

## Texas Girls Coaches Association

### 2018 LUBBOCK REGION I & II ALL SPORTS CLINIC

\*Sponsored by: The Region I Athletic Directors, Lubbock Sports Authority,

TGCA and the UIL\*

Coronado High School

4910 29th Dr, Lubbock, Texas

**June 8 - 9, 2018**

**Cost of Attendance: \$70.00 (2018-19 Membership Card Included)**

Time	Event	No.	Site
<b>Friday, June 8</b>			
4:00 - 6:00 p.m.	<b>Registration for Coaches</b>		Cafeteria
	<b>Region I Area Lectures</b>		
5:00 - 6:00 p.m.	Softball Lecture <i>Robby Dickenson - Frenship High School</i> <i>"Practice Planning"</i>	#1	Rm 607
5:00 - 6:00 p.m.	Volleyball Lecture <i>Amy Mangum - Shallowater High School</i> <i>"4 On the Court Rules for Shallowater Volleyball"</i>	#2	Rm 609/N Aux Gym
5:00 - 6:00 p.m.	Wrestling Lecture <i>Richard Leal - Lubbock High School</i> <i>"Streamlining Practices"</i>	#3	Rm 612
5:00 - 6:00 p.m.	Basketball Lecture <i>Brent Palmer - Lubbock High School</i> <i>"Post Play"</i>	#4	Rm 611/Spectator Gym
5:00 - 6:00 p.m.	Cross Country Lecture <i>Crista Jones - Monterey High School</i>	#5	Rm 610
6:00 - 6:15 p.m.	<b>Welcome</b> <i>Dr. Kathy Rollo - Lubbock ISD Superintendent</i>		Cafeteria
6:15 - 7:15 p.m.	<b>UIL Coaches Education</b> <i>Brandy Belk - UIL Assistant Athletic Director</i>	#6	Cafeteria
7:15 - 7:45 p.m.	<b>Dinner Provided</b>		Cafeteria
7:45 - 8:45 p.m.	<b>Clinic Key Note Speaker</b> <i>Marlene Stollings - Texas Tech University</i> <i>Head Women's Basketball Coach</i>	#7	Cafeteria

<b>Time</b>	<b>Event</b>	<b>No.</b>	<b>Site</b>
<b>Friday, June 8</b>			
9:00 - 10:00 p.m.	<b>TGCA Lectures</b> Volleyball Lecture <i>Nick Gay - Weatherford High School</i> <i>"Pre-Season/Season/Off Season - Training Your Team"</i>	#8	Rm 609/N Aux Gym
9:00 - 10:00 p.m.	Football Lecture <i>Rocky Willingham - RWKSkickin.com</i> <i>"Field Goal, Punt &amp; Kick Offs Fundamentals"</i>	#9	Library
9:00 - 10:00 p.m.	Basketball Lecture <i>Doug Davalos - Westwood High School</i> <i>"Offense - Half Court/Transition"</i>	#10	Rm 611/Spectator Gym
9:00 - 10:00 p.m.	Softball Lecture <i>Michael Rose - Bushland High School</i> <i>"High Tempo Practice Drills"</i>	#11	Rm 607
9:00 - 10:00 p.m.	Track Lecture <i>Astin Haggerty - Clear Springs High School</i> <i>"Long Sprint Training"</i>	#12	Rm 610
<b>Saturday, June 9</b>			
7:30 - 8:30 a.m.	<b>Registration for Coaches</b>		Cafeteria
8:00 - 8:30 a.m.	<b>Breakfast Provided</b>		Cafeteria
8:30 - 9:15 a.m.	Trainer Lecture - Health & Safety <i>Tory Stephens - Texas Tech University</i> <i>Director of Strength &amp; Conditioning</i>	#13	Cafeteria
9:20 - 10:20 a.m.	<b>TGCA Lectures</b> Volleyball Lecture <i>Nick Gay - Weatherford High School</i> <i>"Offensive Systems for MS through HS - How to Develop Skills"</i>	#14	Rm 609/N Aux Gym
9:20 - 10:20 a.m.	Football Lecture <i>Marcos Hinojos - Wayland Baptist University</i>	#15	Library
9:20 - 10:20 a.m.	Basketball Lecture <i>Doug Davalos - Westwood High School</i> <i>"Defense - Half Court Man"</i>	#16	Rm 611/Spectator Gym
9:20 - 10:20 a.m.	GWTSCA All-Star Demonstrations 1A-4A	#17	LCU Softball Field <i>5601 19th St</i>
9:20 - 10:20 a.m.	Cross Country Lecture <i>Astin Haggerty - Clear Springs High School</i> <i>"Program Organization - Organizing the Chaos"</i>	#18	Rm 610
10:30 - 11:30 a.m.	<b>TGCA Lectures</b> Volleyball Lecture <i>Nick Gay - Weatherford High School</i> <i>"Defensive Systems for MS through HS - How to Train Defense"</i>	#19	Rm 609/N Aux Gym

<b>Time</b>	<b>Event</b>	<b>No.</b>	<b>Site</b>
<b>Saturday, June 9</b>			
10:30 - 11:30 a.m.	Football Lecture <i>Seth Parr - Coronado High School</i> <i>"Offensive Line"</i>	#20	Library
10:30 - 11:30 a.m.	Basketball Lecture <i>Doug Davalos - Westwood High School</i> <i>"Off Season - Skill Development"</i>	#21	Rm 611/Spectator Gym
10:30 - 11:30 a.m.	GWTSCA All-Star Demonstrations 5A-6A	#22	LCU Softball Field <i>5601 19th St</i>
10:30 - 11:30 a.m.	Track Lecture <i>Astin Haggerty - Clear Springs High School</i> <i>"Relay Selection/Practice Plans"</i>	#23	Rm 610
<b>Region I Area Lectures</b>			
11:40 a. - 12:40 p.	Volleyball Lecture <i>Casey Trout - Coronado High School</i> <i>"Progressive Practice Plans"</i>	#24	Rm 609/N Aux Gym
11:40 a. - 12:40 p.	Basketball Lecture <i>Linden Weese - Roosevelt High School</i> <i>"Half Court Offense"</i>	#25	Rm 611/Spectator Gym
11:40 a. - 12:40 p.	Football Lecture <i>Shane Stephen - Lubbock High School</i> <i>"Defense"</i>	#26	Library
11:40 a. - 12:40 p.	Track Lecture <i>Kerry Carlisle - Abernathy High School</i> <i>"Distance Runners"</i>	#27	Rm 610
1:00 - 3:00 p.m.	GWTSCA All-Star Game 1A-2A-3A-4A		LCU Softball Field <i>5601 19th St</i>
3:30 - 5:30 p.m.	GWTSCA All-Star Game 5A-6A		LCU Softball Field <i>5601 19th St</i>