

Texas Girls Coaches Association

HOUSTON SPORTS CLINIC

Sponsored by the Houston Athletic Directors, TGCA and the UIL

Westside High School

14201 Briar Forest Dr., Houston, Texas

June 19 - 20, 2013

Cost of Attendance: \$60.00 (2013 -14 Membership Card Included)

Time	Event	No.	Site
Wednesday, June 19			
8:00 - 9:00 am	Registration for Coaches		Auditorium Foyer
9:00 - 10:30 am	UIL Coaches Education <i>Dr. Mark Cousins, UIL Athletic Director</i>	#1	Auditorium
10:30 - 11:30 am	Region V ADs Panel Discussion <i>Rodney Chant, Pasadena AD</i> <i>Scott Crawford, Houston Assistant AD</i> <i>Richard Delgado, Aldine AD</i> <i>Cheryl Etlinger, Spring Branch Assistant AD</i> <i>Phillip O'Neal, Fort Bend AD</i>	#2	Auditorium
11:40 a - 12:30 p	TGCA Lectures Volleyball Lecture <i>Jo Anne Hultgren, Churchill High School</i> <i>"Off-Season at Churchill High"</i>	#3	Auxiliary Gym - X 100
11:40 a - 12:30 p	Football Lecture <i>Zane Bode, Lago Vista High School</i> <i>"Viking Defense - Team Drills & Team Blitzes"</i>	#4	Field House - F 125
11:40 a - 12:30 p	Basketball Lecture <i>Tri Danley, Barbers Hill High School</i>	#5	Main Gym - G 100
11:40 a - 12:30 p	Soccer Lecture <i>Brad Biggers, Wimberley High School</i>	#6	MTV Hall - V 103
11:40 a - 12:30 p	Softball Lecture <i>Wade Womack, Brenham High School</i> <i>"Managing the Game and Practice"</i>	#7	Auxiliary Gym - X 121
11:40 a - 12:30 p	Track Lecture <i>Mitch Williams, Whitney High School</i> <i>"Beginners to 3 Step Hurdles"</i>	#8	MTV Hall - V 101

Time	Event	No.	Site
Wednesday, June 19			
12:30 - 1:30 pm 1:30 - 2:30 pm	Lunch on Your Own Motivational Speaker <i>Van Chancellor</i>	#9	Auditorium
2:40 - 3:20 pm	TGCA Lectures Volleyball Lecture <i>Jo Anne Hultgren, Churchill High School</i> <i>"Blocking - How it Fits into Your Defense"</i>	#10	Auxiliary Gym - X 100
2:40 - 3:20 pm	Football Lecture <i>Zane Bode, Lago Vista High School</i> <i>"Viking Strength - Training Explosive Athletes"</i>	#11	Field House - F 125
2:40 - 3:20 pm	Basketball Lecture <i>Tri Danley, Barbers Hill High School</i>	#12	Main Gym - G 100
2:40 - 3:20 pm	Soccer Lecture <i>Brad Biggers, Wimberley High School</i>	#13	MTV Hall - V 103
2:40 - 3:20 pm	Softball Lecture <i>Wade Womack, Brenham High School</i> <i>"Everydays"</i>	#14	Auxiliary Gym - X 121
2:40 - 3:20 pm	Cross Country Lecture <i>Mitch Williams, Whitney High School</i> <i>"Weights & Pylos"</i>	#15	MTV Hall - V 101
3:30 - 4:20 pm	TGCA Lectures Volleyball Lecture <i>Jo Anne Hultgren, Churchill High School</i> <i>"Building Your Practice/Drills"</i>	#16	Auxiliary Gym - X 100
3:30 - 4:20 pm	Football Lecture <i>John Tinsley, Lago Vista High School</i> <i>"Viking Offense"</i>	#17	Field House - F 125
3:30 - 4:20 pm	Basketball Lecture <i>Tri Danley, Barbers Hill High School</i>	#18	Main Gym - G 100
3:30 - 4:20 pm	Soccer Lecture <i>Brad Biggers, Wimberley High School</i>	#19	MTV Hall - V 103
3:30 - 4:20 pm	Softball Lecture <i>Wade Womack, Brenham High School</i> <i>"Off Season and In Season Conditioning"</i>	#20	Auxiliary Gym - X 121
3:30 - 4:20 pm	Track Lecture <i>Mitch Williams, Whitney High School</i> <i>"Things I've Learned Coaching Track"</i>	#21	MTV Hall - V 101
Thursday, June 20			
8:00 - 9:00 am 9:00 - 9:50 am	Registration for Coaches Special Lecture <i>Sheri Stice, Consultant</i> <i>"Dealing with Difficult Parents"</i>	#22	Auditorium Foyer Auditorium

Time	Event	No.	Site
Thursday, June 20			
	Houston Area Lectures		
10:00 - 10:50 am	Volleyball Lecture <i>Lyndsay Hodges, Clear Falls High School</i> <i>"Offense - Serve Receive, Hitting and Team Drills"</i>	#23	ROTC - R 123c
10:00 - 10:50 am	Cross Country Lecture <i>Jim Pat Darcey, Katy High School</i> <i>"Developing HS CC Program/Preparing Girls for the 5K"</i>	#24	MTV Hall - V 109
10:00 - 10:50 am	Football Lecture <i>Tom Nolen, Houston Lamar High School</i> <i>"The Pistol Offense"</i>	#25	Field House - F 125
10:00 - 10:50 am	Girls Basketball Lecture <i>Angela Spurlock, Seven Lakes High School</i> <i>"Functional Strength for Today's BB Athlete"</i>	#26	Main Gym - G 100
10:00 - 10:50 am	Boys Basketball Lecture <i>Royce Huseman, Kingwood High School</i> <i>"The Four Phases of the Game - Pillars of a Winning Program Whether you Play Up Tempo or Ball Control"</i>	#27	Auxiliary Gym - X 100
10:00 - 10:50 am	Girls Soccer Lecture <i>Chad Onhaizer, Cy-Fair High School</i> <i>"Transition Concepts and Drills"</i>	#28	MTV Hall - V 103
10:00 - 10:50 am	Boys Soccer Lecture <i>Jerry Hurtado, Deer Park High School</i> <i>"The Progressive Practice Plan from Off-Season Through Post-Season"</i>	#29	ROTC - R 123a
10:00 - 10:50 am	Softball Lecture <i>Richard Jorgensen, The Woodlands High School</i> <i>"Building a Championship Program - Team Building Strategies"</i>	#30	Auxiliary Gym - X 121
10:00 - 10:50 am	Track Lecture <i>Astin Haggerty, Clear Springs High School</i> <i>"Quarter Miler Training"</i>	#31	MTV Hall - V 101
	Houston Area Lectures		
11:00 - 11:50 am	Volleyball Lecture <i>Christie Mewis, Klein Oak High School</i> <i>"Defense - Defense Break-down Drills, System Drills"</i>	#32	ROTC - R 123c
11:00 - 11:50 am	Cross Country Lecture <i>Jim Pat Darcey, Katy High School</i> <i>"Communication with the Jr. High Programs and Coaches" (with Rodney Wellman at College Station High School)</i>	#33	MTV Hall - V 109

Time	Event	No.	Site
Thursday, June 20			
11:00 - 11:50 am	Football Lecture <i>Ernie Saldivar, Houston Lamar High School</i> <i>"The Multiple 4-3 Defense"</i>	#34	Field House - F 125
11:00 - 11:50 am	Girls Basketball Lecture <i>Angela Spurlock, Seven Lakes High School</i> <i>"Functional Strength for Today's BB Athlete - Part 2, Q and A"</i>	#35	Main Gym - G 100
11:00 - 11:50 am	Boys Basketball Lecture <i>Royce Huseman, Kingwood High School</i> <i>"How to Teach Post Play (tall or not, athlete or not) Footwork and Simple Terminology"</i>	#36	Auxiliary Gym - X 100
11:00 - 11:50 am	Girls Soccer Lecture <i>Chad Onhaizer, Cy-Fair High School</i> <i>"A Look at the 4-2-3-1 Formation"</i>	#37	MTV Hall - V 103
11:00 - 11:50 am	Boys Soccer Lecture <i>Jerry Hurtado, Deer Park High School</i> <i>"Defending the 4-5-1 and Attacking 4-3-3 Within the 4-2-3-1"</i>	#38	ROTC - R 123a
11:00 - 11:50 am	Softball Lecture <i>Richard Jorgensen, The Woodlands High School</i> <i>"Plan for Success - Practice Organization"</i>	#39	Auxiliary Gym - X 121
11:00 - 11:50 am	Track Lecture <i>Astin Haggerty, Clear Springs High School</i> <i>"Making the Pieces Fit for Your Track Program"</i> <i>(with JB Haggerty, Jr.)</i>	#40	MTV Hall - V 101