

2023-24

UIL BASKETBALL CCP



UIL Athletic Staff



Director of Athletics
Ray Zepeda



Assistant AD
Joseph Garmon



Assistant AD
AJ Martinez



Assistant AD
Grace McDowell

Athletic Staff Responsibilities

Joseph Garmon

Team
Tennis

Cross
Country

Basketball

Soccer

Spring
Tennis

Track &
Field

AJ Martinez

Football

Golf

Wrestling

Water Polo

Baseball

Grace McDowell

Volleyball

Spirit

Swim &
Dive

Basketball

Softball

CCP AGENDA

- UIL Information
- Coaching Reminders
- Contest Regulations
- General Regulations
- Eligibility
- Player Ejections
- Sports Specific Information



LEAGUE GOVERNANCE

- **Legislative Council** – Rule making body, 32 superintendents, all regions, all conferences represented.
- **State Executive Committee (SEC)** – 12 school administrators appointed by the Commissioner of Education.
- **District Executive Committee (DEC)** – Consists of ONE voting member per school in a given UIL District.
- **Waiver Review Board** – 12 person committee, reviews decisions of the UIL Waiver Officer on appeals.

What's New For 2023-24...

- **6th Grade Participation** – Pilot program that allows 1A and 2A schools to use sixth graders to field as many as two (2) teams under this rule. This change allows schools, who qualify to use sixth graders based on participation levels already prescribed in the rule to field two teams. Be aware of first day participation levels prescribed for the allowance of sixth graders. **If you are at or above those standards, you cannot use 6th graders.** Also, once a school qualifies to use sixth graders under this rule, it would qualify to use sixth graders for any activities that follow on the calendar.
- **Baseball Post Season** – Pilot for post season in Conference 5A and 6A requiring a two-out-of-three series unless both schools agree to a single game. Applies to all post-season rounds prior to the state tournament.
- **Golf** – Allows the head golf coach and the assistant golf coach to actively coach during the course of play for all tournaments including district, regional, and state competition.
- **Junior High** – Amendment to junior high track meet start times that allows for two of the allowable six junior high meets to start no earlier than 2:00p.m.
- **Soccer** – Allows for 2A schools who sign up for participation in soccer to be placed in a 4A district for competition.
- **Flat Fee Schedule and Travel Reimbursement** – Effective 2023-24 a ten-year compensation plan for sports officials will begin. (fee increases every 3 years)

23-24 UIL Staff Study Items

From June 2023 Legislative Council

Standing Committee On Athletics approved the following proposal in Concept for Approval in October

- A proposal to allow coaches to coach their athletes in an All-Star game

Standing Committee On Athletics Authorized the Staff to Study the Following Proposals

- A proposal to extend the December game limitation rule to Thanksgiving break
- A proposal to increase the number of athletes from regional to state from two to three in Spring Tennis
- A proposal to add boys volleyball as a UIL sanctioned activity

Standing Committee On Athletics Authorized the Staff to Continue to Monitor the Following Proposals

- A proposal to allow 1A schools to participate in additional tournaments in exchange for individual games
- A proposal to allow the district champion home field advantage in the first round of soccer playoffs

2023-2024 COACHES REMINDERS

- **Coaches Certification Program (CCP)** – Coaches are required to have all CCP courses done by the start of their first practice or the start of school, whichever comes first.
- **Strength & Conditioning During Summer** – Monday-Friday, no more than two hours per day. A student shall attend no more than one session per day, plus 90 minutes of sport specific instruction, not to exceed 60 minutes of sport specific instruction in any one sport.
- **Strength & Conditioning During School Year** – Allows for 60 minutes of S&C outside the school day for sports that are in off-season. This time may be used all year. No sport specific instruction or equipment is allowed during this time. Skills instruction is only allowed during the athletic period for off-season sports.
- **Checklists** - Checklists for every sport have been created. All links are live and will take you right to the information you are looking for. Checklists are on each sports manual page.
- **Live streaming** - During the regular season, live streaming is permitted by mutual agreement of the two schools. During the postseason, the NFHS owns the rights to all games so a request form must be submitted and approved in order to be able to livestream a postseason contest.

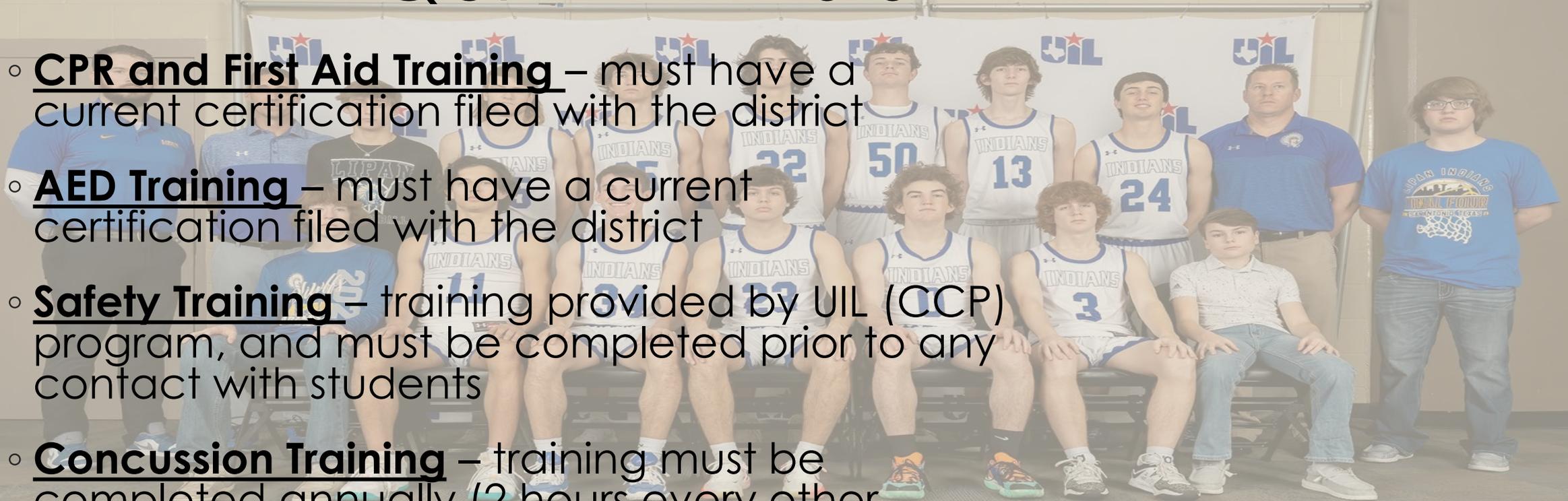
****Further details may be found on the UIL Athletic Homepage****

COACHES EDUCATION AND TRAINING: REQUIREMENTS

- UIL Professional Acknowledgement Form– On file with the district (C&CR 1202(j))
- Coaches Certification Program (CCP)– online / in-person training (C&CR 1208(i))
 - Constitution & Contest Rules
 - Ethics
 - UIL Steroid Education
 - Safety Training (state law)
 - Concussion Training (state law)
 - Sport Specific Training – each sport has a separate module
 - Football Coaches ONLY – ATAVUS Best Practices in Tackling certification
 - First Year Coaches ONLY - Fundamentals of Coaching in Texas (C&CR 1202 (L))
 - Safety/Risk Minimization for Cheerleading Coaches – local district determines the provider for training, and training must be completed prior to any student contact

COACHES EDUCATION AND TRAINING: REQUIREMENTS-STATE LAW

- **CPR and First Aid Training** – must have a current certification filed with the district
- **AED Training** – must have a current certification filed with the district
- **Safety Training** – training provided by UIL (CCP) program, and must be completed prior to any contact with students
- **Concussion Training** – training must be completed annually (2 hours every other year/1 hour annually)



UIL RULES / STATE LAW / SPORT PLAYING RULES

KNOW THE RULES

- Download or bookmark the **Constitution and Contest Rules** and **Side by Side Manual**
 - Will answer UIL eligibility questions no-pass / no-play, eligibility and more.
- Make sure you have a **sport rule book** ( ,  ,  , ).
 - Playing rules are not UIL rules, know the difference between playing rules and UIL eligibility and policy rules.
 - Make sure you have the appropriate playing rules book for your sport and know new rules each year.
- Bookmark your **SPORT MANUAL**
 - Manuals are digital and can be found on the left-side menu on your sports page.
 - Information is organized in an easy-to-find manner.

CONTEST REGULATIONS

- **High School** – one contest per ***school week***:
 - See specific sport for calendar week limits.
 - Per activity - per student
- **Junior High** – one contest per ***calendar week***:
 - See specific sport for week limits

DIFFERENCE BETWEEN CALENDAR AND SCHOOL WEEK:

- **Calendar Week**: 12:01 am Sunday to Midnight Saturday
- **School Week**: 12:01 on 1st instructional day of the week to close of instruction on the last instructional day of the week

RESCHEDULING GAMES DUE TO WEATHER

- ***District varsity contests*** postponed by weather or public disaster, may be made up as an exception to the school week provided they are rescheduled and played on the next available date, other than Sunday, on which another district contest is not scheduled.
- Junior varsity, freshman and junior high teams ***may not*** play postponed matches / games as an exception to the school week.

GAMES RESCHEDULING: EXAMPLE

- Next available date (that another district game is not scheduled)
 - Game scheduled for Friday, postponed due to icy roads
 - Next available date is Saturday
 - Cannot automatically reschedule for Monday because you don't get the exception to school week if you don't try to play on next available date.
 - If weather still exists on Saturday, can push to Monday...district administration determines this.

GENERAL REGULATIONS

JUNIOR HIGH / MIDDLE SCHOOL

- **Scheduling**: No game, contest, scrimmage or tournament, including district competition, shall begin prior to the end of the academic school day for all participants
- **ONE** contest in a calendar week, can also play a tournament in same calendar week.
- **Length of Season**: Know the number of days to complete seasons. Days start counting on the first day of try-outs or practice, whichever is first. Section 1478.
- **No Post-District Competition**: There shall be no post-season playoffs or competition in any athletic event.

2023-2024 PLAYER EJECTIONS

- Player Ejection. Any player ejected from a contest is subject to an automatic penalty. The automatic penalty for such an ejection is as follows:
 - (A) Football. Ejected player misses the rest of the game in which they were ejected plus the first half of the following game.
 - (B) Other Team Sports. Ejected player misses the rest of the game in which they were ejected plus all of the following game.
- Soccer Exception. This Section does not alter the current point penalty structure for soccer player ejections, as required by National Federation of State High School Associations soccer playing rules, that is outlined in the soccer coaches' manual.
- Any player ejected from a contest is subject to an automatic penalty as described above. Player ejections **cannot** be overturned by a game official and/or chapter. If a coach has a question following a contest with a player ejection, the coach should contact UIL.

2023-2024 SCHOOL SPONSORED CAMPS

School Year Limitations: For students in *grades six and below*: two camps are allowed, per sport, during the school year.

Summer Limitations: For all students with the **exception** of students entering their **second, third or fourth** year of high school may attend two school sponsored camps during the summer break.

- No more than six consecutive days for each camp.
- Schools cannot furnish / issue any individual player equipment
- Schools can furnish sport equipment (balls, standards, goals, football dummies, pitching machines, etc.)

Team Sports

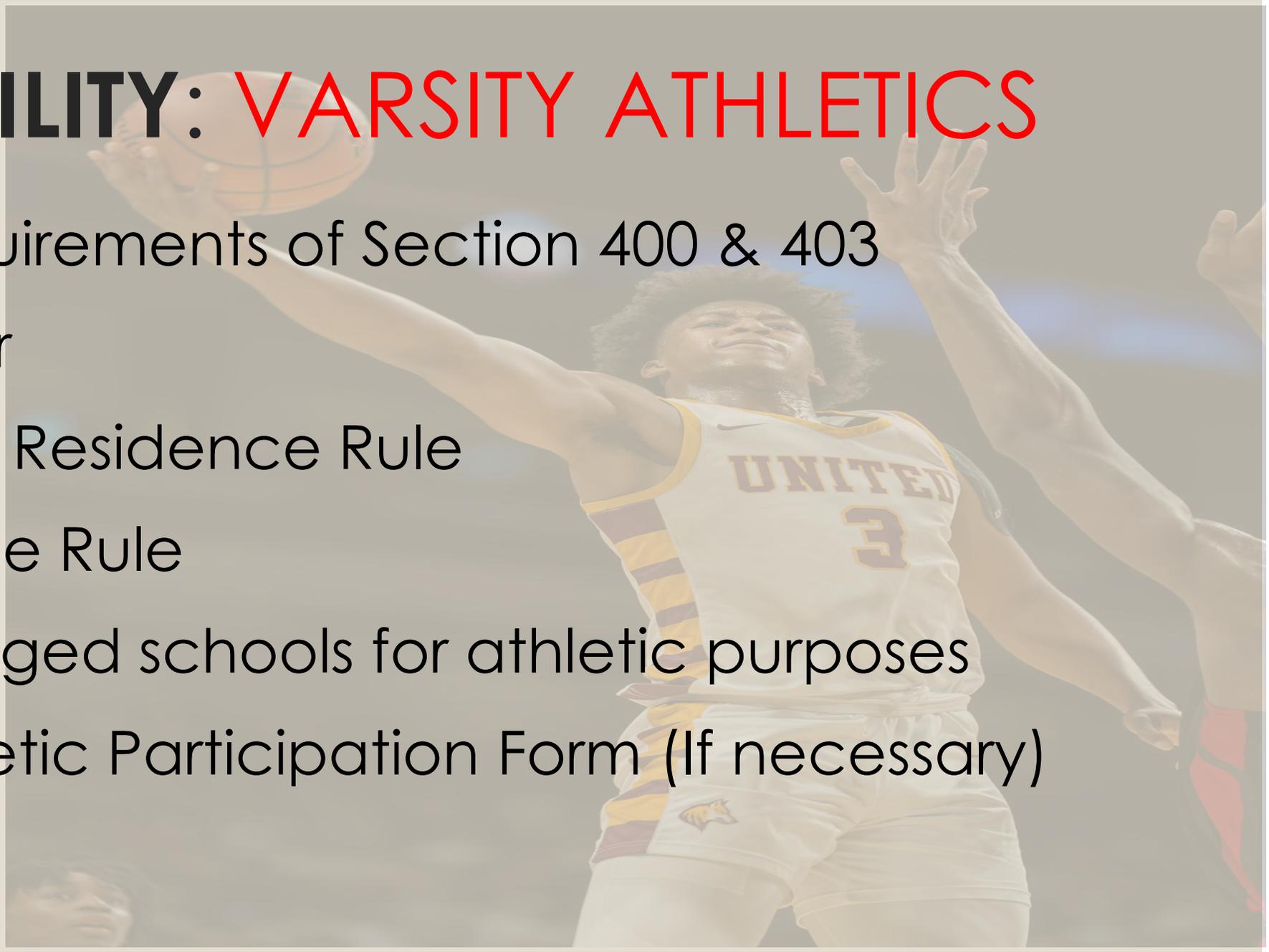
PRACTICE REGULATIONS OFF-SEASON

School is In-Session

- **Strength & Conditioning Instruction** – teams in the off-season are allowed one hour of strength & conditioning instruction outside of the school day.
 - Athletes may only attend one, 1-hour session each day, Monday-Friday.
 - No skill instruction or equipment is allowed during this hour of S&C instruction.
- **Skill Instruction** - is only allowed during the athletic period for off-season sports.

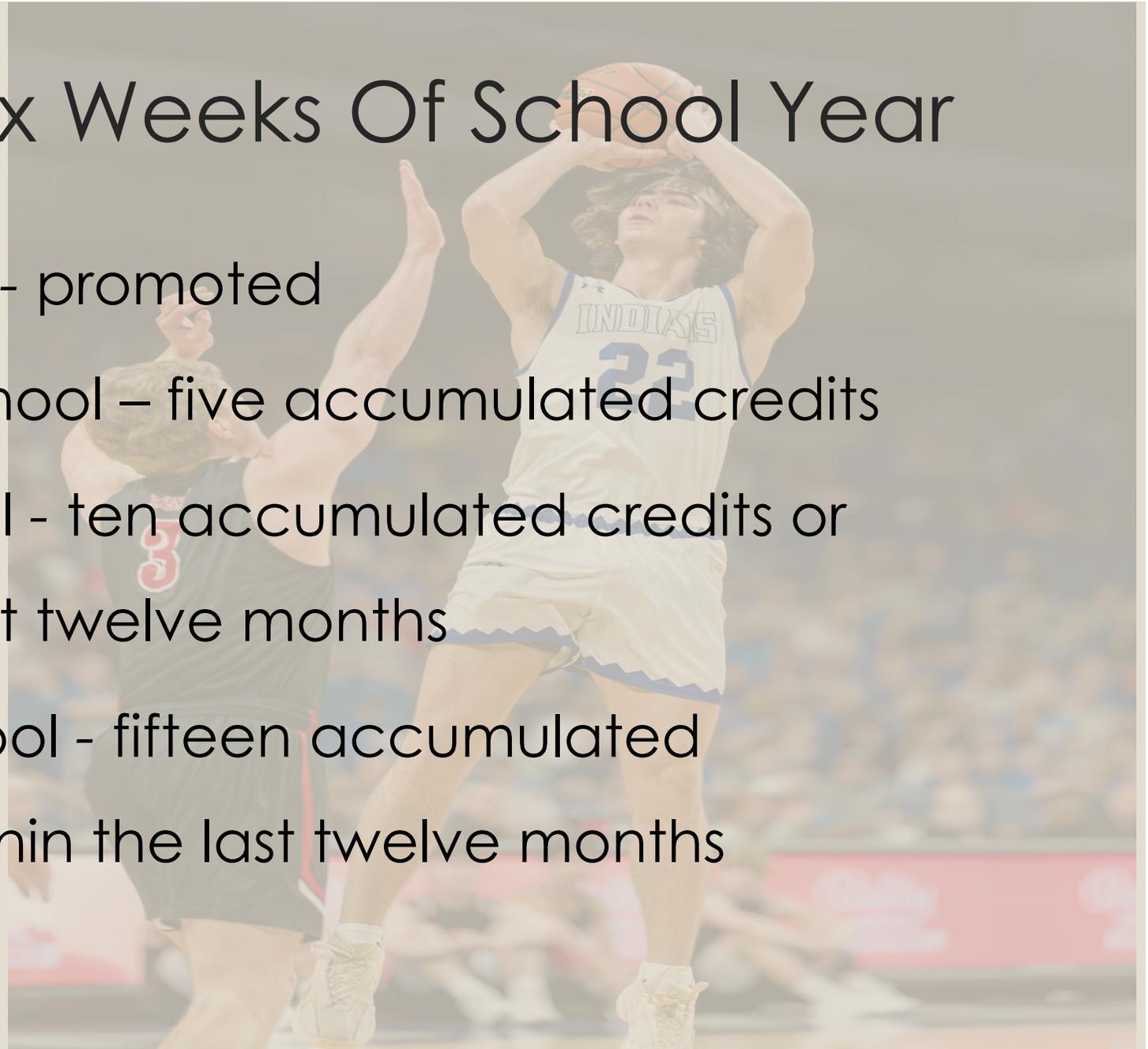
ELIGIBILITY: VARSITY ATHLETICS

- Meets all requirements of Section 400 & 403
- Is an amateur
- Meets Parent Residence Rule
- Meets the Age Rule
- Has not changed schools for athletic purposes
- Previous Athletic Participation Form (If necessary)



ELIGIBILITY: 1st Six Weeks Of School Year

- Grades nine and below - promoted
- Second Year of High School – five accumulated credits
- Third Year of High School - ten accumulated credits or five credits within the last twelve months
- Fourth Year of High School - fifteen accumulated credits or five credits within the last twelve months



ELIGIBILITY: P APF (Previous Athletic Participation Form)

- Required for **ALL NEW** students in grades 9-12 who have:
 - practiced or participated with a former school in grades 8-12 in any UIL athletic activity. If new but did not participate, page 1 only.
 - **New school must verify that the student meets the parent residence rule.**
 - **District Executive Committee** must determine that student did not move for athletic purposes and approve P APF before a student is eligible to participate at the **varsity** level at the new school
 - Submitted to the UIL office.
- **A P APF does not have to be 'filed' in the UIL office before a student can participate, it only needs approval from the DEC.****

ELIGIBILITY: Sub-varsity & Junior High

An individual is eligible to participate if they are...

Sub-Varsity Eligibility

- Full time student
- Academically eligible

Junior High Eligibility

- Full time student
- Academically eligible
- Age appropriate for JH athletic competition



STUDENT PARTICIPATION: REQUIRED FORMS



- Pre-Participation Physical Examination Form
- Medical History Form
- Rules Acknowledgment Form
- Parent or Guardian Permit
- Parent/Student Anabolic Steroid Use and Random Steroid Testing Form
- Concussion Acknowledgement Form
- Sudden Cardiac Arrest Awareness Form



BASKETBALL

- Coaches Checklists
- Basketball Dates
- Allowable Contests
- Scrimmage & Game Regulations
- Official UIL Basketball
- Practice Regulations
- NFHS Rule Changes
- Sportsmanship
- UIL Staff Contact Information

2023-2024: CHECKLISTS

	CHECKLIST	REFERENCE	COMPLETION DATE
✓	PRE-SEASON		
	Register/update profile in the UIL Portal	UIL Portal	Prior to 1 st Practice
	Print and review Basketball Manual	Basketball Manual	Prior to 1 st Practice
	Update Coach name in Max Preps	MaxPreps	Beginning of school year
	UIL yearly coaching requirements (CCP & TEC)	Coaching Requirements	Prior to 1 st Practice
	Student participation required forms. Keep on file.	Athletic Forms	Prior to 1 st Practice
	Varsity participation required forms. Keep on file.	Athletic Forms	Prior to 1 st Practice
	Review rules regarding eligibility for athletic contests	C&CR Sec. 400 & 403	Prior to 1 st Practice
	Review Basketball Plan	Basketball Plan	Prior to 1 st Practice
	Review UIL rule changes	UIL Rule Changes	Prior to 1 st Practice
	Review NFHS rule change	NFHS	Prior to 1 st Practice
	Complete PAPFs and file with UIL Office □ Apply/Complete any necessary Waivers and file with UIL	PAPF Process Waiver Information	Prior to 1 st Practice
	Submit Varsity Team Eligibility Form to district chair (UIL Portal)	UIL Portal	Prior to 1 st Contest
✓	REGULAR SEASON		
	First day of practice		Girls: October 19 Boys: October 26
	First day for interschool scrimmages		Girls: October 29 Boys: November 5
	First day for playing interschool games		Girls: November 4 Boys: November 11
	Update schedule and record in MaxPreps	MaxPreps	Ongoing
✓	POST-SEASON		
	Print and review Basketball Post Season Packet	Post Season Packet	

- Checklists for every sport have been created. All links are live and will take you right to the information you are looking for.
- Will be on manual page.
- Let us know if there is more you would like to see on these checklists.



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GIRLS BASKETBALL DATES

October 18 - First day of practice

October 28 - First day for interschool scrimmages

November 3 - First day for interschool games

February 10 - District certification deadline

February 13 - Bi-district deadline

February 17 - Area deadline

February 20 - Regional quarterfinal deadline

February 23-24 - Regional tournament

FEBRUARY 29– MARCH 2– Girls State Tournament



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BOYS BASKETBALL DATES

October 25 - First day of practice

November 4 - First day for interschool scrimmages

November 10 - First day for interschool games

February 17 - District certification deadline

February 20 - Bi-district deadline

February 24 - Area deadline

February 28 - Regional quarterfinal deadline

February 26-27 - Regional tournament

March 7-9 – Boys State Tournament





ALLOWABLE CONTESTS

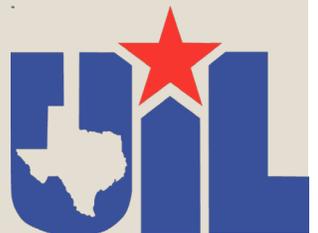
2023-24

- 0 Tournaments and 27 Matches or
- 1 Tournament and 25 Matches or
- 2 Tournaments and 23 Matches or
- 3 Tournaments and 21 Matches

~ 2 games may be substituted for a tournament ~

SCRIMMAGE REGULATIONS

- Basketball teams are limited to two scrimmages. Teams are limited to one scrimmage during the school week. The second scrimmage may be played at the end of the school week.
- No scrimmages may be played after a team's first interschool game.
- ***Scrimmages may have not more than four teams scrimmaging one another at the same site.*** If more than four teams are invited to a scrimmage, each team may only scrimmage three different teams.





Games allowed per week

GAME REGULATIONS: BASKETBALL

School Week vs Calendar Week – 1 contest per school week

Games Allowed per Week

- 2 matched games or;
- 1 matched game and a tournament

Double header (2 varsity games, JV & V, etc.)

- Can be played on a Tuesday but athlete cannot play again in that calendar week (M-Sa)
- If one game is played on Tuesday, a doubleheader cannot be played on Friday, only one game left for week.



**ELITE GAME BASKETBALL
INTERMEDIATE SIZE 28.5"**

BX6E-PRO-00

OFFICIAL UIL BASKETBALL 2023-24 UPDATES

Baden Elite Perfection

- Used for regional and state tournaments.
- No other requirement to use.

PRACTICE REGULATIONS IN-SEASON

School is In-Session

- **Eight Hour Rule** – Practice outside the school day, from the beginning of the school week through the end of the school week (excluding holidays), is limited to a maximum of eight hours per school week per activity
- The in-school athletic period does not count towards the allotted 8 hours
- Any time used in connection with a practice that is not part of the athletic period counts as part of the 8 hours. (Dress, video/meetings, etc.)

2023-24 - NFHS

BASKETBALL RULE CHANGES:

- NFHS are our playing rules, purchase a rulebook from www.nfhs.org
- **2023-24 Rule changes on following slides...**



2023-24 - NFHS

BASKETBALL RULE CHANGES:

- **2-1-3 NOTE (NEW):** Requires the shot clock operator to sit at the scorer's and timer's table, if using a shot clock.
- **Rationale:** Establishes the placement of the shot clock operator for those states utilizing the shot clock and the growing use of video boards that allow tablet control from anywhere in the gym.
- **3-4-5:** Requires uniform bottoms on teammates to be like-colored while allowing different styles of uniform bottoms among teammates.
- **Rationale:** Clarifies that teammates must all wear like-colored uniform bottoms but may wear multiple styles while aligning language with other NFHS rules codes.
- **3-5-6:** Allows undershirts worn under visiting team jerseys to be black or a single solid color similar to the torso of the jersey. All teammates wearing undershirts must wear the same solid color.
- **Rationale:** Allows schools with hard-to-find colors to wear black under visiting team jerseys while continuing to require all team members to match.



2023-24 - NFHS

BASKETBALL RULE CHANGES:

- **4-8-1:** Eliminates the one-and-one for common fouls beginning with the seventh team foul in the half and establishes the bonus as two free throws awarded for a common foul beginning with the team's fifth foul in each quarter and resets the fouls at the end of each quarter.
- **Rationale:** Improves flow by providing an opportunity for teams to adjust their play by not carrying over fouls from quarters 1 and 3 to quarters 2 and 4 while significantly reducing the opportunity for correctable errors to occur. Minimizes risk of injury by eliminating the one-and-one and reducing opportunities for rough play during rebounding opportunities.
- **7-5-2 thru 5:** Establishes four throw-in spots (the nearest 28-foot mark along each sideline or the nearest spot 3-feet outside the lane line on the end line) when the ball is in team control in the offensive team's frontcourt and the defensive team commits a violation, a common foul prior to the bonus, or the ball becomes dead.
- **Rationale:** Simplifies throw-in procedure when there is team control in the frontcourt and the defensive team commits a violation.



2023-24 - NFHS

BASKETBALL RULE CHANGES:

- **7-6-6:** Allows the official administering a throw-in to the wrong team to correct the mistake before the first dead ball after the ball becomes live unless there is a change of possession.
- **Rationale:** Allows for a correction of an official's mistake in a more reasonable timeframe.
- **9-3-3:** Establishes that a player may step out of bounds without penalty unless they are the first player to touch the ball after returning to the court or if they left the court to avoid a violation.
- **Rationale:** Allows a player to step out of bounds if they gain no advantage and penalizes a team only if they gain an advantage by leaving the court and returning to avoid a violation or to be the first to touch the ball.



SPORTSMANSHIP

- **Starts with the COACH**
 - Power of your personal example
 - Athletes and Spectators will take your lead.
 - Have a plan and be strategic in coaching good sportsmanship
 - Student-Athletes
 - Parents
- **Athletes**
 - Appropriate sportsmanship is a requirement.
 - Instill a respect for game officials and opponents
- **Spectators/Parents**
 - Cannot selectively ignore issues with spectators/parents.
 - Requires effective game administrators.



AREAS OF FOCUS (COACHES)

1. Increase Understanding of and Compliance to UIL Rules and Procedures

- Read UIL/TEA Side-by-Side prior to your sports season (All coaches)
- Read Sports Manual
- Removal of situational ethics

2. Focus on preseason & in-season eligibility processes

- 2 coaches verify all eligibility processes
- PAPF's first year of attendance
- Thoroughly verifying residence & contact previous school
- Appropriate use of automatic bypass (Must do due diligence)
- Factually & fully complete the PAPF when sending school
- DEC Appropriate Utilization

3. Sportsmanship Improvement

- Starts with coach
- Focus on athlete conduct-Supervision
- Parents/Spectators
- Effective Game Administration
- Ejection # Improvement



AREAS OF FOCUS (UIL STAFF)

Collaboration, Communication & Consistency

- Regular communication and collaboration with coaching associations & coaches
- Be consistent within our communication (Coaches will get the same answer regardless of which UIL staff member they call)
- Clearly communicate processes, rules, and areas of needed attention

****If we are not meeting your needs, call us on it. We want to hear from you and support you in the best way that we can.***

GOOD LUCK & HAVE A GREAT YEAR!!!!





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Athletic Staff Contacts