.     |     | Convention Center |
|      | Thursday, July -- 8:00 a.m. - 4:00 p.m.      |     | 1200 Ballpark Way |

*\*\*Schedule may be subject to change. Check the TGCA website, [www.austintgca.com](http://www.austintgca.com), for updates on the Summer Clinic Schedule.*

# SUB-VARSITY NEWS

Please take notice of the special note below regarding reservations at the Sheraton.

## Special Note:

Sheraton Hotel - A deposit of one night's room and tax will be charged as of Friday, June 8, 2012. The deposit will be refundable for room cancellations made prior to Friday, June 8, 2012. Reservation cancellations after this date, will forfeit the full deposit amount. Changes to the reservations regarding arrival and departure dates will be accepted until three days prior to the arrival date, with no penalty.

## SUMMER TRAINING & UIL RULES

Summer is Athletic Development Season...so make the most of it!

It is important to capitalize on the opportunity to take your athletes to the next level during June, July and August as the summer months are technically "off-season" and "pre-season." Summertime presents a unique opportunity for student athletes to engage in learning, developing and training with a dedicated focus on improvement.

Benefits of summer training:

- You can train harder -- as training is the primary, rather than secondary -- stress to be calculated
- Your best opportunity to teach
- No or reduced school = No or less academic stress
- Less social and peer pressure = More focus on self
- No or less sport practice/play = Athletic Development as the primary sport
- Better moral and positive state of mind
- Longer hours of daylight to enjoy more leisure activities

We have all seen average or below-average athletes return from a solid summer training regimen as great athletes. You can always tell the athletes who worked hard over the summer... as they return to practice much better prepared (and with a greater sense of

confidence). One great summer training program can make a huge difference in a season for any sport.

Although we have touched-upon a variety of compelling reasons to engage in a summer training program, it is also important to acknowledge (and address) the challenges that come with summer as well.

Challenges of summer:

- Heat: Teach your kids to hydrate non-stop everyday & eat accordingly
- Time: Be efficient with planning and structure
- Staff: Strategically train your staff and formalize programs in a practice structure based on time
- Compliance: Encourage your kids with positive motivation (and educate parents for support)
- Promote your summer program: Start early in the year (even pre-season) to encourage ambitious athletes (and include this information in your parent presentations)
- Logistics (transportation, cost, availability): Coordinate with your team to identify the best time and cost scenario to achieve the highest probability of participation
- Volume of kids: Get educated on "Training the Masses" with A to Z Coach
- Effective Programming: A to Z Coach.com



A TO Z | BUILDING BETTER COACHES

Keep the following sayings in mind as they pertain to summer: "Do the best you can with what you've got," "Some is better than none" and "Take what you can get." We have found that if summer training is made effective, challenging and competitively fun, most of the kids you need to be there will be there. However, healthy participation also requires building confidence through testimony, success and leadership.

Many programs we have evaluated (in our role as consultants) too often use the "herd the cattle theory... lots of kids so just run them and work them hard so the crème rises to the top." Strategically, this one-dimensional approach results in overstress, taxation and excessive training of specific energy, nerve and muscular systems without safely and effectively developing athletes. Always ask yourself and your staff, "Is it HARD, or is it GOOD?" Anyone can implement HARD, but a smart coach attains GOOD! Whether you "have to be" or "choose to be" on campus, why not make it really count?

CONTINUED ON PAGE 19

# SUB-VARSITY NEWS

## SUMMER TRAINING & UIL RULES (CONTINUED)

### CONTINUED FROM PAGE 18

Unfortunately, the three main problems we see in most HS training programs are:

1. Over training
2. Under / No training
3. Injury -- greatly influenced by #1 and #2

As a coach ask yourself these questions when designing your programs...

Are we:

- Planning our training program just as we would our practice for a game?
- Cognitively teaching our athletes?
- Safely developing our athletes?
- Covering all aspects of athletic

development?

- Making our athletes truly athletic?
- Age-appropriately addressing our athletes' needs?
- Meeting the demands necessary to prepare them to play?
- Cultivating our kids?
- Doing the BEST we can with what we have?

Keep your focus on improving your athletes' overall athletic ability by ensuring they are learning, developing and mastering training as they physically perform it.

At best, summer training can be summed-up as a critical unknown until the day it begins. Yet if we start promoting early -- encouraging athletes to use it as a big stepping stone, where past testimony of success is in-

tertwined with a current strategic plan of action -- you will be confidently ready for whatever it throws at you.

UIL:

Always understanding that the UIL is making decisions in the best interest of keeping our kids safe, it is up to each coach in their own unique environment to adapt to these changes in order to continue to be successful.

With all of the new UIL guidelines and rules, coaches must be safely creative in maintaining their valuable summer and seasonal training programs.

Living out our desire to be a great coach includes staying informed, educated and progressive. Regardless of the circumstances, coaches should take pride in advancing their creativity, leadership and adaptability.

A to Z Coach UIL Tip of the Month:

Practice Time Limitation – New Solution

Long-a-days: Sleep late; train hard, home early...Sound Good?

Logistics: Training block (9A-12P-1hr practice, 1 hour lunch & class/film, 1 hour training)

In Closing...

Be passionate about your role as a great leader to our youth and be proud of your efforts to teach life lessons through sports and fitness!

Thank You for your time and your commitment to athletes,

A to Z Coach

Ronnie Natali: President / Founder

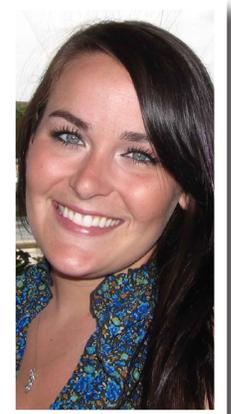
[www.atozcoach.com](http://www.atozcoach.com)

[Ronnie@atozcoach.com](mailto:Ronnie@atozcoach.com)

## WELCOME TO THE TGCA STAFF: JESI GRISHAM

### Membership & Exhibitor Coordinator

Jesi Grisham graduated from Wimberley High School in 2004 and attended college at Texas State University where she played Volleyball for the Bobcats in 2004 and 2005. She coached Junior Varsity basketball for one season and Junior Varsity volleyball for three seasons at St. Michael's Catholic Academy and became the Head Volleyball Coach in 2010. She also coaches volleyball for the largest club in Austin and was named Austin Performance Volleyball "Coach of the Year" in 2011. She joined the staff of TGCA in April of 2012.



# GOLF ENTRY FORMS

**TGCA GOLF SCRAMBLE  
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PRESENTS

## THE 2012 TGCA GOLF SCRAMBLE

LAKE ARLINGTON GOLF CLUB  
TUESDAY, JULY 10th  
8AM AND 2PM SHOT-GUN STARTS  
Check-in at 7AM or 1PM

\$70 ENTRY FEE OR \$250 /TEAM  
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| E-MAIL    | _____ | E-MAIL    | _____ |
| CELL #    | _____ | CELL #    | _____ |
| <br>      |       |           |       |
| PLAYER #3 | _____ | PLAYER #4 | _____ |
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# NEWS & UPDATES



## Six Flags Over Texas Welcomes Texas Girls Coaches Association!

Six Flags Over Texas is the spot to create lasting memories with your family, friends and TGCA members! **BOOK YOUR TRIP NOW!**

Tickets valid one regular operating day only: July 7 – 16, 2012

Please visit [www.sixflags.com](http://www.sixflags.com) for operating hours.



**Six Flags Over Texas, Admission Tickets \$31.00 + tax**  
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or  
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2. Enter Promo Code: **TGCA**
3. Purchase your tickets.  
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### New Summer Shows!

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**GO BIG! GO SIXFLAGS!**

## KAY YOW CANCER FUND™ Charity of Choice for TGCA



The Kay Yow Cancer Fund™ is TGCA's charity of choice. We encourage you to get involved and join the fight against cancer. The new website is now up and running: [www.kayyow.com](http://www.kayyow.com). We encourage you to go to the website for more information, and for any and all questions concerning Kay Yow charitable events, please contact:

### **SARAH REESE**

Administrative Assistant

Kay Yow Cancer Fund™

PO Box 3369

Cary, NC 27519-3369

**E-mail** – [sarah.reese@kayyow.com](mailto:sarah.reese@kayyow.com) or [info@kayyow.com](mailto:info@kayyow.com)

**Office** – (919) 460-6407

**Fax** – (919) 380-0025

[www.kayyow.com](http://www.kayyow.com)

Should you wish to use the Kay Yow Cancer Fund™ logo, please contact Sarah regarding the guidelines for usage.

The term Kay Yow Cancer Fund™, the Kay Yow Cancer Fund™ logo and the image of Coach Kay Yow are trademarks of the Kay Yow Cancer Foundation, Inc. The Kay Yow Cancer Foundation, Inc. is a partner of the Women's Basketball Coaches Association and The V Foundation for Cancer Research.

## 10 WAYS TO AVOID CATCHING A COLD OR THE FLU

By Dr. Jim Peterson, Coaches Choice

**1. Be ever vigilant.** Be constantly on your guard against catching a cold or the flu. Keep in mind that each year the average American adult sneezes through three to five colds. Fortunately, once you've had a cold virus, your immune system will protect you from that particular strain for a long time. On the other hand, more than 200 different cold viruses exist.

**2. Wash your hands.** Prevent a cold of flu by washing your hands frequently and by keeping them away from your eyes, nose and mouth. Viruses can live for one to three hours on the fingers of people who are already infected. You can pick up a cold from surfaces they touch (e.g., counters, telephones) when you touch your nose or rub your eye.

**3. Don't spread the germs.** Use tissues rather than cloth handkerchiefs that may harbor viruses for hours or days. Cover your mouth and nose when you cough or sneeze and encourage others to do the same.

**4. Defend yourself.** Have a flu vaccine. Keep in mind that because children and the elderly are at higher risk for the flu, they have a particular need to be protected.

**5. Don't share.** Avoid sharing food, drinks,

dishes, silverware, or straws with someone who has cold or flu symptoms.

**6. Don't smoke.** Cigarette smoke destroys protective cells in the airways and worsens the cough that often accompanies a cold or flu. Limit alcohol consumption, too, because alcohol depresses the level of white cells and also increases the risk of bacterial pneumonia in flu sufferers.

“Live like you're going to die tomorrow; learn like you're going to live forever”

**7. Fly smart.** Because air circulation in an airplane is relatively low until take-off, delay boarding to limit your time in the plane while it's on the ground. Good air circulation can help disperse cold and flu viruses. Also, avoid dehydration of mucous membranes by drinking plenty of liquids (other than caffeine and alcohol, which increase dehydration).

**8. Check out alternative cold remedies.** Talk with your doctor or pharmacist about taking alternative cold remedies such as zinc lozenges at the first sign of a cold.

Several clinic studies have shown that zinc may help diminish cold symptoms as well as reduce the length of a cold.

**9. Don't stop exercising.** Research has shown that exercise boosts the immune system. If you experience cold symptoms (above the neck), continue to exercise, but at a more moderate level of intensity than usual. Avoid exercising too hard since strenuous exercise may cause a cold to take a turn for the worse.

**10. Don't sweat the small stuff.** Finally, don't worry. All factors considered, the more stressed you are, the more susceptible you become to catching a cold or the flu. Undue stress may reduce the production of immunoglobulin A, a component of the immune system that helps defend the body against colds and flu.

*Jim Peterson is a freelance writer and consultant in sports medicine and the owner of Coaches Choice, the foremost publisher in the world of instructional material for coaches. From 1990 until 1995, Dr. Peterson was director of sports medicine with StairMaster. Until that time, he was professor of physical education at the United States Military Academy.*

# IMPORTANT DATES

## HOTEL INFORMATION

Crowne Plaza Austin North Central  
6121 North IH - 35  
Austin, TX. 78752

For reservations:  
1-877-2CROWNE (1-877-227-6963)  
Please refer to TGCA to get your discounted rate of \$109.00 for single or double occupancy. Or you may reserve your rooms online by going to the home page of our website. Crowne Plaza will offer this rate year around for business or pleasure.

### La Quinta Inn



Coaches, teams and fans can receive preferred rates through the LaQuinta toll-free central reservations number 1-800-531-5900. This rate will also apply to reservations made directly with LaQuinta Hotels, as well as, via the internet at [www.lq.com](http://www.lq.com) using the corporate/promotional code of TGCA. These rates are good for both business and leisure travel, seven days a week, for standard and king bedded room types coast to coast.

**Omni Southpark:**  
4140 Governor's Row  
Austin, TX. 78744  
(512) 448-2222

\$107.00 year round subject to availability using the code of TGCA. There will be room blocks for all state tournament venues at the Omni Southpark at the \$107.00 rate.

## JUNE 2012

- 1-2 Softball: State Tournament
- 1 TGCA: Softball Committee Meeting, 8 AM (UIL Building)
- 1 TGCA: Softball 4A & 5A All-State Committee Meeting, 8 AM
- 3 TGCA: Board of Directors Meeting, 11 AM (UIL Building)
- 12 Legislative Council Athletic Committee Meeting (Austin)
- 13-14 TGCA Houston Satellite Clinic

## JULY

- 9-13 TGCA Summer Clinic - Arlington



## TGCA NEWS

TGCA News is the official newsletter of the Texas Girls Coaches Association,  
1603 Manor Rd.,  
Austin, TX 78722-2536;  
(512) 708-1333,  
(512) 708-1325 (fax),  
[tgca@austintgca.com](mailto:tgca@austintgca.com) (e-mail);

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Administrative Assistant: Audree Tipton, [Audree@austintgca.com](mailto:Audree@austintgca.com)  
Membership & Exhibitor Coordinator: Jesi Grisham  
Newsletter Editor: Chris Schmidt

## \* TGCA \* CALENDAR OF EVENTS

TGCA has added a calendar of events as a new feature to the website. The calendar contains nomination deadlines, committee meeting and Board of Director meeting dates and times, and many other events. It is also linked to the UIL calendar for easy reference. Just click on the Calendar tab in the menu at the top of the page to access the calendar.

### TGCA on the Web

Polls, as well as other current information, can be found on the TGCA Web site at: [www.austintgca.com](http://www.austintgca.com).

### Did you move?

Please notify the TGCA office if your school, home address, telephone number or coaching assignment changes.

### UIL eligibility / Sport rule questions

If you have any questions on eligibility or sport rule interpretations, contact the UIL at (512) 471-5883.

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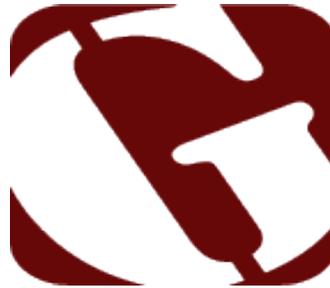
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