



*ACCEPTING the ALTERNATE ALL-STAR honor*

*(Important: Alternates will only participate if contacted by the TGCA)*

*Before you begin, you will need the following on your computer:*

- 1. copy of your current physical and*
- 2. headshot photo*

*Click appropriate sport to complete your acceptance form*

*Cross Country*

*Volleyball*

*Basketball*

*Cheer*

*Track*

*Softball*