



**FULL**

**FUNDAMENTALS OF COACHING  
IN TEXAS  
2021-2022**



**Director of Athletics:  
Dr. Susan Elza**



**Assistant Athletic  
Director: Brian Polk**



**Assistant Athletic  
Director: Joseph  
Garmon**



**Assistant Athletic  
Director: AJ  
Martinez**



**Assistant Athletic  
Director:  
Brandy Belk**

# LEAGUE GOVERNANCE

- **Legislative Council** – Rule making body, 32 superintendents, all regions, all conferences represented
- **State Executive Committee (SEC)** – 12 school administrators appointed by the Commissioner of Education.
- **Waiver Review Board** – 10 person committee, reviews decisions of the UIL Waiver Officer on appeals.
- **District Executive Committee (DEC)** – Consists of ONE voting member per school in a given UIL District.



# COACHES REMINDERS

1. KNOW YOUR RULES
2. YEARLY REQUIRED TRAINING
3. EDUCATE/LEAD YOUR STAFF



*“I didn’t know what the outcome would be but I committed to the purpose.”*

# KNOW YOUR RULES

- Make sure you have a sport rule book (NFHS, NCAA, USTA, USGA).
- Download and / or print your SPORT MANUAL
  - Manuals include C&CR sport plan language, NFHS rule changes, UIL rule changes and they are updated annually.
- Checklists – New feature on UIL Website
- Download or bookmark the Side by Side Manual
  - Will answer questions about no-pass / no-play, eligibility and more.



# UIL COACHES EDUCATION AND TRAINING REQUIREMENTS

- **UIL Professional Acknowledgement Form**– On file with the district (C&CR 1202(j))
- **Coaches Certification Program (CCP)**– online / in-person training (C&CR 1208(i))
  - Constitution & Contest Rules
  - Ethics
  - UIL Steroid Education
  - Safety Training (state law)
  - Concussion Training (state law)
  - Sport Specific Training – each sport has a separate module
  - **Football Coaches ONLY** – Best Practices in Tackling certification
  - **First Year Coaches ONLY** - Fundamentals of Coaching in Texas (C&CR 1202 (L))
  - **Safety/Risk Minimization for Cheerleading Coaches** – local district determines the provider for training, and training must be completed prior to any student contact

# STUDENT PARTICIPATION REQUIRED FORMS

- Pre Participation Physical Examination Form
- Medical History Form
- Rules Acknowledgment Form
- Parent or Guardian Permit
- Parent/Student Anabolic Steroid Use and Random Steroid Testing Form
- Concussion Acknowledgement Form
- Sudden Cardiac Arrest Awareness Form



# PRACTICE & GAME REGULATIONS

- Practice
  - Outside the school year vs School is in-session
  - Coaching outside your sport season
  - Individual Sports vs Team Sports
- Games
  - Season Limits
  - School Week vs Calendar Week
  - HS vs JH



# GENERAL REGULATIONS FOR JUNIOR HIGH

- **Scheduling**: No game, contest, scrimmage or tournament, including district competition, shall begin prior to the end of the academic school day for all participants
- **No Post-District Competition**: There shall be no post-season playoffs or competition in any athletic event.





# UI ELIGIBILITY

# ELIGIBILITY: 1<sup>ST</sup> SIX WEEKS OF SCHOOL YEAR

- Grades nine and below - promoted
- Second Year of High School – five accumulated credits
- Third Year of High School - ten accumulated credits or five credits within the last twelve months
- Fourth Year of High School - fifteen accumulated credits or five credits within the last twelve months



# ELIGIBILITY SUB-VARSITY AND JUNIOR HIGH

An individual is eligible to participate if...

## Sub-Varsity Eligibility

- Full time student
- Academically eligible

## Junior High Eligibility

- Full time student
- Academically eligible
- Age appropriate for JH athletic competition

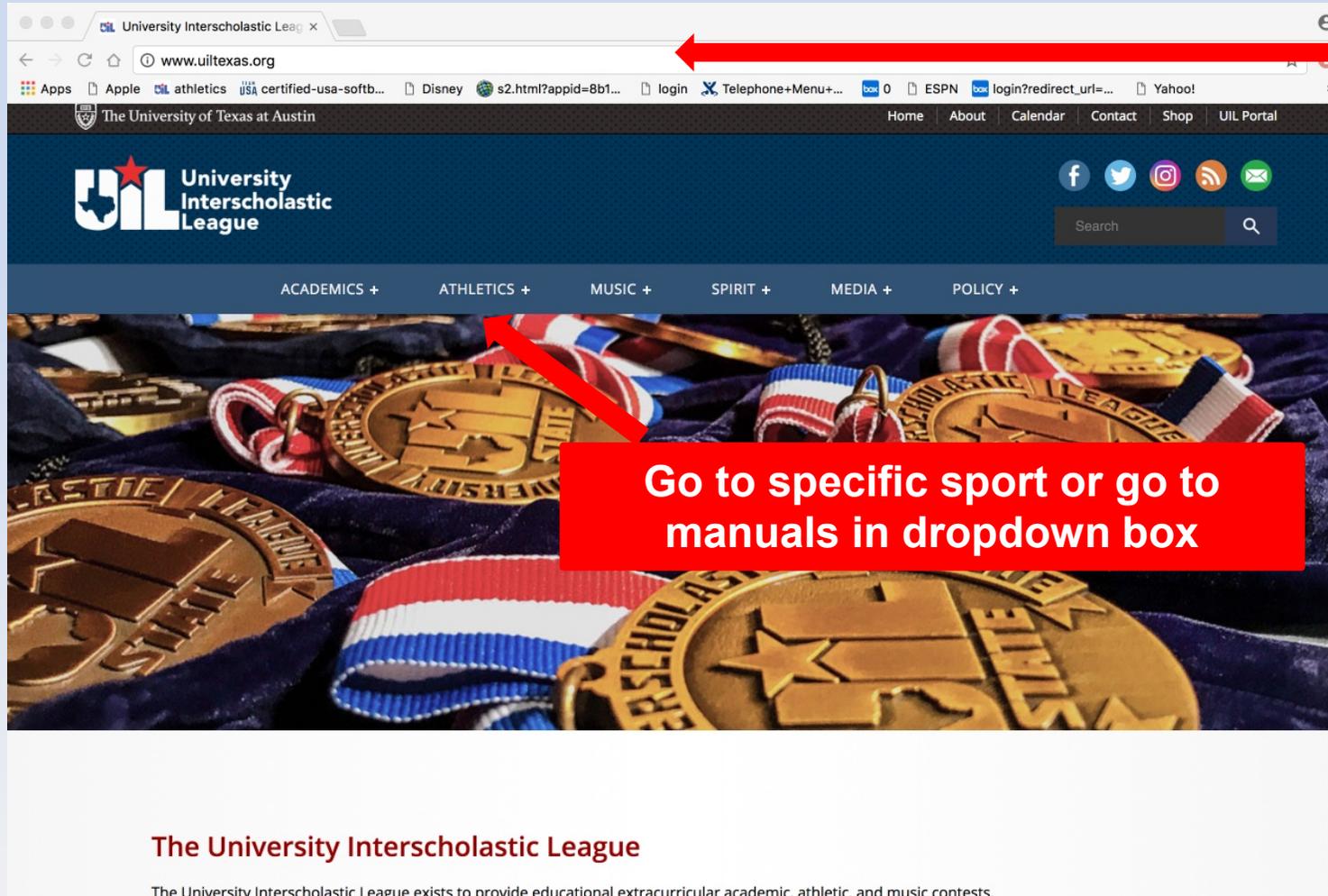


# ELIGIBILITY: VARSITY ATHLETICS

- Meets all requirements of Section 400 & 403
- Is an amateur
- Meets Parent Residence Rule
- Meets the Age Rule
- Has not changed schools for athletic purposes
- Previous Athletic Participation Form



# ACCESSING YOUR MANUALS FROM YOUR DESKTOP

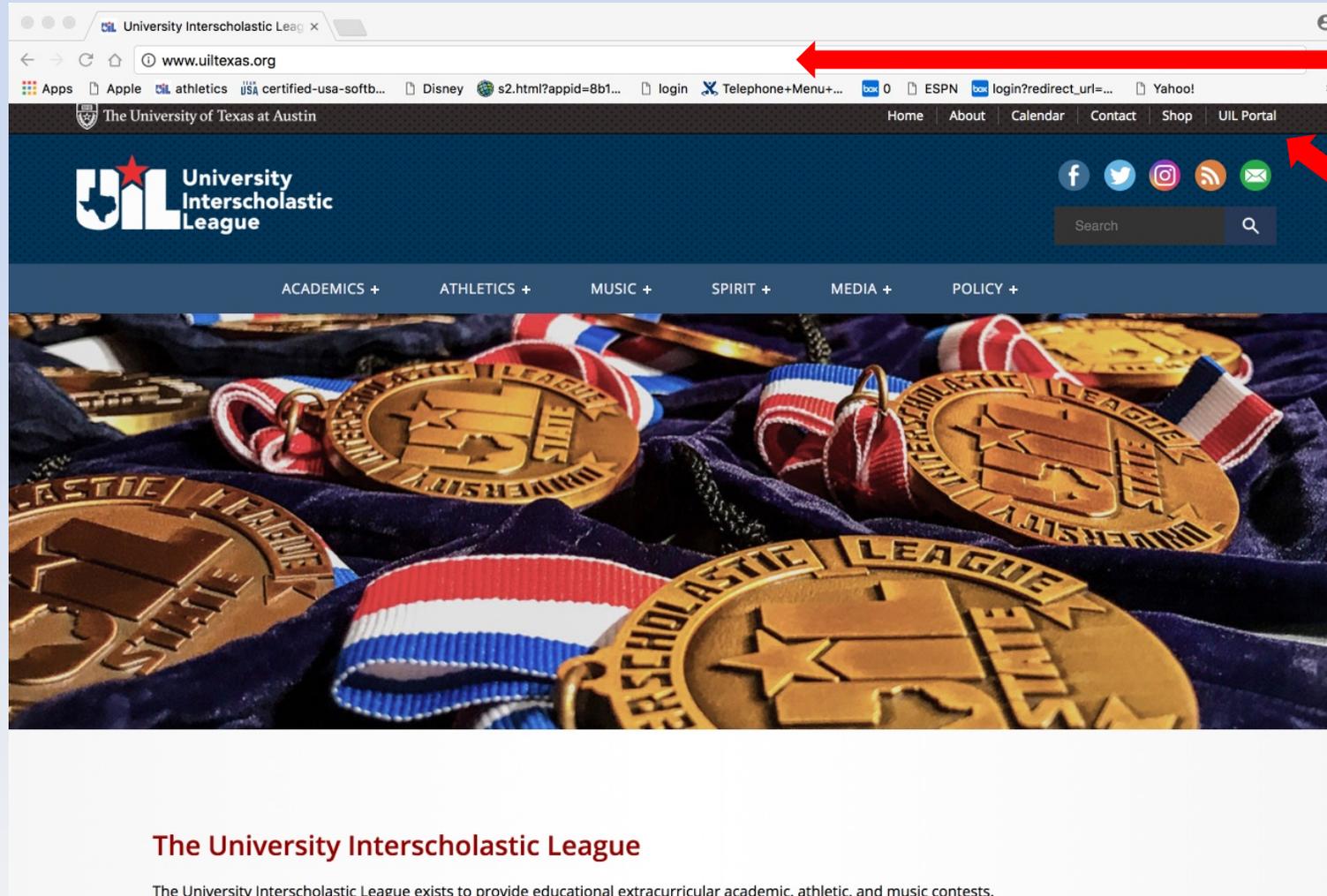


The screenshot shows the website [www.uiltexas.org](http://www.uiltexas.org). The navigation bar includes links for Home, About, Calendar, Contact, Shop, and UIL Portal. Below the navigation bar is a menu with categories: ACADEMICS +, ATHLETICS +, MUSIC +, SPIRIT +, MEDIA +, and POLICY +. A dropdown menu is open under the ATHLETICS + category, showing a list of sports. A red arrow points to the dropdown menu, and a red box contains the text: "Go to specific sport or go to manuals in dropdown box".

[www.uiltexas.org](http://www.uiltexas.org)



# ACCESSING THE UIL PORTAL FROM YOUR DESKTOP



www.uiltexas.org

UIL Portal





# UIL CONTACTS & LINKS

# LINKS FOUND ON UIL WEBSITE

- Constitution & Consent Rules (C&CR)
- TEA – UIL Side-by-side
- Athletic Rules (Section 1200 through 1210 C&CR)
- Rules Violations and Penalties (Section 1207 C&CR)
- Booster Club Guidelines
- Summer Strength and Conditioning Regulations
- Non-School Participation Regulations





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AJ Martinez (Assistant Athletic Director)

361-816-1281

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361-244-0497



# Texas Girls Coaches Association LEADERSHIP PANEL

Medina HS



**Cully Doyle**

2<sup>nd</sup> Vice-President



**Colby Davis**

1<sup>st</sup> Vice-President



**Brad Blalock**

Past President



**Jason Roemer**