# All Star Coaches Responsibilities

## 1) Meet with TGCA, Chaperones and Players at Orientation

1. Roster	2. All Star Schedule	3. Game Plan	4. Game Rosters	5. Pick up equip
2:00pm	1-4a Softball Orientation		For Location, see All-S	tar Itinerary
2:00pm	1-4a Volleyball Orientation			
2:00pm	1-4a Basketball Orientation			
2:00pm	1-4a Cheer Orientation			
2:00pm	1-4a Track/CC Orientation			

### 2) Game Prep

1) Pick up polo, shoes (wear to Demo for sure. Your choice of what to wear for the game)

2) Meet as a group of coaches for coordination of demo. Try not to duplicate drills.

2:30pm	5-6a Softball Game Prep	2:30pm	5-6a Cheer Game Prep
2:30pm	5-6a Volleyball Game Prep	2:30pm	5-6a Track/CC Prep
2:30pm	5-6a Basketball Game Prep		

### 3) Box Lunch and Pictures and Optional FCA Devotional

1) Be ready to take pictures when scheduled! Follow schedule.

2) VB, BB, and SB, Fill out Game Form (roster with uniform numbers)

4:30pm	5-6a Sball FCA Lunch/Devo (Opt)	5:00pm	5-6a Softball Photos
4:30pm	5-6a Vball FCA Lunch/Devo (Opt)	5:00pm	5-6a Volleyball Photos
4:30pm	5-6a Bball FCA Lunch/Devo (Opt)	5:00pm	5-6a Track Photos
4:30pm	5-6a Track FCA Lunch/Devo (Opt)	5:20pm	5-6a Basketball Photos
4:30pm	5-6a Cheer FCA Lunch/Devo (Opt)	6:00pm	5-6a Cheer Photos

## 4) Demonstration (Attire is Polo for coaches, chaperones, trainers, t-shirt for players)

1) Each team will have 30 mins from the time they start introductions. Please set the clock for countdown.

2) Track can do stations or each team can take their 30 mins.

3) Committee Chair will run demo. Welcome, then start by introducing the Head Coach.

(Name, High School) then Assistant introduce themselves, and each all-star will get the microphone

and say, (Name, High School and High School Coach.) Cheer does not do a Demo.

(Red team first, then Blue)

Tue:	6pm Demonstration:	1234A Volleyball, Basketball, Softball and Track Demo
Wed:	6pm Demonstration:	56A Volleyball, Basketball, Softball and Track Demo

## All Star Coaches Responsibilities (Cont.)

## 5) All Star Game (Attire is what you normally wear to a game or polo provided)

Tue:	7pm Introductions:	12
	7:30pm All-Star Games:	12
	8:00pm Introductions	12
	8:15pm	12
Wed:	7pm Introductions:	56
	7:30pm All-Star Games:	56
	8:00pm Introductions	56
	8:15pm	56

2) Have Fun!

234A Volleyball, Softball, Basketball and Cheer 234A Volleyball, Softball and Basketball 234A CC/Track Introduction 234A Cheer Performance 56A Volleyball, Softball, Basketball and Cheer 56A Volleyball, Softball and Basketball 56A CC/Track Introduction 56A Cheer Performance

#### 6) Halftime of Basketball Game

1) Follow the Game Plan for your sport.

Introduction of the CC and Track and then announcer will set up cheer performance.

## 7) End of the Game

### The MVP will be announced

Turn in extra balls at end of game to one of the committee chair or vice chair. **From each sport, we need these back:** 

Volleyball-players keeps everything. Each coach takes one volleyball with them. TGCA takes 8 balls. Basketball-players keeps everything. Each coach takes one basketball with them. TGCA takes 8 balls Softball-players keeps everything. Each Head Coach takes bucket with practice balls in them. CC/Track-players keep everything