

All-Star Coaches

Frequently Asked Questions

What are the responsibilities of the all-star coach?

- **Meet with TGCA, Chaperones and Players at Orientation**
- **Plan Workout after Orientation**
- **Prepare for Demonstration** (prior to All-Star game). Each team will get 30 mins. Coach and players will introduce themselves. Coach will take team thru a workout and describes the drills to the audience
- **Coach the All Star Game** – you will received the TGCA Game Plan prior to the game (this includes playing time rules)

Do we need to bring any equipment or balls?

The TGCA will work with Baden Sports, one of our corporate sponsors, and will furnish balls for workouts and the games.

- Volleyball/Basketball - Baden will furnish four volleyballs/basketballs per team.
- Softball - Each team will be furnished 2 dozen softballs per team.

If you feel you need additional balls in any of these sports, please bring your own. However, they must be Baden balls

What do coaches wear to the game?

The all-star coaches will receive a polo to wear during the demonstrations. You can choose to wear the polo for the game or wear what you choose for the game.

Does the TGCA provide the All-Star coaches with housing?

According to our By-Laws, the all-star coaches must take care of their own housing if they need it.